

January 30-February 1, 2026



Held under the Sanction of USA Swimming issued by SC Swimming: Sanction Number SC2692SCY/SC2693TT

Host: Y-Spartaquatics Swim Club & the Middle Tyger YMCA

Facility: Prisma Aquatics Center

Middle Tyger YMCA 720 Shoals Road Duncan, SC 29334 864-433.9623

The competition pool at the Middle Tyger YMCA has twenty (20) 25-yard lanes. The water depth of the competition course is between five foot three inches (5'3") and six (6) feet measured from one (1) meter to five (5) meters at the starting end of the course and between five foot three inches (5'3") and six (6) feet measured from one (1) meter to five (5) meters at the turn end of the course). Meet information shall include a statement as to the certification status of the competition course. The competition course has been certified in accordance with 104.2.2C(4). The copy of certification is on file with USA Swimming. Staff lifeguards will serve as medical supervision.

Pool is bottom striped, wall targeted, has non-turbulent lane lines, a fully automatic Colorado Timing System with backup and a 12-line scoreboard. A three (3) lane 25-yard pool area will be available for continuous warmup/warmdown.

Rules:

Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Male and female safety marshals will be stationed at appropriate points on the deck.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Deck changing is prohibited by USA Swimming and SC Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

SWIMWEAR: No technical suit may be worn by any 12&U USA Swimming athlete member in competition at any Sanctioned, Approved, or Observed meet (USA Swimming Rule 102.8.1F)

MAAPP 2.0: All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.



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Athlete Eligibility:

Age is to be determined by the first day of the meet.

All swimmers and teams must be currently registered members of USA Swimming, Inc. Swimmers may not enter any event in which they have met the South Carolina Championship Meet Time Standard for their age group as determined by the first day of the South Carolina Short Course LSC Championships.

12 & Under swimmers may not enter any Senior events except the 1000 Free or 1650 Free but not both.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Athletes with disabilities are welcome and encouraged to participate in the meet. Athletes requiring special accommodations must contact the Meet Director at least one week prior to the meet.

Image Release:

By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

Entry Fees:

- \$20.00 per swimmer Pool Fee
- \$2.00 per swimmer SCLSC Travel Fund/Program Fee
- \$2.00 per swimmer SCLSC Sports Development Fee
- \$2.00 per swimmer Out-of-LSC SCLSC Travel Fund/Program Fee
- \$6.00 per swimmer Deck Entry Fee
- \$8.00 per swimmer Time Trial Entry Fee
- \$5.00 per Individual Event
- \$8.00 per Relay fee
- \$5.00 per swimmer Electronic Heat Sheet Fee

Entry Limits

Friday: two (2) event entries (excluding time trials)

Saturday and Sunday: five (5) individual event entries and one (1) relay event (excluding time trials) each day.

Clubs should submit a <u>single check</u> payable to Y-Spartaquatics Swim Club for the full amount due. All fees must be paid prior to any swimmer entering the pool.

Meet Format:

Meet management reserves the right to adjust number of heats and lanes and warm-up times based on the number of entries.

- All events are timed finals.
- All individual events 400 yards and above, including freestyle, are deck seeded, positive check-in events. Check-in for these events will close 30 minutes prior to the start of that session. Swimmers must provide their own personnel to time and lap count for these events.
- Any swimmer who is positively checked-in for an event and does not swim will be ineligible for his/her next
 individual event.
- Adds to pre-seeded events will only be permitted on a "lane available" basis. No heats will be added for the event.
- All events, 400 yards and above, will be swum fastest to slowest and alternate one girls heat followed by one boys heat.



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Time of Meet: Friday Warm-Ups: 4:00 pm
Timed Finals: 5:00 pm

Saturday & Sunday 13 & Over Warm-Ups: 7:30 am

Timed Finals: 8:30 am

Saturday & Sunday 12 & Under Warm-ups: 12:00 pm
Timed Finals: 1:00 pm

Meet management reserves the right to modify warmup and/or warmup times as well as combine heats and sessions based on the number of entries for the benefit of the athletes.

Entries: FORMAT:

Only entries using Standard Data Interchange format (SDIF/SD3) will be accepted. Times must be listed to 1/100th. Entries files may be submitted by e-mail. You must also provide an entries list via mail or email. Please refer to web site listed above to download events to team management software.

