

# LVSC Practice Schedule 4/29/24 - 6/1/24

(Subject to Change)

|                                   | Mon 4/29                                   | Tues 4/30                                     | Wed 5/1                       | Thu 5/2                            | Fri 5/3   | Sat 5/4     |
|-----------------------------------|--|---|-------------------------------|------------------------------------|---|-------------|
| <b>National</b><br><i>dryland</i> | 4-5p, 5-6p<br>shall/dp<br>3-3:50p Eddie    | 4-6:30pm<br>Muni shall                        | 7-9pm<br>deep<br>6-6:50p Pete | 4-6:30pm<br>Muni shall             | 6-8pm<br>Muni deep                                    | NO PRACTICE |
| <b>Platinum</b><br><i>dryland</i> | 6:15-8:15pm<br>shallow<br>5:25-6:05p Eddie | 4:45-7:30pm<br>deep<br>4:45-4:55 Katey        |                               | 4-6pm<br>Muni shall                | NO PRACTICE   | NO PRACTICE |
| <b>Jr Nat</b><br><i>dryland</i>   | 6-7pm<br>Aq Spr<br>5:15-5:50p Pete         | 6-7:45pm<br>Muni deep                         | 7-8:30pm<br>deep              | 5-6:45pm<br>deep                   | NO PRACTICE   | NO PRACTICE |
| <b>Gold 1</b><br><i>dryland</i>   | <b>DRYLAND ONLY</b><br>4:15-5p Eddie       | 6-7:45pm<br>Muni deep                         | 7-8:30pm<br>deep              | 6:45-8:15pm<br>deep                | NO PRACTICE   | NO PRACTICE |
| <b>Gold 2</b><br><i>dryland</i>   | 7:15-8:30pm<br>deep<br>6:30-7:05p Eddie    | 5:15-6:45pm<br>shallow<br>6:55-7:30p Eddie    |                               | 6-7:45pm<br>Muni deep              | NO PRACTICE   | NO PRACTICE |
| <b>Silver</b><br><i>dryland</i>   | 6-7:15pm<br>deep<br>7:25-7:55p E+M         | 6-7:30pm<br>Muni                              | NO PRACTICE<br><i>No Dry</i>  | <b>ADDED 6-7:30pm</b><br>Muni deep | NO PRACTICE   |             |
| <b>Bronze</b><br><i>dryland</i>   |  | 6:45-8:15pm<br>45 shall/45m dp<br>6-6:35p E+K | NO PRACTICE                   | 6:15-7:30pm<br>shallow             | <b>ADDED SWIM 6-7p</b><br>Aq Spr<br><i>No dryland</i> | NO PRACTICE |
| <b>Green</b><br><i>dryland</i>    |  | 4-5:15pm<br>shallow<br>5:25-5:55p E+K         |                               | 5-6:15pm<br>shallow                | NO PRACTICE   |             |
| <b>Gators</b>                     | 5-6:15pm<br>shallow                        |   |                               | 4-5pm<br>shallow                   |   |             |

