



**SAFE  
SPORT**





*What do you know  
about Safe Sport?*



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**education** **safety**

trauma sexual action victim best fairness prevention  
frustrations healthy compliance relationships guidelines survivor

support hoops reporting help resources boundaries consequences  
criminal tools intervention

lawsuits emotional tolerance protection confidentiality physical  
kids

scary mandatory athletes disclosure  
positive measures safe awareness lack professional practices  
accountability respectful scandal response  
bullying harassment outreach abuse

polices



*Why do you swim?*



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## *What we see*

- ✓ Peer-Peer Bullying
- ✓ Coach-Athlete Bullying
- ✓ Parent/Coach, Official/Parent Conflict
- ✓ Boundary Violations
- ✓ Inappropriate Communication
- ✓ Abuse at home, self-harm/suicide concerns
- ✓ Physical Abuse
- ✓ Sexual Abuse

*Partner-to-Partner Activity*

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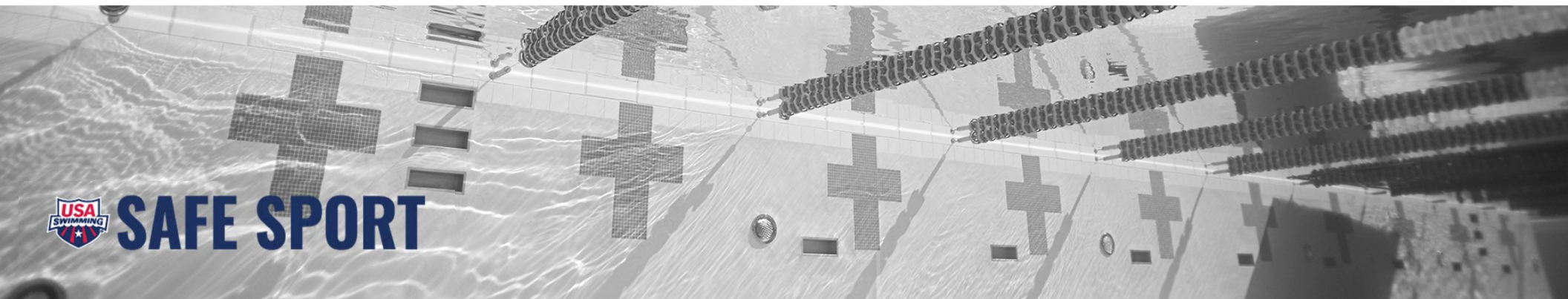
*Physical*

*Emotional*

*Behavioral*



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**What do boundaries  
have to do with  
Safe Sport?**



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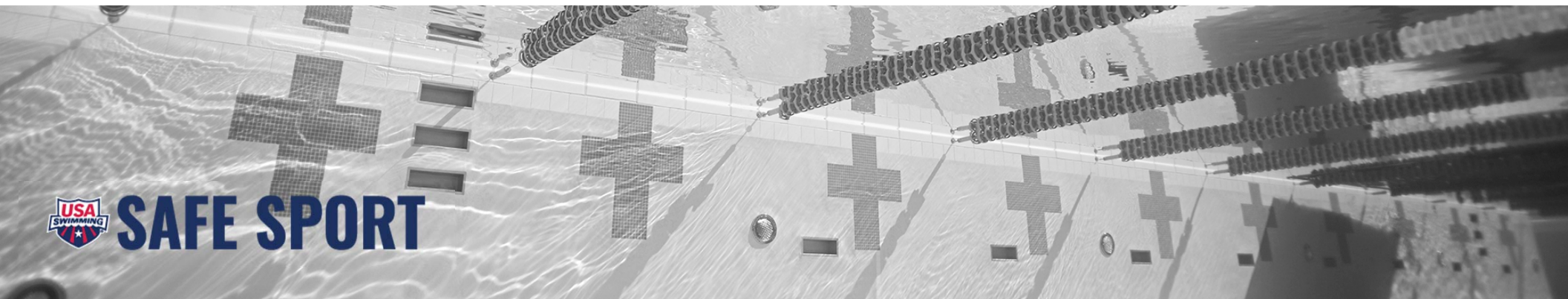


# How to do Safe Sport

1. **RECOGNIZE:** Be intentional and know the risks
2. **RESPOND:** Teach others and talk about it
3. **REPORT:** Tend to your culture



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# #1: RECOGNIZE

*Be intentional and learn the risks*

- ✓ Define your team's culture
- ✓ Have Clear policies and guidelines
- ✓ Know your people

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**MINOR ATHLETE  
ABUSE  
PREVENTION  
POLICY**



## *MAAPP Policy*

- One-on-One Interactions
- Social Media and Electronic Communication
- Travel: Local and Team
- Locker Rooms and Changing Areas
- Massages/Rubdowns/Athletic Training Modalities



## #2: RESPOND

*Teach and talk about it*

- ✓ Formal and informal communication
- ✓ Practice responding to breaks in culture
- ✓ Talk about the team or on-deck culture



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ATHLETE PROTECTION TRAINING  
18+ ATHLETES

## #3: REPORT

*Tend to your culture*

- ✓ Call out and correct behaviors that threaten your culture
- ✓ Reinforce behaviors that strengthen your culture
- ✓ Debrief after addressing an issue

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*A new athlete on your team frequently uses culturally insensitive language, including racial slurs, and other athletes have found it offensive. Another teammate has told you this bothers them as well. .*



and my coach wants us to stay until the end of the meet. is it okay if i come to practice around 5:15-5:30?

9/28/16, 11:08 AM

Yes that's not a problem. I will probably have you hop in and loosen down from the meet so we can finish the week off strong. If you feel like you did yesterday, I would probably skip swimming and recover at home. I'd like to sit down with you at some point before the next swim meet and put together a goal sheet for it.

okay sounds good. thank you. i am leaving school now for my race and will let you know when i am on my way.

Okay sounds good. Good luck in your race :)

thank you so much!!

Yes

this is why you're my fav

Just cuz I like you

baes for life!

I think I'm more than just a BAE to you

---

if you're more than a bae to me than what are you to me?

More than a BAE lol

Duh

I don't understand what you see in me!

some people i just click with

i'm very much like you in the way of just a few close friends and you are one of hem

I definitely think of you more than a friend. Things I have told you I've never told anyone. I'm not a real emotional person. I try to stay pretty level headed so majority of the things I go through or think about I don't tell anyone. Just keep to myself

aww blessed that you trust me with these things :) you'll never lose ur trust in me and i'm here for you even tho i'm younger i can still give advice and be someone to listen :)

Lol you are very young

still

That doesn't matter to you?

I'll always be here for the same. Whatever you ever need I am here.

Your teammate tells you they have to tell you something but you have to promise not tell anyone. He won't tell you unless you promise. You promise. He tells you that when he was younger, his parent's friend, John, used to touch him and do weird stuff to him.

He says that John moved away a couple years ago but he's moving back. Your friend is worried that John will want to do the same weird stuff to his little brother. He says he doesn't know what to do.

Your sister is in a different practice group than you. When your practice is over, you usually sit in the stands on deck and wait for her. Sometimes your coach comes and sits with you while you wait. You talk about swimming, school, and generally what is going on in your life.





Why do we do  
Safe Sport?

Because your  
experience in  
swimming **matters!**



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# Thank You!

*Contact us @*

[www.usaswimming.org/protect](http://www.usaswimming.org/protect)

[ehahn@usaswimming.org](mailto:ehahn@usaswimming.org)

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