SWIM TORRANCE
ATHLETE CODE OF CONDUCT

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. As a member of Swim Torrance, I agree to the following statements:

- ❏ I will respect and show courtesy to my teammates and coaches at all times.
- ❏ I will demonstrate good sportsmanship at all practices and meets.
- ❏ I will set a good example for my younger teammates by honoring the T.O.R.C.H. values.
- ❏ I will be respectful of my teammates' personal space and feelings.
- ❏ I understand safety is a top priority and will follow coaches' and facility staff instructions.
- ❏ I will respect all facilities and other property used during practices, meets, and events.
- ❏ I will not use foul language, violence, behavior deemed dishonest, offensive, or illegal.
- ❏ I will be properly prepared with all equipment required for practices and meets.
- ❏ I will meet my group's attendance requirement in order to maintain skills and endurance.
- ❏ As a member of the competitive team, I will participate in meets for which I qualify.
- ❏ I will proudly wear the correct team uniform for practices, meets, and team events.
- ❏ I will sit in the team area with my teammates during competitions and team events.
- ❏ At prelim/final meets, I understand the expectation is to compete in finals if qualified.
- ❏ After each meet session, I will clean the team area to respect the host team's facility.
- ❏ If I disagree with an official's call, I will talk with my coach first, instead of the official.
- ❏ I understand there is absolutely no deck changing allowed at practices or meets.
- ❏ I will not use audio-visual recording devices in the locker rooms or behind the blocks.
- ❏ I will obey all of USA Swimming's rules and codes of conduct.
- ❏ I will obey all of Swim Torrance's agreements, by-laws, and Safe Sport policies.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and Swim Torrance's Board of Directors.

_____ Swimmer's signature Date

_____ _____ Parent's signature Date