



THE SANDPIPER SKINNY

Sandpipers of Nevada

Volume 28

June 20, 2022

Nothing Sweeter Than a Repeater

SANDPIPERS TAKE ON WORLD 2ND YEAR STRAIGHT

The *FINA Swimming World Championships* is an elite event second only to the Olympics. The best swimmers in the world race their way through qualifications to earn their spot on their nation's team. The difference between Worlds and the Olympics? The World Championships are held every two years, not four.

Ten Sandpipers qualified to compete at the 2022 *Phillips 66 World Championship Team Trials* held April 26-30. To make the World Championships team, swimmers must place either first or second in individual events, top six for relay events...the same procedure as the Olympic Games. In incredible fashion, **Bella Sims** and **Katie Grimes** repeated their Olympic Games feat and punched their ticket to Budapest as part of the U.S. World Championship team.

They weren't the only Sandpipers to qualify for the World Championships either. Fellow Sandpipers **Claire Weinstein** and **Abby Dunford** earned their way to representing their country as well. Bella, Katie, and Claire earned their spot through their performance at the US Team Trials held in Greensboro, North Carolina. Abby qualified to represent Team Canada at the Canadian Trials in Victoria, British Columbia April 5-10. And if that wasn't enough, our own **Head Coach Ron Aitken**, was named as an Assistant Coach for BOTH the Pool and Open Water United States teams.

Not to be forgotten, Sandpiper Alumni **Brennan Gravley** and **Dylan Gravley** also earned their spots on the USA Swimming World Championship team. They secured their positions in Fort Meyers, Florida, April 1-3, where the USA open water trials were held. Grimes added to her busy schedule in Budapest by way of representing team USA in the 10K race as well. On the Canadian side, Dunford earned her Open Water spot via her pool swims.

UPCOMING EVENTS

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- **FINA World Champs**
June 18-July 3
Budapest, Hungary
- **John Sullivan Firecracker**
July 1-3 / Pavilion Center Pool
Hosted by *Sandpipers*
- **July Rock the Blocks**
July 15 / Pavilion Center Pool
- **Southern Cal. JOs**
July 21-24 / Riverside, CA
Hosted by RAA
- **Central Cal. JOs**
July 21-24 / Fresno, CA
Hosted by *Clovis Swim Club*
- **Arena Western Senior Zones**
July 26-30 / Fresno, CA
Hosted by *Clovis Swim Club*
- **Futures Championships**
July 27-30 / Santa Clara, CA
Hosted by *USA Swimming*
- **Desert Invite**
August 27-28 / Heritage Park
Hosted by *BCH*
- **Western Zone Open Water**
Sept. 10 / Coronado, CA
Hosted by *CSTE*
- **FINA World Jr. Open Water**
September 16-18
Mahé, Seychelles
- **Pumpkin Invite**
Oct. 21-23 / Pavilion Center Pool
Hosted by *Sandpipers*
- **Nevada State Championship**
Nov. 10-13 / Heritage Park
Hosted by *BCH*
Las Vegas Super Finals Invite
Dec. 8-11 / Utah Tech (Dixie St.)
Hosted by *Sandpipers*

HOW TO WATCH THE FINA WORLD CHAMPS

TUNE IN & CHEER ON OUR SANDPIPERS!

Though our team is competing 6,000 miles away, you can still watch and cheer for them at home! Pool racing kicks off **Saturday, June 18 and concludes Saturday, June 25**. All prelim sessions will be streamed live on [Fina.org](https://www.fina.org) at 12:00am PST. Finals coverage will air live on the Olympic Channel at 9:00am PST.

You can also tune into NBC June 26 at 10:00am for a highlight show with American commentary.

- **Sunday June 19:** Women's 1500 Freestyle prelims: Katie Grimes, Abby Dunford
- **Monday June 20:** Women's 200 Freestyle prelims and semi-finals: Claire Weinstein
Women's 1500 Freestyle finals
- **Tuesday June 21:** Women's 200 Freestyle finals
- **Wednesday June 22:** Women's 4 x 200 Freestyle Relay prelims and finals: Claire Weinstein, Bella Sims
- **Saturday June 25:** Women's 400 IM prelims and finals: Katie Grimes
- **Sunday June 26:** Open Water Mixed 4 x 1500 Relay
- **Monday June 27:** Men's 5-kilometer Open Water: Brennan Gravley
Women's 5-kilometer Open Water: Dunford
- **Tuesday June 28:** Women's 10-kilometer Open Water: Grimes, Dunford
- **Wednesday June 29:** Men's 10-kilometer Open Water: B. Gravley, Dylan Gravley



FOLLOW THE SANDPIPERS ON SOCIAL MEDIA!



