

Revised SMRT Short Course Schedule September 2, 2025

	Mon	Tue	Wed	Thu	Fri	Sat
Pre-TeamA	5:00-5:30 WLS		5:00-5:30 WLS			
Pre-TeamB		5:00-5:30 WLS		5:00-5:30 WLS		
Marlins2A	4:15-5:00 WLS		4:15-5:00 WLS			9:00-9:45 MLK
Marlins2B		4:15-5:00 WLS		4:15-5:00 WLS		9:45-10:30 MLK
Marlins1	4:15-5:15 WLS		4:15-5:15 WLS	4:15-5:15 WLS		9:30-10:30 MLK
AG3	5:00-5:15 dryland 5:15-6:30 WLS		5:00-5:15 dryland 5:15-6:30 WLS	5:00-5:15 dryland 5:15-6:30 WLS	4:00-5:15 MLK	8:00-9:30 MLK
AG2	5:00-5:15 dryland 5:15-6:30 WLS	5:00-5:15 dryland 5:15-6:30 WLS	5:00-5:15 dryland 5:15-6:30 WLS	5:00-5:15 dryland 5:15-6:30 WLS	4:00-5:30 MLK	8:00-8:30 dryland 8:30-10:00 MLK
AG1	4:00-4:30 dryland 4:30-6:00 MLK	4:00-4:30 dryland 4:30-6:00 MLK	4:15-6:30 MLK	4:00-4:30 dryland 4:30-6:00 MLK	4:15-6:00 WLS	8:00-8:30 dryland 8:30-10:00 MLK
Junior2	4:15-5:45 MLK 5:45-6:15 dryland	4:15-5:45 MLK 5:45-6:15 dryland		4:15-5:45 MLK 5:45-6:15 dryland	4:15-6:00 WLS	8:00-9:30 MLK
Junior1 AM		5:30-7:00 MLK		5:30-7:00 MLK		7:00-8:30 MLK 8:30-9:00 dryland
Junior 1	4:30-5:00 dryland 5:00-6:30 MLK	4:30-5:00 dryland 5:00-6:30 MLK	4:15-6:30 MLK	4:30-5:00 dryland 5:00-6:30 MLK	4:15-6:00 WLS	
Senior AM	5:30-7:00 MLK			5:30-7:00 MLK		7:00-8:30 MLK 8:30-9:00 dryland
Senior PM	4:30-6:15 MLK 6:15-6:45 dryland	4:30-6:15 MLK 6:15-6:45 dryland	4:15-6:30 MLK	4:30-6:15 MLK 6:15-6:45 dryland	4:15-6:00 WLS	
National AM	5:30-7:00 MLK	5:30-7:00 MLK		5:30-7:00 MLK	5:30-7:00 MLK	7:00-8:30 MLK 8:30-9:00 dryland
National PM	4:00-4:30 dryland 4:30-6:30 MLK	4:00-4:30 dryland 4:30-6:30 MLK	4:15-6:30 MLK	4:00-4:30 dryland 4:30-6:30 MLK	4:15-6:00 WLS	

Please note: schedule is subject to change at coaches's descretion based on number of swimmers and pool availability