

Practice Schedule: THANKSGIVING WEEK 2025 (11/24- 11/29)

	Monday, 11.24	Tuesday, 11.25	Wednesday, 11.26	Thursday, 11.27	Friday, 11.28	Saturday, 11.29
Mini-HOOS	3:15- 3:55	3:15-3:55		OFF		
HOOS 1	3:45- 4:45 Swim first	3:45- 4:45 Swim first	10:45- 11:45 Swim only	OFF		OFF
HOOS 2	4:30- 6:00 Swim first	4:30- 6:00 Swim first	9:00-10:45 DL first	OFF		OFF
HOOS 3	4:00- 6:00 PM Swim first *plus H4 swimmers that cannot make the AM session	4:00- 6:00 PM Swim first *plus H4 swimmers that cannot make the AM session	8:45- 10:45 am DL first	OFF	OFF	9:15- 10:45 am Swim only
HOOS 4	8:00-10:10 am DL first	8-10:10 am DL first	7:45- 9:45 am Swim first	OFF	OFF	7:45- 9:45 am Swim first