

**HOOS Coaching Calendar: Summer 2025**

Monday, 6/1 through mid-July

	Monday, 6/2	Tuesday, 6/3	Wednesday, 6/4	Thursday, 6/5	Friday, 6/6	Saturday, 6/7
<b>HOOS 1</b>	<b>9:50 -10:50 am</b> DL first	<b>9:50- 10:50 am</b> DL first		<b>9:50- 10:50 am</b> DL first		
<b>HOOS 2</b>	<b>8:10- 9:40 am</b> DL first	<b>8:10- 9:40 am</b> DL first		<b>8:10- 9:40 am</b> DL first		<b>10:30- 11:30 am</b>
<b>HOOS 3</b>	<b>8:40- 10:30 am</b> DL first	<b>8:40- 10:30 am</b> DL first	<b>9:00-10:45 am</b> DL first	<b>8:40- 10:30 am</b> DL first		<b>9:30 – 10:45 am</b> swim only
<b>HOOS 4</b>	<b>7:10- 9:20 am</b> swim first  “double double” in PM	<b>7:10- 9:20 am</b> swim first	<b>7:45- 9:55 am</b> DL first  <b>Double in PM</b>	<b>7:10- 9:20 am</b> swim first	<b>7:45- 9:55 am</b> DL first	<b>Location is still TBD:</b> <b>most likely NCAC</b> <b>7-9 am</b>