



# 2026 SC YSSC Palmetto Championship

March 20-22, 2026



Held under the Sanction of USA Swimming issued by SC Swimming:  
Sanction Number SC2696SCY/SC2697TT

**Host:** Y-Spartaquatics Swim Club & the Middle Tyger YMCA

**Meet Director:** Wendy Viney.....[wviney@spartanburgymca.org](mailto:wviney@spartanburgymca.org) .....864.433.9623  
**Meet Referee:** Kim Crounse .....[kimcrounse@hotmail.com](mailto:kimcrounse@hotmail.com) .....803.443.1749  
**Admin Official:** Mackenzie Reimer.....[mackenzie323@gmail.com](mailto:mackenzie323@gmail.com)..... 540.514.9977  
**Meet Entries to:** Mike Jann (PPT).....[palmettoprotiming@gmail.com](mailto:palmettoprotiming@gmail.com)..... 864.354.1965  
**Safety Marshal:** Ryan Mallum.....[rmallum@spartanburgymca.org](mailto:rmallum@spartanburgymca.org).....864.433.9623  
**Safety Marshal:** Nicole Bengard.....[cukeswim@spartanburgymca.org](mailto:cukeswim@spartanburgymca.org)...864.433.9623

**Facility:** Prisma Aquatics Center  
Middle Tyger YMCA  
720 Shoals Road  
Duncan, SC 29334  
864-433.9623

The competition pool at the Middle Tyger YMCA has twenty (20) 25-yard lanes. The water depth of the competition course is between five foot three inches (5'3") and six (6) feet measured from one (1) meter to five (5) meters at the starting end of the course and between five foot three inches (5'3") and six (6) feet measured from one (1) meter to five (5) meters at the turn end of the course). Meet information shall include a statement as to the certification status of the competition course. The competition course has been certified in accordance with 104.2.2C(4). The copy of certification is on file with USA Swimming. Staff lifeguards will serve as medical supervision.

Pool is bottom striped, wall targeted, has non-turbulent lane lines, a fully automatic Colorado Timing System with backup and a 12-line scoreboard. A three (3) lane 25-yard pool area will be available for continuous warmup/warm down.

**Rules:** Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Male and female safety marshals will be stationed at appropriate points on the deck.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Deck changing is prohibited by USA Swimming and SC Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

**SWIMWEAR:** No technical suit may be worn by any 12&U USA Swimming athlete member in competition at any Sanctioned, Approved, or Observed meet (USA Swimming Rule 102.8.1F)

**MAAPP 2.0:** All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.



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## Athlete Eligibility:

This competition is open to all qualified swimmers. All swimmers and clubs must be currently registered members of USA-Swimming and SC Swimming only. All USA Swimming registration numbers will be verified with the SWIMS registrations database. Age is to be determined by the first day of the meet.

All swimmers may enter any event in which they do not have an Age Group Sectional or Senior Sectional (Spring) qualification cut. Swimmers entered in the Senior classification may not swim any individual event in which they have the current Senior Sectional Championship time standard. Any swimmer 14 or younger may not compete in any event, in either their age group or senior, in which the swimmer has the current Age-group Sectional Championship time standard for their age as of the first day of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## Image Release:

By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

## Entry Fees:

- \$30.00 per swimmer Pool Fee
- \$2.00 per swimmer SCLSC Travel Fund/Program Fee
- \$2.00 per swimmer SCLSC Sports Development Fee
- \$2.00 per swimmer Out-of-LSC SCLSC Travel Fund/Program Fee
- \$1.00 Jennifer Smith Scholarship Fund
- \$6.00 per swimmer Deck Entry Fee
- \$8.00 per swimmer Time Trial Entry Fee
- \$5.00 per Individual Event
- \$10.00 per Relay fee
- \$10.00 per swimmer Electronic Heat Sheet Fee

## Entry Limits

- Entry limit: 11 & Over athletes may enter up to three (3) individual events and one (1) relay per day.
- 10 & Under athletes may enter up to four (4) individual events and one (1) relay per day.
- All athletes may enter a total of eight (8) individual events for the meet.
- A swimmer that does not appear for a heat will be recorded as a No Show (NS) which will count as a swim.
- A Time Trial, exclusive of relays, is counted as an event.
- Clubs may enter as many relays as desired.
- No refunds will be given.

**Clubs should submit a single check payable to Y-Spartaquatics Swim Club for the full amount due. All fees must be paid prior to any swimmer entering the pool.**

## Meet Format:

All 11-12, 13-14, and Senior events, except those noted on the itinerary and below, will be conducted as Preliminary/Finals events with two heats of ten (10) returning for finals. Heats will be contested in finals in the following order: consolation "B" heat, and championship "A" heat.