|                                   | Mon 5/6                                    | Tue 5/7                                 | Wed 5/8                              | Thu 5/9                  | Fri 5/10                                | Sat 5/11                  |
|-----------------------------------|--|---|--------------------------------------|--------------------------|---|---------------------------|
| <b>National</b><br><i>dryland</i> | 4-5p, 5-6p<br>shall/dp<br>3-3:50p Eddie    | 4-6pm<br>Muni shall                     | 3-5pm<br>Centennial<br><i>No Dry</i> | 4-6pm<br>Muni shall      | 3-5pm<br>Centennial<br><i>TBD</i>       | 9-11am<br>Centennial      |
| <b>Platinum</b><br><i>dryland</i> | 6:15-8:15pm<br>shallow<br>5:25-6:05p Eddie | 4-6pm<br>Muni shall                     |                                      | 4-6pm<br>Muni shall      | 3-4:30pm<br>Centennial<br><i>No Dry</i> | 9-11am<br>Centennial      |
| <b>Jr Nat</b><br><i>dryland</i>   | 6-7pm<br>Aq Spr<br>5:15-5:50p Pete         | 6-7:45pm<br>Muni deep                   | 4-5:30pm<br>Centennial               | 4-6pm<br>Muni shall      | DRY ONLY<br>Pavilion<br>4:45-5:35p Ed   | 12-1:45p<br>Pavilion      |
| <b>Gold 1</b><br><i>dryland</i>   | <b>DRYLAND ONLY</b><br>4:15-5p Eddie       | 6-7:45pm<br>Muni deep                   | 5:30-7pm<br>Centennial               | 6-7:30pm<br>Muni deep    | 5-6:30pm<br>Centennial<br><i>No Dry</i> | 12-1:45p<br>Pavilion      |
| <b>Gold 2</b><br><i>dryland</i>   | 7:15-8:30pm<br>deep<br>6:30-7:05p Eddie    | 4-5:30pm<br>Centennial<br><i>No Dry</i> |                                      | 6-7:45pm<br>Muni deep    | 4:30-5:45pm<br>Centennial               | 11a-12:30pm<br>Centennial |
| <b>Silver</b><br><i>dryland</i>   | 6-7:15pm<br>deep<br>7:25-7:55p E+M         | 5:15-7pm<br>Centennial                  | 5-6pm<br>Centennial<br><i>No Dry</i> |                          | 5:45-7pm<br>Centennial                  |                           |
| <b>Bronze</b><br><i>dryland</i>   |  | 5:30-7pm<br>Centennial<br><i>No Dry</i> | 6-7pm<br>Centennial                  | 5:30-7pm<br>Centennial   | DRYLAND ONLY<br>5:45-6:30p Eddie        | 11a-12:30pm<br>Centennial |
| <b>Green</b><br><i>dryland</i>    |  | 4-5:15pm<br>Centennial<br><i>No Dry</i> |                                      | 5:15-6:30p<br>Centennial | 6-7pm<br>Aq Spr                         |                           |
| <b>Gators</b>                     | 5-6:15pm<br>shallow                        |   |                                      | 4-5:15pm<br>Centennial   |   |                           |

|                                   | Mon 5/13                                   | Tue 5/14   | Wed 5/15   | Thu 5/16                  | Fri 5/17        | Sat 5/18                   |
|-----------------------------------|--|--|--|---------------------------|-----------------|----------------------------|
| <b>National</b><br><i>dryland</i> | 4-5p, 5-6p<br>shall/dp<br>3-3:50p Eddie    | 4-6:30pm<br>Muni shall                           | 4-5p, 5-6p<br>1hr shall/1hr deep<br>3-3:50p Pete | 4-6:30pm<br>Muni shall    | TBD             | 10a-12p<br>Muni deep       |
| <b>Platinum</b><br><i>dryland</i> | 6:15-8:15pm<br>shallow<br>5:25-6:05p Eddie | 4:45-7:30pm<br>deep<br>4:45-4:55 Katey           |  | 4-6pm<br>Muni shall       | TBD             | 10a-12p<br>Muni deep       |
| <b>Jr Nat</b><br><i>dryland</i>   | 6-7pm<br>Aq Spr<br>5:15-5:50p Pete         | 6-7:45pm<br>Muni deep                            | 5-6:30pm<br>shallow                              | 6-7:45pm<br>Muni deep     | TBD             | 10-11:45am<br>Muni shall   |
| <b>Gold 1</b><br><i>dryland</i>   | <b>DRYLAND ONLY</b><br>4:15-5p Eddie       | 6-7:45pm<br>Muni deep                            | 6:30-8pm<br>shallow                              | 6-7:45pm<br>Muni deep     | TBD             | 11:45a-1:30p<br>Muni shall |
| <b>Gold 2</b><br><i>dryland</i>   | 7:15-8:30pm<br>deep<br>6:30-7:05p Eddie    | 5:15-6:45pm<br>shallow<br>6:55-7:30p Eddie       |  | 6-7:45pm<br>Muni deep     | TBD             | 12-1:30pm<br>Muni deep     |
| <b>Silver</b><br><i>dryland</i>   | 6-7:15pm<br>deep<br>7:25-7:55p E+M         | 6-7:30pm<br>Muni                                 | 6-7:15pm<br>deep<br>5:20-5:50p Madi              |                           | TBD             |                            |
| <b>Bronze</b><br><i>dryland</i>   |  | 6:45-8:15pm<br>45min shall/45m dp<br>6-6:35p E+K | 7:15-8:30pm<br>deep                              | 5:30-7pm<br>Centennial    | TBD             | 1:30-3pm<br>Muni deep      |
| <b>Green</b><br><i>dryland</i>    |  | 4-5:15pm<br>shallow<br>5:25-5:55p E+K            |  | 5:15-6:30pm<br>Centennial | 6-7pm<br>Aq Spr |                            |
| <b>Gators</b>                     | 5-6:15pm<br>shallow                        |  |  | 4-5:15pm<br>Centennial    |                 |                            |

