



THE SANDPIPER SKINNY

Sandpipers of Nevada

Volume 28

April 11, 2022

Sandpipers Compete Across Nation, East and West Coast

The Sandpipers attended two Championship meets held March 30-April 3. One was a pool meet and held in St. George, Utah. The other was an open water competition in Fort Meyers, Florida.

In Florida, seventeen Sandpipers competed over the weekend. The swim meet, both the United States National and Junior National Championships, started off with the 10-kilometer National Championship race.

Conditions in Florida were far from ideal. The weather was muggy and stormy with rainclouds coming and going. The wind created massive waves, some of the worst the sport has seen. Sandpiper athletes proved their grit and prowess despite the terrible conditions.

Of 8 total events, Sandpipers placed first in four of them. Including Sandpiper Alum, **Brennan Gravley**, who took gold in the 5k National Championship, 5 of 8 events were won by Sandpiper athletes.

The other first place finishers are **Katie Grimes** (10k, 7.5k), **Claire Weinstein** (5k Jr.), and **Ilya Kharun** (7.5k Jr.). Shout out to Luke Ellis and Brice Barrieault, who also qualified for the FINA World Junior team based on their impressive showings. **Bella Sims** also picked up the National title in the 5K races by crossing the finish line as the first American female.

On the other side of the country, Sandpiper athletes proved their worth in the pool. Competing in the inaugural Western Zones SCY Senior Championships, 42 Sandpipers raced 21 different teams from all along the west coast. Many of the athletes made finals, garnering best times, team records, and top 8 finishes. Overall, Sandpipers placed fifth in total team points.

Congratulations Sandpipers! May this be the beginning of another successful Sandpiper season!

UPCOMING EVENTS

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- **April Rock the Blocks**
April 22 / Desert Breeze
- **SAND vs BCH LCM Dual**
April 24 / Pavilion Center Pool
Hosted by SAND
- **Philips 66 International TT**
April 26-30 / Greensboro, NC
Hosted by USA-S
- **Cinco De Mayo Invite**
May 6-8 / Pavilion Center
Hosted by SAND
- **June Rock the Blocks**
June 3 / Desert Breeze
- **Swim-a-thon 2022**
June 5 / Location TBA
- **JAG Last Chance Qualifier**
June 10-11 / Pavilion Center
Hosted by LVSC
- **JAG**
June 16-19 / Ventura, CA
Hosted by BUEN
- **Narwhal Invite**
June 17-19 / Mesa, Arizona
Hosted by Mesa Aquatic Club
- **FINA World Champs**
June 18-July 3
Budapest, Hungary
- **John Sullivan Firecracker**
July 1-3 / Pavilion Center Pool
Hosted by Sandpipers
- **July Rock the Blocks**
July 15 / Pavilion Center Pool
- **Southern Cal. JOs**
July 21-24 / Riverside, CA
Hosted by RAA
- **Central Cal. JOs**
July 21-24 / Fresno, CA
Hosted by Clovis Swim Club



17 Sandpipers competed in SCS All-Star Festival

SANDPIPERS SELECTED FOR SCS ALL-STAR FESTIVAL

January 22 and 23, 192 athletes from all across Southern California Swimming competed at the *SCS All-Star Festival*, held at our very own Pavilion Center. In order to qualify for this meet, athletes had to be 14 years or younger, and they had to apply for a spot on the team. The fastest thirty-two swimmers in each age group were selected to participate in this competition.

Seeing the fastest age group swimmers in Southern California Swimming, seventeen Sandpipers were chosen to compete in this two-day swim meet.

However, not all Sandpipers raced on the same team. The 192 athletes were placed into one of four team: Red, White, Blue, and Black. They were placed on a team with other swimmers, most of whom came from one of the 25 different clubs represented. All these swimmers then raced for their team's victory, competing, supporting, and befriending people they otherwise may never have met. Though the Red team came out on top, all of the swimmers came out victorious!

Shout out to Coach Katelyn and Coach Cutter, who applied to be coaches at the Festival. And a special thank you to Coach Chris and Coach Michael! As the SCS Age Group Chair and Meet Director, this incredible weekend of racing, laughter, and friends wouldn't have been possible without them!

Want access to your time database, Sandpiper news, workout log and more on the go?