The host club will attempt to announce the names of swimmers in each "A" championship heat prior to the start of the event. The Meet Management committee will evaluate the timeline and determine whether names of swimmers in the "B" heat are announced when the swimmers are behind the blocks or whether they will be announced as swimmers are in the water.



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The meet will be conducted according to this meet information and the SCLSC Policies and Procedures. A swimmer that misses their assigned heat will not be entered into another heat of that event unless circumstances are beyond the swimmer's control as determined by the meet referee and the swimmer may be allowed to swim.

Seeding will be done in order of SCY times, SCM times, and then LCM times.

The 13-14 and Senior 400 Individual Medley and 500 Freestyle events are timed final events. These events will be deck seeded and require a positive check-in that closes at the start of the session. Heats will be swum fastest to slowest and alternating women then men.

Swimmers must provide their own personnel to lap count if they so choose.

All relays will be timed final events at the end of the preliminary or timed final sessions.

## Scratch Rule:

Coaches with 11 & O swimmers entered in more than three events per day must scratch a swimmer from the excess events. This needs to be done by the start of warm-ups for each session. Coaches are encouraged to not over-enter swimmers.

There will be no penalty for not swimming in the seeded preliminary events or relays; it would be appreciated if a coach would inform Clerk of Course of any swimmers or relays scratching from the meet (SC Swimming Policies and Procedures XI.E.6.c, XI.E.6.d).

The penalty for missing a deck-seeded event will result in being barred from the swimmer's next individual event. (SC Swimming Policies and Procedures XI.E.6.e)

Any swimmer not planning to swim during a finals session must scratch so those swimmers who would like to swim again may do so. The penalty for failure to show in a final or consolation final is being barred from the swimmer's next individual event. (SC Swimming Policies and Procedures XI.E.6.f).

Exceptions for failure to compete – no penalty shall apply for failure to report or swim an event if (1) the meet referee is notified in event of illness or injury and accepts the proof thereof, (2) a swimmer qualifying for a final based upon the results of preliminaries notifies the meet referee within thirty (30) minutes of the announcement of the qualifiers for that final event that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event, (3) a swimmer qualifying for a final event, as a result of scratches following announcement of the qualifiers based upon the results of preliminaries or failure of a qualifier to swim, or (4) if it is determined by the meet referee that failure to compete is caused by circumstances beyond the control of the swimmer.

## Swim Offs:

It is the coaches' and swimmers' responsibility to check for ties leading to swim-offs. Swim-offs will be swum immediately following the preliminary session or not more than 45 minutes after the last heat of any event in which any one of these swimmers is competing in that session. Any swimmer not present for a swim-off will be dropped to the lower place.

## Time Trials:

Time trials will be conducted at the end of the session and at the discretion of the Meet Referee. Time trial fees must be paid upon entry at the Clerk of Course. A time trial is counted as an individual event. Each swimmer swimming in a time trial will be required to provide their own timer.



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Time of Meet:	Friday	11 & Over Prelims	Warm-Ups 9:00 am Competition 10:00 am
		11 & Over Finals	Warmup not before 4:00 pm Competition not before 5:00 pm
	Saturday & Sunday	11 & Over Prelims	Warm-Ups 7:30 am Competition 8:30 am
		10 & Under Timed Finals	Warm-ups not before 12:00 pm Competition not before 1:00 pm
		11 & Over Finals	Warm-ups not before 4:00 pm Competition not before 5:00 pm

Meet management reserves the right to adjust course breakdown and warm-up times based on number of entries. Meet Management also reserves the right to move an age group to another session based on the timeline and number of entries. Meet management reserves the right to utilize two courses, up to 10 lanes for competition for any events as described below. Meet management reserves the right to insert breaks in the meet where necessary to allow athletes proper rest. Meet management reserves the right to limit entries in any distance event and to remove relays from the meet, if necessary, for the efficient running of the meet. Clubs will be notified of any changes in the timeline via email.

## Entries:

### FORMAT:

Only entries using Standard Data Interchange format (SDIF/SD3) will be accepted. Times must be listed to 1/100th. Entries files may be submitted by e-mail. You must also provide an entries list via mail or email. Please refer to web site listed above to download events to team management software.

Entries must be submitted using short course yards times or with a no time entry. Submit the completed Summary Sheet, an alphabetical listing of all swimmers with USA-S numbers from the LSC, and your payment in full to have your meet entry considered complete. Include last name, full first name, middle initial, and birth date of swimmer.