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For up-to-date news, event information and more, visit the team website: www.sandpipersofnevada.com

SANDPIPER CLASS OF 2022: WE WISH YOU THE BEST!

To the Sandpiper Class of 2022: Thank you! Your class is the largest in Sandpiper history for swimmers signing and accepting to swim in University for their collegiate careers. This is a massive increase in previous years as well as a big deal all on its own. In total, **17 Sandpipers graduated last month with 10 of the continuing their swimming careers collegiately.**

Congratulations for graduating high school and continuing your life's journey. We appreciate and love you for being a part of the Sandpiper family. May you continue to excel and shine. Your class is attending universities all over the nation. From Drexel University to Army West Point to Northwestern University and many in between. We want to take a moment to share your advice to all younger Sandpipers, which you gave during your commitment celebrations at Bodyline.

"After swimming with the sandpipers for over 9 years, this sport is not an individual sport. It may seem that way but overall without the support of my family, teammates, and coaches, I wouldn't be where I am at today. Don't forget to thank your coaches after every practice because they put in tremendous amount of work for you and the team overall." **Kristina Glavas**

"Work hard at practices because seeing that hard work pays off at meets is one of the best feelings. Enjoy every second of it because sometimes practice will be hard but you will miss them at some point and miss the friendships that you had as well." **Riana Barrett**

"Don't waste the present worrying about the future." **Laicey Rojas**

"Although swimming seems like the #1 thing in your life, take care of your mental health just as much as your physical health. It's just as important." **Ashley Scott**

"Have fun with the sport while you are still young, but don't get too distracted. The times and the result you want will follow in the future." **Maksim Maskalenka**

"To quote my favorite author, Elena Ferrante, 'Nowhere is it written that you can't do it.' You have to believe in yourself and push yourself first and foremost. Swim for yourself. If you don't, even if you have the best coach in the world and the most supportive teammates possible, then nothing you do will have an affect. Again, to quote Ferrante, 'To carry out any project to which you attach your own name you have to love yourself.'" **Gabby Sadosky**

"Hold the handrail on the way down the stairs." **Devin Bauman**

"Be who you want to be, not what others want you to be." **Hilton Aitken**

SANDPIPER CLASS OF 2022

Riana Barrett - Whittier College
Brice Barrieault - Army West Point
Devin Bauman - Drexel University
Fisher Corwin
Trinity Effros - University of Utah
Kristina Glavas - Cal. Baptist University
Paige Kuwata - University of Louisville
Megan Lam

Kai Marshall - University of San Diego
Maksim Maskalenka - University of Cincinnati
Olivia Porter - University of Denver
Laicey Rojas - Case Western Reserve University
Gabby Sadosky - Emory & Henry College
Ashley Scott - Cal. Baptist University
Bailey Ventura - University of Utah
Nessa Yip - University of Portland

Audrey Yu - Northwestern University

HIGH SCHOOL SWIMMING IS BACK!

SANDPIPERS MAKE PRESENCE FELT AT NIAA CHAMPIONSHIP MEETS

Late February through early May, high school swimming made its comeback! During the heaviest years of the pandemic, high school sports were shut down like most everything else. Last year saw a partial reopening of the high school swim season, but many athletes did not participate. This year, however, saw a big increase in swimmers from previous years.

The Sandpipers of Nevada had athletes competing for fourteen different high schools. While a majority of them attend Palo Verde, the Sandpipers have athletes in schools as far as Secta and Desert Oasis. Between all of the high schools, 75 Sandpipers competed on their high school regional teams. Of those, nearly 30 returned a week later to race in the high school state championships.

Lucy Warnick (200 IM, 100 breast), **Maksim Maskalenka** (500 free), **Chloe Mudadu** (200 free, 100 free), **Kiera Duband** (200 IM), **Allysann Holder** (50 free), **Rylie Solis** (100 fly), **Jacob Imasa** (100 back), **Olivia Anfinson** (100 breast), and **Jayden Kim** (100 breast) brought home gold in their respective events at the State Championships.

In the team competitions, Sandpiper teammates played major contributing roles for TWO state champion teams! The Faith Lutheran Girl's 4A Championship team was comprised of almost all Sandpiper swimmers. Meanwhile, the Palo Verde Boys won their 8th straight team title. Led by our own **Coach Brent Gonzalez**, the Panther boys took home the 5A title and Gonzalez was named *Coach of the Year*.

Shout out to everyone who made state and competed throughout the high school season! It's moments like these that remind us we're all training and working together, for the same thing, and that we're always representing Sandpipers, even when we wear different colors.

WELCOME TO SANDPIPERS COACH MAVI!



