

TEAM GREENVILLE PRACTICE SCHEDULE
at Greenville County Aquatic Complex Short Course 2025-2026 September 2025-March 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Discovery M/W Begins 9/10 *Ends 3/11/2026	4:00-4:30 pm (8&U) 4:30-5:00 pm (9-12)		4:00-4:30 pm (8&U) 4:30-5:00 pm (9-12)			
Discovery T/TH Begins 9/11 *Ends 3/12/2026		4:00-4:30 pm (8&U) 4:30-5:00 pm (9-12)		4:00-4:30 pm (8&U) 4:30-5:00 pm (9-12)		
Blue Development (M/W only) Begins 9/10	4:00-5:00 pm		4:00-5:00 pm			
Blue Development (T/TH only) Begins 9/11		4:00-5:00 pm		4:00-5:00 pm		
Blue Development Friday Option Begins 9/12					4:30-5:45 pm 4:30-5:00 DL	
Blue Begins 9/9	4:00-5:15 PM	5:30-6:15pm 5:00-5:30 DL	4:00-5:15 PM			
Blue Friday Option Begins 9/12					4:30-5:45 pm 4:30-5:00 DL	
Blue High Performance** Begins 9/9	5:00-6:30 pm	4:30-6:00 pm 4:30-5:00 DL	5:00-6:30 pm	4:30-6:00 pm 4:30-5:00 DL		
Blue High Performance Friday Option Begins 9/12					4:30-5:45 pm 4:30-5:00 DL	
Green Development Begins 9/9	6:30-7:30 pm	4:15-5:30 pm	6:30-7:45 pm	4:15-5:15 pm		
Green Begins 9/9	5:15-6:30 pm	6:15-7:45 pm	5:15-6:30 pm	5:15-6:45 PM	4:30-6:30 pm	
Green High Performance Begins 9/9	4:15-6:30 pm 5:45-6:30 DL	4:15-5:45pm	4:15-6:30 pm 5:45-6:30 DL	4:15-5:45 pm	4:30-6:30 pm	7:00-9:00 am
Senior Development 1 Begins 9/8	6:30-8:00 pm	6:00-7:30 pm	6:30-8:00 pm	6:00-7:30 pm	4:30-6:30 pm	9:00-10:30 am
Senior Development 2 Begins 9/8	5:45-7:00 pm	6:45-8:00 pm	5:45-7:00 pm	6:45-8:00 pm		9:00-10:15 am
Junior Begins 9/8	6:30-8:00 pm	6:00-7:30 pm	6:30-8:00 pm	6:00-7:30 pm	4:30-6:30 pm	9:00-10:30 am
Junior High Performance Begins 9/8	4:30-6:30 pm	5:45-8:00 pm 5:45-6:30 DL	4:30-6:30 pm	5:45-8:00 pm 5:45-6:30 DL	4:30-6:30 pm	7:00-9:00 am
Senior Begins 9/8	6:30-8:00 pm	4:30-6:30 pm	6:30-8:00 pm	4:30-6:30 pm	4:30-6:30 pm	9:00-11:00 am
Senior High Performance Begins 9/8	4:30-7:00 pm 4:30-5:15 DL	5:30-7:00 am 5:30-6:15 am DL 4:30-7:00 pm	4:30-7:00 pm 4:30-5:15 DL	5:30-7:00 am 5:30-6:15 am DL 4:30-7:00 pm	4:30-6:30 pm	7:00-10:00 am 7:00-7:30 DL

DL=Dryland. Swimmers should be prepared with shorts, tennis shoes, and water bottles **Swimmers in Blue Performance and Green that have achieved two 11-12 SC State Cuts are invited to attend Green High Performance on Saturdays from 7:00-9:00 am.