Please use swimmer's full name, age as of March 20, 2026, and sanctioned short course yard times or a no-time. Only entries using Standard Data Interchange (SDIF/SD3) format will be accepted. Clubs or individuals not submitting entries electronically will be subject to a \$10.00 per swimmer entry surcharge. Go to [www.hyteltd.com](http://www.hyteltd.com) to download Team Manager II Lite if your club does not possess team management software. You must submit a paper (pdf) back-up and your signed club summary sheet for verification.

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c/o Scott Ellis  
720 Shoals Rd  
Duncan, SC 29334

\*\*\*\*\* PLEASE SIGN RELEASE OF LIABILITY.

### DEADLINE:

ALL electronic (SDIF) entries must be submitted to Mike Jann ([palmettoprotiming@gmail.com](mailto:palmettoprotiming@gmail.com)) and **MUST be received no later than 12:00 pm Tuesday, March 10, 2026**. Full payment and all required paper work must accompany your entry to be accepted. Questions, up to the deadline, can be addressed to Mike Jann at 864-354-1965. Teams are responsible for the delivery of entries on time.

\*\*\*\*\* THE MEET DIRECTOR IS NOT RESPONSIBLE FOR CHASING DOWN ENTRIES.

SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.



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**Awards:** Individual Events: Medals for First through third place; Ribbons for Fourth through Tenth place  
Relays: Ribbons for First through Tenth place.

**Timing:**

**Electronic Timing Services Provided by Palmetto Pro Timing, Inc.**

<https://www.gomotionapp.com/team/scsyssc/page/palmetto-pro-timing/palmettochamps>

**Coaches' Eligibility:**

Coaches must check in daily at Clerk of Course and provide current coaching credentials to be permitted on deck. The USA Swimming app is an acceptable proof of USA Swimming membership. All coaches must be a current member in good standing with USA Swimming.

**Other Information:**

**Timers:**

Timers from participating teams are encouraged and appreciated.

**Time Trials:**

Time Trials will be conducted after each session at the discretion of the Meet Referee. Time Trial fees must be paid upon entry at the Clerk of Course. Those swimming time trials will need to provide their own timers.

**Coaches:** A coaches meeting will be held fifteen (15) minutes prior to the start of the Friday session. The Meet Referee may call other coaches meetings as needed. One coach from each club may pick up the club's packet at Clerk of Course. Finals heat sheets, relay cards, and any announcements will be available at Clerk of Course.

**Officials:** Individuals wishing to officiate at this meet should apply online through the sc-swimming.org website officials portal. All officials must be currently registered as USA Swimming Non-Athlete members in good standing.

The dress at the Championship Meet will be a collared, white, sleeved SC Swimming shirt over navy for all officials on deck during prelim and timed final sessions. During the finals sessions on Friday, Saturday and Sunday, the dress is a collared, white, sleeved SC Swimming shirt over navy pants. No shorts at finals are allowed. White shoes should be worn at all sessions; please, no open-toed shoes of any kind (sandals, flip flops, feet shoes or crocs) are allowed. If officials have any questions, please contact the Meet Referee.

Officials will meet one (1) hour before the start of each session in the hospitality room.

Officials are expected to work time trial sessions.

**Warm-up Procedures:** Lane assignments will be made for each preliminary and timed final session. Finals will be open warm-ups. Equipment such as kickboards, pull buoys, etc. may not be used during any warm-up. The warm-down pool will be available during the swim meet for swimmers in the meet only. However, swimmers who horseplay in the warm-down pool may be asked to get out of the pool and may be disqualified from the remainder of their events for the meet. All SCLSC and USA Swimming safety guidelines will be enforced.

**Safety / Warm-Up Procedures:**

The South Carolina LSC Procedures will be in effect. A copy of the SCLSC Warm-up Procedures will be available in the coach's packet and posted around the pool. Coaches are advised to closely supervise their swimmers at all times.

- Coaches are expected to closely supervise their swimmers at all times.
- Per USA Swimming, swimmers may not use equipment such as paddles, pull-buoys, or kickboards during general warm-up.
- Each team will be assigned a lane/lanes for the specific portion of each warm-up session.
- Diving is permitted only during specific warm-up times, as announced.
- Swimmers who participate in the meet without a coach present must notify the Meet Director prior to the start of warm-up so that a coach may be assigned to them.
- Running and horseplay are both prohibited.