|                                      | Mon 5/20                                  | Tue 5/21                                  | Wed 5/22                               | Thu 5/23                   | Fri 5/24                | Sat 5/25                |
|--------------------------------------|---|---|--|----------------------------|-------------------------|-------------------------|
| <b>National</b><br><i>dryland</i>    | 4:30-6:30pm<br>deep<br>3:30-4:20p Ed      | 8-10:30a<br>Pavilion deep                 | 4:30-6:30pm<br>deep<br>3:30-4:20p Pete | 8-10:30a<br>Pavilion deep  | LVSC Meet<br>All Groups | LVSC Meet<br>All Groups |
| <b>Platinum</b><br><i>dryland</i>    | 6:30-8pm<br>deep<br>5:35-6:20p Ed         | 4:15-7pm<br>shallow<br>4:15-4:30 Mobility |  | 3:30-5:30p<br>Muni shallow | LVSC Meet<br>All Groups | LVSC Meet<br>All Groups |
| <b>Jr National</b><br><i>dryland</i> | 6-7pm<br>Aq Spr<br>5:15-5:50p P           | 6-7:45pm<br>Muni deep                     | 4:30-6:15pm<br>shallow                 | 4:30-6pm<br>deep           | LVSC Meet<br>All Groups | LVSC Meet<br>All Groups |
| <b>Gold 1</b><br><i>dryland</i>      | 5:45-7pm<br>shallow<br>5-5:35p Eddie      | 6-7:45pm<br>Muni deep                     | 6:15-8pm<br>shallow                    |                            | LVSC Meet<br>All Groups | LVSC Meet<br>All Groups |
| <b>Gold 2</b><br><i>dryland</i>      | 7-8pm<br>shallow<br>6:15-6:50p Olga       | 6-7:45pm<br>Munideep                      |  | 6-7:10pm<br>deep           | LVSC Meet<br>All Groups | LVSC Meet<br>All Groups |
| <b>Silver</b><br><i>dryland</i>      | 4:30-5:45pm<br>shallow<br>5:55-6:25p Madi |   | 6:30-8pm<br>deep                       | 6-7:30pm<br>Muni deep      | LVSC Meet<br>All Groups | LVSC Meet<br>All Groups |
| <b>Bronze</b><br><i>dryland</i>      | <b>Dryland ONLY</b><br>6:30-7:15p E+M     | 6:45-8pm<br>deep                          |  | 7:10-8:30pm<br>deep        | LVSC Meet<br>All Groups | LVSC Meet<br>All Groups |
| <b>Green</b><br><i>dryland</i>       |   | 5:30-6:45pm<br>deep<br>6:55-7:20p Kirk    |  | 5:45-7pm<br>shallow        | LVSC Meet<br>All Groups | LVSC Meet<br>All Groups |
| <b>Gators</b>                        |   | 4:30-5:30pm<br>deep                       |  | 4:30-5:45pm<br>shallow     | LVSC Meet<br>All Groups | LVSC Meet<br>All Groups |