Make sure to download TeamUnify's *OnDeck* app to access to the Sandpipers from your mobile device!
(Available in the Apple and Google Play stores)



For up-to-date news, event information and more, visit the team website: www.sandpipersofnevada.com

SANDPIPERS OVERWHELM COMPETITION AT DESERT COMMITTEE CHAMPIONSHIPS

Over a three-day, prelim-final meet, February 19 through 21, Sandpipers raced to best times, second swims, and several different qualification standards. That's not all! They came out on top, scoring more points than any other teams present.

The above achievements are things to enjoy, but even more impressive is the wide range of Sandpipers who competed. Swimmers from White 2 all the way up to our National Prime group participated in this swim meet. In order to race, athletes first had to obtain a time standard. This means swimmers from all of our different groups achieved these times.

Congratulations to all of the swimmers who competed! This was a tough weekend of racing, but you rose to the occasion and performed in typical Sandpiper fashion: Excellence. Keep up the great work!

WELCOME TO SANDPIPERS!

INTRODUCING TWO NEW COACHES



Alyssa plans to study Nursing at UNLV come the fall semester. Lora will attend Santa Barbara City College in the fall.

When you see our new coaches on deck, please say hi to them! We're lucky to have both these coaches join us!

Welcome **Coach Alyssa De Luna** and **Coach Lora Saginoff** to the Sandpiper program! Both coaches will be leading Stroke School groups and helping out our White 2 groups.

Lora and Alyssa swam on Sandpipers as early as twelve. They started in what is now Age Group Prime and swam through high school in the Senior group. They have a keen knowledge of proper technique and Sandpiper ethics, as well as a desire to help all our athletes become better.



SPRING BREAK AND SUMMER BREAK: WHAT TO EXPECT

CCSD Spring Break is April 9 through the 18. Age Group athletes in a Level 2 groups, developmental groups, and Stroke Schools can expect to have this entire week off of swimming. However, we will resume workouts for the entire team on April 18. Note CCSD does not have school Monday, April 18, but we will have practices for the entire team.

Swimmers in a level 1 group or in most Senior groups, you will still have some variation of practice. Please ask your coach if you have any questions.

As for Summer break, the last day of CCSD school is May 25. Are entire team will continue to practice through May, June, and most of July. We will have a team break July 23 through August 7. Please ask your coach for more details as each group is subject to a different break.

ROCK THE BLOCKS UNDERWAY

February 25 was the first *Rock the Blocks* of 2022. One-hundred and fifty Sandpipers competed in the event. Over one-hundred and sixty competed in the March *Rock the Blocks*.

Rock the Blocks are Sandpiper-only meets designed for our athletes. These meets are where swimmers learn how race, navigate their first swim meets—including both jitters and reading heat and lane assignments—and have fun competing! *Rock the Blocks* are so full of energy and excitement, especially our latest event.

With spectators (1 per swim family) finally allowed back on deck, the latest entry in our RTBs was louder than ever before. Swimmers, parents, and friends cheered for their athletes, bringing a certain energy to swimmers that hadn't been there without spectators. Because of this and their hard work, the first two RTB of the year were one of the loudest and best meets yet. With the next one slated for April 22, we look forward to hearing and seeing what our athletes can do.

For those swimmers who have yet to achieve SCAT, please RSVP for the next *Rock the Blocks*. The June 3, and July 15 are waiting for your commitments!



34 SANDPIPERS RACE AT 14 & UNDER CHAMPIONSHIPS IN LA MIRADA



March 10-13, club teams from all across SCS competed in the *Southern California Swimming 14 and Under Short Course Junior Olympic Championships*. The four-day event was held in La Mirada, California. Over one-thousand athletes from seventy-nine different teams raced over this weekend.

With the typical prelim, final format for championship meets, twenty swimmers from the morning swims earned their spot to compete in finals for each event. Though Sandpipers only had thirty-four athletes, they showed up in a BIG way.

The 1650-yard Freestyle was held on the first day of competition. **Riley Christensen** dropped over twenty seconds to take first place in the event. From there, Sandpipers raced to many second swims and top 3 finishes, ranging from athletes in Yellow 1 to athletes in Senior Elite.

Special shout out to **Alina Johnson, Caleb Kattau, Jack White, Cody Sprague, Teddy Zachariou, Logan Michel, Gabriel Manteufel, Kenny Meyer, and Noah Mudadu** for breaking team records. And congratulations to all the athletes who competed! This meet is one of the hardest time standards to achieve for 14 and unders. Keep working hard, so we can bring more athletes next year!



