

Greetings Coaches:

The 2024 SC TG Bring the Heat is just around the corner. Please take a moment to review these last-minute updates and announcements. Please share the details you deem pertinent, and the parent specific information document attached with your parents to help us make this the best meet possible.

Start Times for SC TG Bring the Heat

Current Warmup / Start Times – Please note there are some changes

	Warmup A	Warmup B	Session Start
Friday Evening	4:00 PM – 4:25 PM	4:25 PM – 4:50 PM	5:00 PM
Saturday Morning 12 & U	8:00 AM – 8:50 AM		9:00 AM
Saturday Afternoon 13 & O	12:00 PM – 12:25 PM	12:25 PM – 12:50 PM	1:00 PM
Sunday Morning 12 & U	8:00 AM – 8:50 AM		9:00 AM
Sunday Afternoon 13 & O	12:00 PM – 12:25 PM	12:25 PM – 12:50 PM	1:00 PM
Note 1: Friday session times were changed.			
Note 2: Saturday & Sunday afternoon warmup times should be considered as warmup starting not before the stated time. Although sufficient time has been allowed for morning sessions to complete, if there is a delay to those sessions due to a mechanical or other issue, the warmup time could begin slightly later.			

Entrance to the Facility

The facility doors will open at 3:00 PM on Friday and by 6:30 AM each morning. Swimmers, coaches and spectators should enter through the main entrance to the facility near the flagpole.

Spectators

Seating for spectators is on the right side as you enter the facility. No spectators will be allowed on the pool deck.

Concessions

Concessions will be located to your right as you enter the competition pool. Soft drinks, water, Gatorade, pasta and various snack items will be available. In addition, concessions will have some warm meal selections for breakfast and lunch.

Swimmer Seating

Swimmer seating is the bleachers that are on the start and turn ends of the pool and the opposite side of the pool from the spectator bleachers.

Locker Rooms

Locker Rooms are accessible from the main hallway where you come in and the pool deck of the therapy pool for swimmers. There is also a family changing room at the end of the entrance hallway. Please direct your swimmers to these locker rooms for changing.

Hospitality

Hospitality for coaches and officials will be located in the room at the far right corner of the therapy pool (opposite of the main pool). Breakfast and lunch will be served on Saturday and Sunday. Various snacks will be available off the pool deck throughout the session.

Parking

Parking should be plentiful given the small size of the sessions. However, please see the following for general information:

- Parking on the ball fields or across the street at the church is prohibited. Cars parked in unauthorized areas will be towed at the owner's expense.
- NO overnight RV parking is permitted

Heat Sheets

Heat sheets will not be for sale at the meet. Electronic heat sheets were included in the meet fee and will be available at this link by Wednesday evening: <https://www.teamunify.com/SubTabGeneric.jsp?team=sctg&stabid=197408> Heat sheets will also be uploaded to meet mobile. Please be sure to inform your swimmer's parents and family. Heat sheets will be provided to the coaches.

Coaches Meeting

A coaches meeting will be held on Friday at 4:45. Please have at least one representative from your team attend. Upon arrival, each individual coach must check in at Clerk of Course and provide current credentials to be permitted on deck. Host issued wrist band should be visible at all times for access to the deck.

General Facility Rules

- **No folding chairs or bleacher seatbacks**
- **No coolers**
- No reserving seats between sessions
- Team banners restricted to wire lines provided by the facility

General Rules Reminder

- **Deck Changing** is prohibited – please remind your swimmers
- Use of **audio or visual recording devices**, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or behind the starting blocks
- **Technical suits** are prohibited for 12 & Under swimmers. If you are unsure about which suit is legal, see the SCS website or speak with the meet referee.

Time Trials

Time trials may be conducted at the end of each session at the discretion of the Meet Referee. Swimmers must provide their own timers.

Positive Check-in for Deck Seeded Events

- Friday Evening Positive Check-in closes at 4:30 PM
 - Events 3/4 12 & U 400 Free
 - Events 5/6 OPEN 800 Free
- Saturday Afternoon Positive Check-in closes at 12:30 PM
 - Events 43/44 15 & O 400 IM
 - Events 45/46 13/14 400 IM
- Sunday Afternoon Positive Check-in closes at 12:30 PM
 - Events 89/90 15 & O 400 Free
 - Events 91/92 13/14 400 Free

Distance Events

Swimmers must provide their own for all distance events (800 Free, 400 IM and 400 Free). Swimmers must provide their own counter for the 800 Free, if needed.

Meet T-Shirts

Meet TShirts will not be available at this meet.

Timers

WE REALLY NEED YOUR HELP TO RUN A QUALITY MEET FOR EVERYONE. Timers from visiting teams may be needed for all sessions. Thank you in advance for your help! Please have your timers check in at the volunteer table at the entrance to the aquatic complex to pick up their name tag.

Certified Officials from visiting teams are requested and greatly appreciated. It takes quite a few officials to put on a meet and your involvement is a huge contribution to running a great meet! Email the meet referee at tgmswim@yahoo.com or me at MeetEntries@TGSwim.com to be connected!

Lost and Found

Items lost and found will be held in the therapy pool area but will be moved to the front desk at the end of the day. See the attendant.

First Aid

See any lifeguard or go to the front desk for a band-aid.

Bathrooms

Bathrooms off of the pool deck are not changing rooms and will be marshaled as such. Spectators, Coaches and Volunteers should use these bathrooms and not the ones in the locker rooms. Please direct your swimmers to the locker rooms accessible from the therapy pool and the main building hallway for changing.

Attachments

The following important items are attached and will be posted to the meet website (except for the timeline):

- https://www.teamunify.com/SubTabGeneric.jsp?team=sctg&_stbid_=197408
- Final Psych Sheet
- Warm-up lane assignments
- Coach information
- Parent information (please distribute to your team)
- Meet Timeline

If you have any questions, please feel free to email the meet director, Karl Kozicki (CoachKarl@tgswim.com) or the entry coordinator, Greg Morgan (meetentries@tgswim.com). If you need to contact the meet referee you can email Becky Weber at tgmswim@yahoo.com.

Thank You,

Greg Morgan
Meet Entry Coordinator