Coach Mavi Sampaio is a native of Rio De Janeiro, Brazil, where he began his swimming and coaching career. As a swimmer, Coach Mavi was a South American Champion and record holder, placing 5th at the 1983 Pan-American Games and 10th at the 1983 World University Games.

Coach Mavi began coaching in Brazil shortly after ending his professional swimming career. After fourteen years of working with several different teams and the Senior National Team, he moved to the University of Dakota, where he was the Head Swimming and Diving coach for 9 years. While there, he earned NCAA DII Coach of the Year and ASCA Level 5. In 2009, Coach Mavi decided to become a USA Swimming club coach. Since then, he's worked with many club teams around the nation before settling down with the Sandpipers.

Coach Mavi is working with our Age Group Prime and College swimming groups. We're so thankful to have him! Please say hello when you see him on deck.

INSTRUCTIONS TO RECEIVE TEXT ALERTS

HOW TO RECEIVE FASTER UPDATES!

To Receive text message notifications from TeamUnify, you will need to set up both Account Validation and Member Validation. These are two separate things. Below are the steps for how to do both.

1. Log into your account on the Sandpiper website.
 2. Click on "My Account" under the log in button
 3. Click on "My Account" again on the left side of the screen, this will open your "Account Contact Information".
 4. In the 1st section called "Account Contact Information" toward the bottom are SMS and Carrier options with open boxes next to them.
 5. Enter your cell phone number and your cell phone company and click **SAVE** at the bottom right of the page. If both parents/guardians want to receive text message alerts, you have the option to enter a second cell phone number. Follow Step 4 above if entering more than one cell phone number.
 6. You will receive a text message on your phone within a few moments.
 7. Click on the blue words in the text that you received to verify your account.
- **You will not receive text messages until the setup is verified.**

If you want your swimmer to also receive texts: Click the Members tab on the account page and then on the swimmers' name that you would like to receive text message alerts. Enter their cell phone number and the carrier's name and then click **SAVE**. They will need to confirm the text on their phone to activate the text message alerts.

SUMMER BREAK 2022

Summer Break begins July 23 and extends through August 7. We hope you enjoy a wonderful holiday and soak up the time with family and friends!

Please ask your coach for further details concerning your group. Each group will have a slightly different break depending on which meets they're attending at the end of summer. The break will officially begin the day after your highest-performing meet



LONG COURSE RECORDS TAKE BEATING IN EARLY SEASON

53 TEAM RECORDS BROKEN IN 2022

TRA Long Course Opener [LCM]

Seth A. Basilio: Men 11-12 50 Free -- 27.29

Alina Johnson: Women 10-Under 50 Breast -- 40.29

Phillips 66 International Team Trials [LCM]

Ilya Kharun: Men 17-18 200 Fly -- 1:58.97; Men Senior 200 Fly -- 1:58.97

Katie Grimes: Women 15-16 1500 Free -- 15:51.36; 200 Back -- 2:11.31; 400 IM -- 4:36.17 ***SCS Record***

Women Senior 200 Back -- 2:11.31; 400 IM -- 4:36.17

Bella Sims: Women 15-16 200 Fly -- 2:11.42; 400 Free -- 4:06.61

Claire Weinstein: Women 15-16 200 Free -- 1:57.08 ***SCS Record***; Women Senior 200 Free -- 1:57.08

2022 Cinco De Mayo Invite [LCM]

Katie Grimes: Women 15-16 100 Back -- 1:02.47; Women Senior 100 Back -- 1:02.47

2022 TYR Pro Series – Mission Viejo [LCM]

Brice Barrieault: Men 17-18 200 Free -- 1:53.21

Luke Ellis: Men 15-16 200 Back -- 2:05.97

Katie Grimes: Women 15-16 & Senior 400 Free -- 4:05.77; 15-16 & Senior 200 Back -- 2:09.52 ***SCS Records***

Ilya Kharun: Men 17-18 100 Free -- 52.33; 17-18 & Senior 200 Fly -- 1:58.70

Bella Sims: Women 17-18 50 Free -- 26.13; 17-18 & Senior 100 Free -- 55.18; 17-18 200 Free -- 1:58.97;

17-18 400 Free -- 4:07.54; 17-18 & Senior 100 Back -- 1:01.33; 17-18 400 IM -- 4:43.46

Lucy Warnick: Women 15-16 100 Breast -- 1:13.79



Want access to your time database, Sandpiper news, workout log and more on the go?

Make sure to download TeamUnify's *OnDeck* app to access to the Sandpipers from your mobile device!

(Available in the Apple and Google Play stores)



For up-to-date news, event information and more, visit the team website: www.sandpipersofnevada.com