Entries must be submitted using short course yards times or with a no time entry. Submit the completed Summary Sheet, an alphabetical listing of all swimmers with USA-S numbers from the LSC, and your payment in full to have your meet entry considered complete. Include last name, full first name, middle initial, and birth date of swimmer.

2026 SC YSSC 16th Annual February Fling c/o Scott Ellis 720 Shoals Rd Duncan, SC 29334 **** PLEASE SIGN RELEASE OF LIABILITY.

DEADLINE:

ALL electronic (SDIF) entries must be submitted to Mike Jann (palmettoprotiming@gmail.com) and MUST be received no later than 5:00 pm Tuesday, January 20, 2026. Full payment and all required paper work must accompany your entry to be accepted. Questions, up to the deadline, can be addressed to Mike Jann at 864-354-1965. Teams are responsible for the delivery of entries on time.

**** THE MEET DIRECTOR IS NOT RESPONSIBLE FOR CHASING DOWN ENTRIES.

SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.

Awards: There will be no awards.

Scoring: This meet will not be scored.

Timing: Electronic Timing Services Provided by Palmetto Pro Timing, Inc.

https://www.gomotionapp.com/team/scsyssc/page/palmetto-pro-timing/february-fling

Coaches' Eligibility:

Coaches must check in at Clerk of Course and provide current USA-Swimming credentials to be allowed on deck. Coaches must be coach members of USA Swimming and must show their credentials upon request (USA Swimming App is sufficient) while on deck.



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Other Timers:

Information: Timers from participating teams are encouraged and appreciated.

Time Trials:

Time Trials will be conducted after each session at the discretion of the Meet Referee. Time Trial fees must be paid upon entry at the Clerk of Course. Those swimming time trials will need to provide their own timers.

Officials:

All certified officials are welcome and encouraged to officiate at the meet. If you have any questions please contact Meet Referee Kim Crounse at kimcrounse@hotmail.com. A meeting of officials will be held 45 minutes prior to the scheduled start of each session. Officials must attend the briefing to be eligible to work during that session.

Safety / Warm-Up Procedures:

The South Carolina LSC Procedures will be in effect. A copy of the SCLSC Warm-up Procedures will be available in the coach's packet and posted around the pool. Coaches are advised to closely supervise their swimmers at all times.

- Coaches are expected to closely supervise their swimmers at all times.
- Per USA Swimming, swimmers may not use equipment such as paddles, pull-buoys, or kickboards during general warm-up.
- Each team will be assigned a lane/lanes for the specific portion of each warm-up session.
- Diving is permitted only during specific warm-up times, as announced.
- Swimmers who participate in the meet without a coach present must notify the Meet Director prior to the start of warm-up so that a coach may be assigned to them.
- Running and horseplay are both prohibited.
- Glass containers/bottles, alcoholic beverages and tobacco products of any kind are prohibited inside the swimming venue and the Middle Tyger YMCA.
- Each team should monitor and clean your team area at the conclusion of each session. Chairs may be left on the deck between sessions but must be folded and put against the wall.
- Shaving down is not permitted in the facility.
- Body paint is not permitted in the facility.
- Any swimmer found to be abusing any area of the facility will be barred from further competition and will also be barred from the facility. The team of any swimmer found to be abusing any area of the facility will be held responsible for any and all repairs resulting from the abuse.
- Deck marshals will be assigned to supervise all sessions of the meet and will have the authority to remove any swimmer, coach, parent, or club from the pool and facility, if necessary, for not following the facility and meet safety rules.
- Only authorized volunteers and working personnel may remain behind the blocks, Timing area, and Clerk of Course
 area during the meet. All others must remain in the designated spectator areas and are not permitted in the racing
 area unless timing for an event or volunteering with the management of the meet.

Meet Mobile:

Palmetto Pro Timing will make every effort to push results to the Meet Mobile app. Times posted to Meet Mobile are unofficial. The meet will be published to Meet Mobile no later than ninety minutes before the first event starts.

Release:

USA Swimming, South Carolina Swimming LSC, Y-Spartaquatics Swim Club, Middle Tyger YMCA, Palmetto Pro Timing, Augusta Swim Supply, and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**** PLEASE SIGN RELEASE OF LIABILITY.



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Alternate Contact:

If the meet director cannot be reached for any reason, your alternate contact is Mike Jann – palmettoprotiming@gmail.com – 864-354-1965.

