

2024 SMRT Winter Practice Schedule (Beginning January 2nd)

St. Andrews Pool (1642 Sam Rittenberg Blvd. 29407)

MLK Pool (155 Jackson Street)

Groups	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior Team	4:00 – 6:30pm	4:00 – 6:30	4:00- 6:30pm	4:00 – 6:30pm	4:00 – 6:00pm	
Senior Team AM	5:30 – 7am	5:30 – 7:am		5:30 – 7am		7:00 – 9:30am
MLK Blue	5:00 - 6:30pm	5:00 - 6:30pm	5:00 - 6:30pm	5:00 - 6:30pm	5:00 - 6:30pm	8:00 – 10:00am
St. A Blue	5:00 - 6:30pm	5:00 – 6:30pm	5:00 - 6:30pm	5:00 – 6:30pm	5:00 – 6:30pm	8:00 – 10:00am
MLK Silver	4:15 – 5:30pm		4:15 – 5:30pm	4:15 – 5:30pm	4:15 – 5:30:pm	8:00 – 9:30am
St. A Silver	5:00 - 6:15pm		5:00 - 6:15pm	5:00 – 6:15pm	4:15 – 5:30pm	8:00 – 9:30am
MLK Marlins “A”	4:00 – 5:00pm	4:00 – 5:00pm		4:00 – 5:00pm		9:30 – 10:30am
MLK Marlins :B:	5:00 – 6:00pm	5:00 – 6:00pm		5:00 – 6:00pm		
St. A Marlins “A”	4:00 - 5:00pm	4:00 – 5:00pm		4:00 – 5:00pm		9:50 – 10:30am
MLK Minnows “A” “B” Mon, Wed, Sat	4:15 – 5:00pm 5:00 – 5:45pm		4:15 – 5:00pm 5:00 – 5:45pm			7 & Olders 9:00 – 9:40am 6 & Unders 9:50 – 10:30am
MLK Minnows MLK “A” only Tues, Thur, Sat		4:15 – 5:00pm		4:15 – 5:00pm		7 & Olders 9:00 – 9:40am 6 & Unders 9:50 – 10:30am
St. A Minnows “A”	4:15 - 5:00pm		4:15 - 5:00pm			7 & Olders 9:00 – 9:40am 6 & Unders 9:50 – 10:30am
St. A Minnows “B”		4:15 - 5:00pm		4:15 - 5:00pm		7 & Olders 9:00 – 9:40am 6 & Unders 9:50 – 10:30am

Note: All Light Blue Highlighted Practices are at St. Andrews Pool.
All Yellow Highlighted Practices are at The MLK Pool.