



Team Greenville Holiday Training Schedule December 22, 2025-December 27, 2025

Regular Practice Schedule Friday December 19 and Saturday, December 20

GREENVILLE COUNTY AQUATIC COMPLEX

	Monday 12/22/25	Tuesday 12/23/25	Wednesday 12/24/25	Thursday 12/25/25	Friday 12/26/25	Saturday 12/27/25
Discovery 8 and Under (M/W & T/TH)	9:30-10:00 am (50 M pool)	OFF	OFF	OFF	OFF	OFF
Discovery 9-12 (M/W & T/TH)	10:00-10:30 am (50 M pool)	OFF	OFF	OFF	OFF	OFF
Blue Development (M/W & T/TH)	8:00-9:00 am (50 M pool)	OFF	OFF	OFF	OFF	OFF
Blue	8:30-9:45 am	OFF	OFF	OFF	OFF	OFF
Blue High Performance	9:00-10:30 am	OFF	OFF	OFF	OFF	OFF
FRIDAY BD/B/BHP CLASS ONLY	OFF	OFF	OFF	OFF	OFF	OFF
Green Development	9:45-10:45 am	OFF	OFF	OFF	OFF	OFF
Green	7:00-8:30 am	OFF	OFF	OFF	OFF	OFF
Green High Performance	7:00-9:00 am	OFF	OFF	OFF	OFF	7:00-9:00 am
Junior High Performance	7:00-9:00 am 4:00-6:00 pm	OFF	OFF	OFF	OFF	7:00-9:00 am
Senior Dev. 2	5:00-6:15 pm	OFF	OFF	OFF	OFF	9:00-10:15 am
Senior Dev. 1	5:00-6:30 pm	OFF	OFF	OFF	OFF	9:00-10:30 am
Junior	5:00-6:30 pm	OFF	OFF	OFF	OFF	9:00-10:30 am
Senior	9:00-11:00 am 4:00-6:00 pm	OFF	OFF	OFF	OFF	9:00-11:00 am
Senior High Performance	7:00-9:30 am 4:00-6:00 pm	OFF	OFF	OFF	OFF	7:00-10:00 am



Team Greenville Holiday Training Schedule December 29, 2025-Jan 3, 2026

Regular Practice Schedule Monday, January 5

GREENVILLE COUNTY AQUATIC COMPLEX

	Monday 12/29/25	Tuesday 12/30/25	Wednesday 12/31/25	Thursday 1/1/26	Friday 1/2/26	Saturday 1/3/26
Discovery 8 and Under (M/W only)	9:30-10:00 am (50 M pool)	OFF	OFF	OFF	OFF	OFF
Discovery 9-12 (M/W only)	10:00-10:30 am (50 M Pool)	OFF	OFF	OFF	OFF	OFF
Discovery 8 & Under (T/TH only)	OFF	8:00-8:30 am (50 M pool)	OFF	OFF	OFF	OFF
Discovery 9-12 (T/TH only)	OFF	8:30-9:00 am (50 M pool)	OFF	OFF	OFF	OFF
Blue Development (M/W)	8:00-9:00 am	OFF	OFF	OFF	OFF	OFF
Blue Development (T/TH)	OFF	8:00-9:00 am	OFF	OFF	OFF	OFF
Blue	8:30-9:45 am	8:00-9:15 am	OFF	OFF	OFF	OFF
Blue High Performance	9:00-10:30 am	9:00-10:30 am	OFF	OFF	OFF	OFF
FRIDAY BD/B/BHP CLASS ONLY	OFF	OFF	OFF	OFF	9:00-9:30 DL 9:30-10:15 am (50 M Pool)*	OFF
Green Development	9:45-10:45 am	7:00-8:00 am	OFF	OFF	8:30-9:30 am	OFF
Green	7:00-8:30 am	9:15-10:45 am	OFF	OFF	7:00-8:30 am	OFF
Green High Performance	7:00-9:00 am	7:30-9:30 am	7:00-9:00am	OFF	7:00-9:00 am	7:00-9:00am
Junior High Performance	7:00-9:00 am 4:00-6:00 pm	5:00-7:30 am 4:00-6:00 pm	7:00-9:00 am	OFF	7:00-9:00 am 4:00-6:00 pm	7:00-9:00am
Senior Dev. 2	5:00-6:15 pm	5:00-6:15 pm	*8:30-10:00am at HTCC	OFF	OFF	9:00-10:15 am
Senior Dev. 1	5:00-6:30 pm	5:00-6:30 pm	*8:30-10:00am at HTCC	OFF	4:30-6:00 pm	9:00-10:30 am
Junior	5:00-6:30 pm	5:00-6:30 pm	*8:30-10:00am at HTCC	OFF	4:30-6:00 pm	9:00-10:30 am
Senior	9:00-11:00 am 4:00-6:00 pm	7:30-9:30 am 4:00-6:00 pm	7:00-9:00 am	OFF	9:00-11:00 am 4:00-6:00 pm	9:00-11:00 am
Senior High Performance	7:00-9:30 am 4:00-6:00 pm	5:30-8:00 am 4:00-6:00 pm	7:00-9:30 am	OFF	7:00-9:30 am 4:00-6:00 pm	7:00-10:00 am

We will resume regular afternoon practice on Monday, January 5th.

***THIS PRACTICE IS ONLY FOR SWIMMERS THAT HAVE REGISTERED FOR THE FRIDAY PRACTICE OPTION FOR BLUE DEVELOPMENT, BLUE, AND BLUE HIGH PERFORMANCE**

***Junior, SD1, and SD2 are invited for a special combined New Year Eve workout at HTCC 500 Golf Club Drive, Simpsonville with Coach Erin, Coach Scott, and Coach Kathryn**