Sandpipers traveled to La Mirada for SCS Spring JOs

13-14 BOYS RECORDS REWRITTEN

20 TEAM RECORDS BROKEN IN 2022

RMDA Road to 2022 [LCM]

Katie Grimes: Women 15-16 & Senior 200 Back — 2:12.43

Claire Weinstein: Women 13-14 800 Free — 8:32.51; 200 Free — 1:58.53 ***Tied SCS Record***

Ilya Kharun: Men 15-16 200 Fly — 2:00.81

2022 SCS 14 and Under SC JO Championship [SCY]

Alina Johnson: Women 10 and Under 50 Breast — 35.03

Caleb Kattau: Men 13-14 100 Breast—58.76; 100 Fly—50.76; 200 Fly—1:53.92

Men 13-14 200 Free Relay: L. Michel, C. Sprague, N. Mudadu, C. Kattau — 1:32.59

Men 13-14 400 Free Relay: C. Kattau, G. Manteufel, N. Mudadu, L. Michel — 3:23.45

Men 13-14 800 Free Relay: C. Kattau, G. Manteufel, N. Mudadu, K. Meyer — 7:22.13

Men 13-14 200 Medley Relay: N. Mudadu, J. White, C. Kattau, C. Sprague — 1:42.93

Men 13-14 400 Medley Relay: N. Mudadu, C. Kattau, T. Zachariou, G. Manteufel — 3:45.49

2022 TYR Pro Swim Series – San Antonio [LCM]

Ilya Kharun: Men 17-18 & Senior 100 Fly — 52.83

2022 Western Zone SCY Senior Zone [SCY]

Caleb Kattau: Men 13-14 200 Breast — 2:11.02

Mixed Senior 200 Free Relay: S. Singhal, A. Hernandez, A. Yu, K. Duband — 1:30.95

Mixed Senior 200 Medley Relay: T. Beck, S. Singhal, K. Duband, A. Yu — 1:41.32

SUSA LCM Time Trials [LCM]

Caleb Kattau: Men 13-14 100 Fly — 58.27



Sandpiper Alumni Update – 2021-22 Collegiate Season

Class of 2021

Dylan Gravley (Arizona State): At the *PAC 12 Championships* – In his first season for the Sun Devils, Gravley swam to lifetime best times in the 500 Free, 1650 Free & 400 IM. His 1650 swim was good for an 11th place finish as the Sun Devils took home the 3rd place team trophy.

Bryce Grover (Chapman): At the *SCIAC Championships* – In what was an up & down season for the Panthers, Grover made the most of his opportunities. Grover swam life time best times in the 100 & 200 Backstrokes, highlighted by an A-Final finish in the 200 Back.

Adelaide Rau (Western Colorado): At the *Rocky Mountain Athletic Conference Championships* – As the first Sandpiper to go to Western Colorado, Rau picked up where she left off in high school, swimming lifetime best times in both the 200 Breast & 200 Fly in route to the Mountaineers 3rd place finish.

Kendall Ruberio (Concordia): At the *Pacific Collegiate Swim Conference Championships* – Ruberio raced to a season best in the 1000 Free and scored valuable 13th place points in the 1650 Free as the Eagles finished in 6th out of 15 teams.

Ethan Smith (Long Island): At the *Northeast Conference Championships* – In his first campaign for the Sharks, Smith threw down 3 lifetime bests, including a massive 3 second drop in Finals to take 12th place in the 400 IM. His other bests came in the 200 Breast & 200 IM.

Paige Sondgeroth (Pacific): At the *Mountain Pacific Sports Federation Championships* – Sondgeroth competed in the 100 & 200 Breast and 200 IM in her collegiate conference championship debut, earning second swims in the 100 Breast & 200 IM for the Tigers.

John Sullivan (Cal. Baptist): At the *Western Athletic Conference Championships* – Dropping lifetime bests in 4 of the 6 events he raced, highlighted by his 12th place finish in the 1650 Free. Throughout the season, Sullivan swam best times in all his Freestyle events but one where he was less than a second off.

Erica Sullivan (Texas): At the *NCAA Division 1 Championships* – Sullivan kept her momentum rolling from the Tokyo Olympic Games in her debut season in Texas. Sullivan took home the NCAA title in the 1650 Free and added a bronze in the 500 Free as the resurging women's Longhorn program took 2nd as a team.

Class of 2020

Dylan Becker (Utah): At the *PAC 12 Championships* – In Federal Way, Washington, Becker scored points for the Utes in the 1650 Free and 400 IM. His 1650 was his season best, good for a 18th place finish.