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- Glass containers/bottles, alcoholic beverages and tobacco products of any kind are prohibited inside the swimming venue and the Middle Tyger YMCA.
- Each team should monitor and clean your team area at the conclusion of each session. Chairs may be left on the deck between sessions but must be folded and put against the wall.
- Shaving down is not permitted in the facility.
- Body paint is not permitted in the facility.
- Any swimmer found to be abusing any area of the facility will be barred from further competition and will also be barred from the facility. The team of any swimmer found to be abusing any area of the facility will be held responsible for any and all repairs resulting from the abuse.
- Deck marshals will be assigned to supervise all sessions of the meet and will have the authority to remove any swimmer, coach, parent, or club from the pool and facility, if necessary, for not following the facility and meet safety rules.
- Only authorized volunteers and working personnel may remain behind the blocks, Timing area, and Clerk of Course area during the meet. All others must remain in the designated spectator areas and are not permitted in the racing area unless timing for an event or volunteering with the management of the meet.

#### **Meet Mobile:**

Palmetto Pro Timing will make every effort to push results to the Meet Mobile app. Times posted to Meet Mobile are unofficial. The meet will be published to Meet Mobile no later than ninety minutes before the first event starts.

**Meet Committee:** A Meet Committee will be formed by the Meet Referee prior to the start of the first session of the meet. This jury will consist of not less than three (3) people and not more than five (5) persons, at least one of whom must be a coach and one an athlete.

**Hospitality:** Hospitality for coaches and officials will be provided.

**Concessions:** Vendors and concessions may be provided in the area outside the pool.

#### **Release:**

USA Swimming, South Carolina Swimming LSC, Y-Spartaquatics Swim Club, Middle Tyger YMCA, Palmetto Pro Timing, Augusta Swim Supply, and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**\*\*\*\*\* PLEASE SIGN RELEASE OF LIABILITY.**

#### **Alternate Contact:**

If the meet director cannot be reached for any reason, your alternate contact is Mike Jann – [palmettoprotiming@gmail.com](mailto:palmettoprotiming@gmail.com) – 864-354-1965.

#### **Contact:**

Scott Ellis  
720 Shoals Rd, Duncan, SC 29334  
[sellis@spartanburgymca.org](mailto:sellis@spartanburgymca.org)  
(V) 864-433-9623

Mike Jann  
[palmettoprotiming@gmail.com](mailto:palmettoprotiming@gmail.com)  
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## ORDER OF EVENTS

Friday Preliminaries

Warm-Up: 9:00 AM

Competition Start: 10:00 AM

Women's Event #	Event Description	Men's Event #
1	11-12 50 Breaststroke	2
3	13-14 100 Breaststroke	4
5	Senior 100 Breaststroke	6
7	11-12 50 Butterfly	8
9	13-14 100 Butterfly	10
11	Senior 100 Butterfly	12
13	11-12 100 Backstroke	14
15	13-14 100 Backstroke	16
17	Senior 100 Backstroke	18
19	11-12 200 Freestyle	20
21	13-14 400 Individual Medley*	22
23	Senior 400 Individual Medley*	24

\*Positive Check-in; Top heat in finals

Friday Finals

Warm-Up: Not Before 4:00 PM

Finals: Not Before 5:00 PM

Women's Event #	Event Description	Men's Event #
21	13-14 400 Individual Medley - P	22
23	Senior 400 Individual Medley - P	24
1	11-12 50 Breaststroke	2
3	13-14 100 Breaststroke	4
5	Senior 100 Breaststroke	6
7	11-12 50 Butterfly	8
9	13-14 100 Butterfly	10
11	Senior 100 Butterfly	12
13	11-12 100 Backstroke	14
15	13-14 100 Backstroke	16
17	Senior 100 Backstroke	18
19	11-12 200 Freestyle	20



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**Saturday Preliminaries**

**Warm-Up: 7:30 AM**

**Competition Start: 8:30 AM**

Women's Event #	Event Description	Men's Event #
25	11-12 100 Breaststroke	26
27	13-14 200 Breaststroke	28
29	Senior 200 Breaststroke	30
31	11-12 100 Butterfly	32
33	13-14 200 Butterfly	34
35	Senior 200 Butterfly	36
37	11-12 50 Freestyle	38
39	13-14 50 Freestyle	40
41	Senior 50 Freestyle	42
43	11-12 100 Individual Medley	44
45	13-14 200 Freestyle	46
47	Senior 200 Freestyle	48
	<b>5-Minute Break</b>	
49	11-12 200 Medley Relay	50
51	13-14 200 Medley Relay	52
53	Senior 200 Medley Relay	54

