



Sign up for important updates from Mrs. Patterson.

Get information for **Seal Swim Club** right on your phone—not on handouts.

Pick a way to receive messages for **Seal Swim Club**:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/sealswclub

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

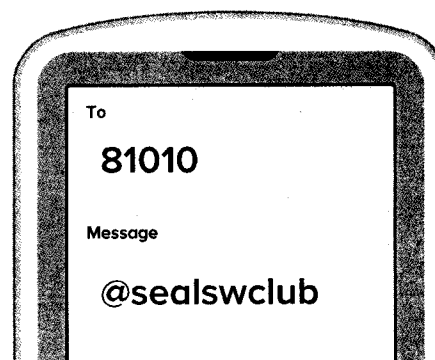


B If you don't have a smartphone, get text notifications.

Text the message @sealswclub to the number **81010**.

If you're having trouble with **81010**, try texting @sealswclub to (774) 353-0907.

* Standard text message rates apply.



Don't have a mobile phone? Go to rmd.at/sealswclub on a desktop computer to sign up for email notifications.