Emma Breslin (Colorado State): At the *Mountain West Conference Championships* – The Rams continue to improve each season. Their 5th place finish at the conference meet saw points scored by Breslin in both the 100 & 200 Breast. Breslin was just off her lifetime best swim from November in the 100, good for 16th place.

Danyael Cuison (Dixie State): At the *Western Athletic Conference Championships* – Cuison continues to contribute to the Trailblazers both in the pool & out of the pool. Earning a second swim in the 200 Fly, she moved up to 19th place and is an integral part of the up & coming nearby program.

Caleb Gould (BYU): At the *CMU-DU-BYU Tri-Meet* – Gould followed a personal best in the 400 IM and season bests in the 500 & 1000 Free from the fall with a 10th place finish in the 200 Breast.

Sawyer Grimes (Minnesota): At the *BIG 10 Championships* – Racing in the 500 Free & 400 IM, Grimes finish in 30th & 27th respectively. At the Golden Gophers midseason invite, Grimes swam season bests in the 1000 Free, 200 Back, & 400 IM.

Hunter Harbauer (Cal. Baptist): At the *Western Athletic Conference Championships* – In his second campaign as a Lancer, Harbauer swam lifetime bests in the 500 Free & 400IM. He also added a season best in the 1000 Free as the Lancers took 4th in the conference.

Trajan Houston (Long Island): At the *Northeast Conference Championships* – The Sharks finished in 3rd place in their conference with major contributions from Houston. He finished 6th in the 100 Back with a lifetime best. He also added 8th & 11th place points in the 200 Back & 400 IM, respectively.

Class of 2019

Portia Blackert (Colorado Mesa): At the *Rocky Mountain Athletic Conference Championships* – In her 2nd season as a Maverick, Blackert swam all season best times. Her highest finish was 6th in the 400IM and also scored points in the 500, 1000 & 1650 Freestyles.

Theo Delmonaco (Whitman): At the *Northwest Conference Championships* – Finally competing collegiately after a gap year & COVID complications, Delmonaco smashed his season bests in the 500 Free & 200 Fly. He also picked up a 7th place finish in the 1650 Free as the Blues took second place on the Men's side.

Brennan Gravley (Florida): At the *Southeastern Conference Championships* – The Gators won their 10th consecutive SEC title with a lifetime best contribution from Gravley in the 400 IM. Gravley added 9th place points in the 1650 Free and a season fastest time in the 500 Free.

Ren Prescott (Catholic): At the *Landmark Conference Championship* – In route to Catholic winning their 6th straight *Landmark Conference* title, Prescott swam lifetime best times in the 500 Free & 400 IM. He won the 400 IM, took 2nd in the 500 Free & 3rd in the 1650 while providing a key leg in the Cardinals 800 Free Relay.

Bryce Rounds (Mount Saint Mary's): At the *Coastal Collegiate Sports Association Championships* – Competing in the 200, 500, & 1650 Freestyles, Rounds threw down all season bests as the Mountaineers finished in 6th place. Rounds' highest finish came in the 1650 where he earned 14th place points.

Class of 2018

Nick Becker (Utah): At the *PAC 12 Championships* – In his redshirt-Junior campaign, Becker smashed his lifetime best in the 100 Free and scored points for the Utes in the 500 & 1650 Free. His 500 Free was a season best.

Charlotte Brereton (Grand Valley State): At the *GLIAC Championship* – Brereton wrapped up her swimming career in incredible fashion. She swam lifetime best times in every event she swam: 1000 Free, 1650 Free, 200 Fly & 400 IM. The Lakers took 3rd in her final meet with huge points from Brereton.

Allie Emery (Pacific): At the *Mountain Pacific Sports Federation Championships* – Picked up season best times in the 50, 100 & 200 Freestyles. Emery also provided legs on the Tigers 200 Free Relay, 400 Free Relay, and 400 Medley Relay. The Tigers finished in 7th place in Emery's last meet.

Class of 2017

Reese Lamph (Nevada): At the *Mountain West Conference Championships* – In her redshirt-Senior campaign and final meet of her collegiate career, Lamph finished 17th place in the 1650 Freestyle, her highest place. The Wolfpack took home the 2nd place team trophy.

Check out the [Collegiate Info Tab](#) on the Team Website for a complete list of our College Alumni along with tons of resources and articles for help finding the best college for you!

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