|                                      | Mon 5/27                             | Tue 5/28   | Wed 5/29  | Thu 5/30  | Fri 5/31  | Sat 6/1     |
|--------------------------------------|--------------------------------------|--|---|---|---|-------------|
| <b>National</b><br><i>dryland</i>    | 7:15-9:15am<br>deep<br><i>No Dry</i> | 8-10:30am<br>deep                                | 7:15-9:15a deep<br>4:30-6:30p deep<br><i>3:30-4:20p Eddie</i> | 8-10:30am<br>deep                                   | 7:15-9:15a deep<br>4:30-6:30p LC<br><i>3:15-4:05p Weights</i> | No Practice |
| <b>Platinum</b><br><i>dryland</i>    | No Practice<br>Memorial Day          | 4:15-7pm<br>shallow<br><i>4:15-4:30 Mobility</i> |   | 3:45-6pm<br>Muni shallow<br><i>3:45-4p Mobility</i> | 4:30-6:30pm<br>LC<br><i>6:40-7:30p Eddie</i>                  | No Practice |
| <b>Jr National</b><br><i>dryland</i> | No Practice<br>Memorial Day          | 6-7:45pm<br>Muni deep                            | 4:30-6:15pm<br>shallow<br><i>6:25-7p Eddie</i>                | 4:30-6pm<br>deep                                    | 4:30-6:30pm<br>LC   | No Practice |
| <b>Gold 1</b><br><i>dryland</i>      | No Practice<br>Memorial Day          | 6-7:45pm<br>Muni deep                            | 6:15-8pm<br>shallow<br><i>5:30-6:05p Eddie</i>                |   | 6:30-8pm<br>LC  | No Practice |
| <b>Gold 2</b><br><i>dryland</i>      | No Practice<br>Memorial Day          | 4-6pm<br>Muni shallow                            |   | 6-7:10pm<br>deep                                    | 6:30-8pm<br>LC<br><i>5:45-6:20p Eddie</i>                     | No Practice |
| <b>Silver</b><br><i>dryland</i>      | No Practice<br>Memorial Day          |  | 6:30-8pm<br>deep  | 6-7:30pm<br>Muni deep                               | 7:15-8:45am<br>shallow<br><i>No dryland</i>                   |             |
| <b>Bronze</b><br><i>dryland</i>      | No Practice<br>Memorial Day          | 6:45-8pm<br>deep                                 |   | 7:10-8:30pm<br>deep                                 | 4:30-6pm<br>shallow<br><i>6:10-6:40p E+O</i>                  | No Practice |
| <b>Green</b><br><i>dryland</i>       | No Practice<br>Memorial Day          | 5:30-6:45pm<br>deep<br><i>6:55-7:20p Kirk</i>    |   | 5:45-7pm<br>shallow                                 | 6-7pm<br>Aq Spr   |             |
| <b>Gators</b>                        | No Practice<br>Memorial Day          | 4:30-5:30pm<br>deep                              |   | 4:30-5:45pm<br>shallow                              |   |             |

**Notes:** Summer Practice Schedule (TBA) will begin 6/3/24  
 All non-highlighted practices are held at Pavilion Center Pool  
 Practices in Yellow at Las Vegas Municipal Pool: 431 E Bonanza Rd  
 Practices in Green at Centennial Hills Y Outdoor Pool: 6601 N Buffalo Dr  
 Practices in Blue at Aquatic Springs: 7025 S Fort Apache Rd

*Updated 5/9/24*

