



2023 Time Standards

CZ SPEEDO NORTH SECTION SUMMER CHAMPIONSHIPS

Qualifying from January 1, 2022 through the Entry Deadline

WOMEN			MEN	
LCM	SCY		SCY	LCM
28.09	24.49	50 Freestyle	21.69	25.29
1:00.69	53.09	100 Freestyle	47.39	54.79
2:10.99	1:53.79	200 Freestyle	1:43.79	2:00.49
4:36.29	5:05.09	400/500 Freestyle	4:42.79	4:16.99
9:29.99	10:29.99	800/1000 Freestyle	9:49.99	8:59.99
18:19.99	17:39.99	1500/1650 Freestyle	16:39.99	17:19.99
1:08.89	58.99	100 Backstroke	53.39	1:03.09
2:26.99	2:07.19	200 Backstroke	1:58.49	2:18.09
1:17.49	1:06.89	100 Breaststroke	1:00.99	1:11.99
2:48.79	2:24.69	200 Breaststroke	2:14.99	2:37.99
1:05.89	58.19	100 Butterfly	52.09	59.79
2:29.99	2:09.99	200 Butterfly	1:59.19	2:17.89
2:28.99	2:09.29	200 Individual Medley	1:57.09	2:17.19
5:19.09	4:34.99	400 Individual Medley	4:14.99	4:56.99
4:14.09	X	400 Free Relay	X	3:51.29
9:14.09	X	800 Free Relay	X	8:29.69
4:44.99	X	400 Medley Relay	X	4:21.59



2023 Time Standards

CZ SPEEDO NORTH SECTION SUMMER CHAMPIONSHIPS

Qualifying from January 1, 2022 through the Entry Deadline

WOMEN		BONUS	MEN	
LCM	SCY		SCY	LCM
28.49	24.99	50 Freestyle	22.29	25.69
1:01.29	53.99	100 Freestyle	48.49	56.09
2:12.09	1:56.89	200 Freestyle	1:46.49	2:02.49
4:38.39	5:09.99	400/500 Freestyle	4:47.89	4:18.19
9:33.39	10:38.39	800/1000 Freestyle	9:58.49	9:02.79
18:21.49	17:59.99	1500/1650 Freestyle	16:46.79	17:24.99
1:09.99	59.99	100 Backstroke	55.59	1:03.89
2:30.39	2:10.49	200 Backstroke	2:00.39	2:18.79
1:19.49	1:08.99	100 Breaststroke	1:03.09	1:12.29
2:51.79	2:29.99	200 Breaststroke	2:17.59	2:38.79
1:07.59	59.09	100 Butterfly	53.49	1:00.99
2:30.89	2:12.09	200 Butterfly	2:01.79	2:18.49
2:30.29	2:11.99	200 Individual Medley	1:59.99	2:18.39
5:20.39	4:39.99	400 Individual Medley	4:19.99	4:57.89
X	X	400 Free Relay	X	X
X	X	800 Free Relay	X	X
X	X	400 Medley Relay	X	X