Contact:

Scott Ellis 720 Shoals Rd, Duncan, SC 29334 sellis@spartanburgymca.org (V) 864-433-9623

Mike Jann palmettoprotiming@gmail.com 864-354-1965

ORDER OF EVENTS

Friday Evening Timed Finals Warm-Up: 4:00 PM Timed Finals: 5:00 PM

Women's Event #	Event Description	Men's Event #
1	11 & Over 400 IM (P)	2
3	12 & Under 200 IM	4
5	13 & Over 500 Free (P)	6
7	12 & Under 500 Free (P)	8

P - Positive Check-In Required

Saturday Timed Finals – 13 & Over Warmup – 7:30 AM Time Finals – 8:30 AM

Women's Event #	Event Description	Men's Event #
9	200 Freestyle Relay	10
11	200 Butterfly	12
13	100 Free	14
15	200 Backstroke	16
17	100 Breaststroke	18
19	200 IM	20
21	1650 Free (P)	22



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P - Positive Check-In Required

Saturday Timed Finals – 12 & Under Warmup – 12:00 PM Timed Finals – 1:00 PM

Girl's Event #	Event Description	Boy's Event #		
23	200 Freestyle Relay	24		
25	200 Breaststroke	26		
27	100 Backstroke	28		
29	8 & Under 25 Backstroke	30		
31	100 Individual Medley	32		
33	50 Butterfly	34		
35	8 & Under 25 Butterfly	36		
37	100 Free	38		
39	50 Breaststroke	40		
41	8 & Under 25 Free	42		
43	200 Butterfly	44		

Sunday Timed Finals – 13 & Over Warmup – 7:30 AM Time Finals – 8:30 AM

Women's Event #	Event Description	Men's Event #		
45	200 Medley Relay	46		
47	100 Backstroke	48		
49	200 Free	50		
51	200 Breaststroke	52		
53	50 Free	54		
55	100 Butterfly	56		
57	1000 Free (P)	58		

P – Positive Check-In Required

Sunday Timed Finals – 12 & Under Warmup – 12:00 PM Timed Finals – 1:00 PM

Girl's Event #	Event Description	Boy's Event #				
59	200 Medley Relay	60				
61	100 Breaststroke	62				
63	200 Freestyle	64				
65	50 Backstroke	66				
67	100 Butterfly	68				
69	50 Free	70				
71	8 & Under 25 Breaststroke	72				
73 200 Backstroke		74				



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			Mee	t Entry Summ	ary Sheet			
	Individual							
	Total # of Swimmers	Total per Swimmer Pool Fee (\$20.00 ea.)	SCLSC Travel Fund/Program Fee (\$2.00)	SCLSC Sports Development Fee (\$2.00)	Out-of-LSC SCLSC Travel Fund/Program Fee (\$2.00 ea.)	Electronic Heat Sheet Fee (\$5.00 ea.)	Total # Entries	Total Entry Fee (\$5.00 ea.)
Girls		(+========	(+=:55)	(+=:00)	(+=:00 00:1)	(40.00 00.1)		(40.00 00.1)
Boys								
Total Individual Entries/Fees								
Relays								
				Tot	tal # Polavs	Total	al Bolay Fo	
Total Individua	l Entries/Fe	es		10	tal # Relays	1016	ai Kelay Fe	ee (\$8.00 ea.)
2026 Sc c/o Scc 720 Shi Duncar 864-43 Email E Mike Ja palmet Subject It is understoo anyone during Tyger YMCA, F	ott Ellis coals Rd. n, SC 29334 3-9623 Intries to: ann toprotiming 2 2026 SC YS and agree the conducted	Annual Februar (@gmail.com SSC 16 th Annua ed that USA Sw ct of the event. o Timing, Augu	I February Fling vimming shall be It is further und sta Swim Supply	derstood that So , and any volunt	liabilities or claims for uth Carolina Swimmin eers and sponsor orga yone during the condu	g Inc., Y-Spart anizations shal	aquatics S I be free	Swim Club, Middle
Coach:	oach: Phone		Phone:	one: E-N		Mail:		
Club:	Club Code: _		LSC:					
		Mailing Address or Final Results	,					
	Secondary	Contact Persor	n: Phone:		E-	Mail:		

Signature: _____ Date: _____

Number of Coaches Attending Meet: