#### **Greetings Visiting Parents**

Welcome to Greenville! Below is some helpful information on Bring the Heat.

#### **Start Times for Bring the Heat**



	Warmup		
Day of Meet	Session A	Session B	Session Start
Friday Evening*	4:00 PM	4:25 PM	5:00 PM
Saturday Morning 12 & U	8:00 AM		9:00 AM
Saturday Afternoon 13 & O	12:00 PM	12:25 PM	1:00 PM
Sunday Morning 12 & U	8:00 AM		9:00 AM
Sunday Afternoon 13 & O	12:00 PM	12:25 PM	1:00 PM

<sup>\*</sup> Change from Meet Information.

Entrance to the Facility for Swimmers, Coaches, Volunteers and Spectators is through the main entrance to the facility near the flagpole. The facility will open at 3:00 PM on Friday and by 6:30 AM Saturday and Sunday.

**Spectator seating** will be in the bleachers to the right as you enter the competition pool area of the facility. Spectator seating is limited to the capacity of the facility. Bleachers on either end of the pools and on the opposite side of the pool are for swimmers only. Please do not stand in front of the bleachers against the white chain during the competition and block the view of those behind you. If you wish to take a picture or video of your swimmer in action, please keep your time in front of others as brief and as unobtrusive as possible. Marshals will monitor this. Handicap seating areas will be available at the end of Pool A and Pool B. See a deck marshal for access.

**Closed Deck**. For the safety of the competitors and the efficiency of the meet, USA Swimming requires that *only credentialed coaches and officials, facility personnel and authorized volunteers will be allowed on the pool deck after warmup begins*. Some long events at the end of the Friday, Saturday and Sunday sessions require that the swimmers provide their own timers. Swimmers may have counters for the 800 Free and will need to provide them if desired. Parents will be allowed on deck to time or count for their swimmers once those events begin.

**Locker Rooms** are accessible from the main hallway as well as the pool deck of the therapy pool. Off the therapy pool deck, the girls locker room being the first door on the left when you enter the therapy pool and the boys being straight across the therapy pool. There is also a family changing room at the end of the entrance hallway. Please direct your swimmers to these locker rooms for changing.

**Concessions** will be located to your right as you enter the competition pool. Soft drinks, water, Gatorade, pasta and various snack items will be available. In addition, concessions will have some warm meal selections for breakfast and lunch.

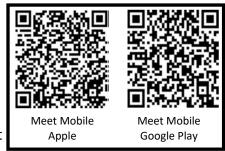
Meet T-Shirts will not be available at this meet.

Augusta Swimwear will not be on site.

**Meet Results** will be posted in the main hallway outside the entrance to the boys locker rooms. TG also utilizes the Meet Mobile App for Apple or Android.



Heat Sheets were included in your meet fees and will not be sold at the event. They will be available at the webpage below by Wednesday evening. They will also be loaded in meet mobile as well.



Heat Sheets: https://www.teamunify.com/SubTabGeneric.jsp?team=sctg& stabid =197408

**Positive Check In** is used for certain long events. For those events, once positive check in has been completed, seeded heat sheets will be distributed to the coaches. Seeded heat sheets will be posted for swimmers at clerk of course table and on the wall near the men's bathroom at the entrance to the pool deck. Event seeding will be updated on meet mobile for anyone following the meet.

**Timers** from visiting teams are requested and greatly appreciated. WE NEED YOUR HELP TO RUN A GREAT MEET! If you wish to time, please report to the volunteer check-in at the entrance to the facility when you arrive for your swimmer's session for information and a wristband.

**Certified Officials** from visiting teams are requested and greatly appreciated. It takes quite a few officials to put on a meet and your involvement is a huge contribution to running a great meet! Email the meet referee at <a href="mailto:tgmswim@yahoo.com">tgmswim@yahoo.com</a> or me at <a href="mailto:MeetEntries@TGSwim.com">MeetEntries@TGSwim.com</a> to be connected!

**Bathrooms off of the main hallway/pool deck** are not changing rooms. Spectators, Coaches and Volunteers should used these bathrooms instead of the bathrooms in the locker rooms which are only for swimmers. Swimmers should be directed to the locker rooms off the main hallway or therapy pool deck to change and use the bathrooms.

**Lost and Found** is located in the baskets near the bathrooms on either side of the entrance to the competition pool.

**First Aid** see any lifeguard or go to the front desk for a band-aid.

**Parking** is open and first come, first served. The following rules must be obeyed:

- No Parking in unmarked spaces. Cars parked in unauthorized areas or blocking fire hydrants will be towed at the owner's expense.
- Parking across the street at the Church is prohibited.
- ♦ No overnight RV Parking is permitted

**Informational Items** about this meet at the meet website: https://www.teamunify.com/SubTabGeneric.jsp?team=sctg& stabid =197408

**Information about Greenville** can be found at the visitor and convention bureau website:

http://www.visitgreenvillesc.com/



**Greenville Shopping / Dining** If this is your first time in Greenville, there are many restaurants in downtown Greenville as well as the Falls Park bridge attraction. There are also 3 major shopping/dining areas around Greenville: Haywood Road around Interstate 385, Woodruff Road between Roper Mountain Road and Interstate 385 and Pelham Road around Interstate 85. There are also many other areas outside of these major areas that off great local food and shopping. The next page has some information you may find helpful.

## **Points of Interest**

# Mall / Shopping / Dining

Haywood Mall - 700 Haywood Road Greenville, SC 864-458-7257 www.simon.com/mall/haywood-mall

Magnolia Park Town Center - 1025 Woodruff Road Greenville, SC <u>www.magnoliapark.com/directory</u>

The Shops at Greenridge—1125 Woodruff Road Greenville, SC <a href="https://www.shopgreenridge.com/directory">www.shopgreenridge.com/directory</a>

### **Super Centers**

Walmart - 6134 White Horse Road Greeville, SC 864-295-3181 (.7 miles from Greenville County Aquatic Center)

Walmart - 3027 Wade Hampton Boulevard Greenville, SC 864-292-8155

Target - 1112 Woodruff Road Greenville, SC 864-286-3689

Target - 6025 Wade Hampton Blvd, Taylors, SC 864-801-8128

## **Urgent Care**

Doctors Express Cherrydale—3213 N. Pleasantburg Drive Greenville, SC 864-249-4409 (3.7 miles from Greenville County Aquatic Center)

Prisma Health MD360 - 1025 Verdae Boulevard Greenville, SC 864-286-7550 Immediate Care Center Pelham - 3611 Pelham Rd Greenville, SC 864-530-3500

# **Pharmacy**

CVS - 3218 W. Blue Ridge Drive Greenville 864-269-8132

(.6 miles from Greenville County Aquatic Center)

Walgreens - 2323 E. North Street Greenville, SC 864-233-9401

CVS - 2401 E. North Street Greenville 864-244-1851

(Open 7:00 AM-11:00 PM)

### Miscellaneous

Costco - 1021 Woodruff Rd Greenville 864-297-2560

SAMS Club - 1211 Woodruff Rd Greenville 864-987-7220