## Saturday 10 & Under Timed Finals

**Warm-Up: Not Before 12:00 PM**

**Timed Finals: Not Before 1:00 PM**

Women's Event #	Event Description	Men's Event #
55	10 & Under 100 Butterfly	56
57	10 & Under 50 Backstroke	58
59	10 & Under 100 Breaststroke	60
61	10 & Under 50 Freestyle	62
63	10 & Under 100 Individual Medley	64
65	10 & Under 200 Freestyle	66
	<b>5-Minute Break</b>	
67	10 & Under 200 Medley Relay	68



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## Saturday Finals

Warm-Up: Not Before 4:00 PM

Finals: Not Before 5:00 PM

Women's Event #	Event Description	Men's Event #
25	11-12 100 Breaststroke	26
27	13-14 200 Breaststroke	28
29	Senior 200 Breaststroke	30
31	11-12 100 Butterfly	32
33	13-14 200 Butterfly	34
35	Senior 200 Butterfly	36
37	11-12 50 Freestyle	38
39	13-14 50 Freestyle	40
41	Senior 50 Freestyle	42
43	11-12 100 Individual Medley	44
45	13-14 200 Freestyle	46
47	Senior 200 Freestyle	48

## Sunday Preliminaries

Warm-Up: 7:30 AM

Competition Start: 8:30 AM

Women's Event #	Event Description	Men's Event #
69	11-12 200 Individual Medley	70
71	13-14 200 Individual Medley	72
73	Senior 200 Individual Medley	74
75	11-12 100 Freestyle	76
77	13-14 100 Freestyle	78
79	Senior 100 Freestyle	80
81	11-12 50 Backstroke	82
83	13-14 100 Backstroke	84
85	Senior 100 Backstroke	86
87	13-14 500 Freestyle*	88
89	Senior 500 Freestyle*	90
	5-Minute Break	
91	11-12 200 Freestyle Relay	92
93	13-14 200 Freestyle Relay	94
95	Senior 200 Freestyle Relay	96

\*Positive Check-in; Top heat in finals



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Sunday 10 & Under Timed Finals  
Warm-Up: Not Before 12:00 PM  
Timed Finals: Not Before 1:00 PM

Women's Event #	Event Description	Men's Event #
97	10 & Under 100 Backstroke	98
99	10 & Under 50 Butterfly	100
101	10 & Under 100 Freestyle	102
103	10 & Under 50 Breaststroke	104
105	10 & Under 200 Individual Medley	106
	<b>5-Minute Break</b>	
107	10 & Under 200 Freestyle Relay	108

Sunday Finals  
Warm-Up: Not Before 4:00 PM  
Finals: Not Before 5:00 PM

Women's Event #	Event Description	Men's Event #
69	11-12 200 Individual Medley	70
71	13-14 200 Individual Medley	72
73	Senior 200 Individual Medley	74
75	11-12 100 Freestyle	76
77	13-14 100 Freestyle	78
79	Senior 100 Freestyle	80
81	11-12 50 Backstroke	82
83	13-14 100 Backstroke	84
85	Senior 100 Backstroke	86
87	13-14 500 Freestyle*	88
89	Senior 500 Freestyle*	90



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## Meet Entry Summary Sheet

Individual								
	Total # of Swimmers	Total per Swimmer Pool Fee (\$30.00 ea.)	SCLSC Travel Fund/Program Fee (\$2.00)	SCLSC Sports Development Fee (\$2.00)	Jennifer Smith Scholarship Fund (\$1.00)	Electronic Heat Sheet Fee (\$10.00 ea.)	Total # Entries	Total Entry Fee (\$5.00 ea.)
Women								
Men								
Total Individual Entries/Fees								

Relays		
	Total # Relays	Total Relay Fee (\$10.00 ea.)
Total Individual Entries/Fees		

Return this summary sheet with entry fees, roster, and entry forms to:

### Total Fees

Please Mail hard Copy to:

2026 SC YSSC Palmetto Championship  
c/o Scott Ellis  
720 Shoals Rd.  
Duncan, SC 29334  
864-433-9623

Email Entries to:

Mike Jann  
[palmettoprotiming@gmail.com](mailto:palmettoprotiming@gmail.com)

Subject: 2026 SC YSSC Palmetto Championship

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that South Carolina Swimming Inc., Y-Spartaquatics Swim Club, Middle Tyger YMCA, Palmetto Pro Timing, Augusta Swim Supply, and any volunteers and sponsor organizations shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Coach: \_\_\_\_\_ Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Club: \_\_\_\_\_ Club Code: \_\_\_\_\_ LSC: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
(For Final Results) \_\_\_\_\_  
\_\_\_\_\_

Secondary Contact Person: Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Number of Coaches Attending Meet: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_