

BARRACUDA SWIM CLUB - KINGSPORT SITE PRACTICE SCHEDULE - May 2024

KAC
Central Middle

SENIOR/PRE-SENIOR/SILVER/BLUE GROUPS
 ARRIVE 15 MINUTES PRIOR
 FOR STRETCHING

April		Senior AM	Senior PM	Pre-Senior	Silver	Blue	Green
Monday	29-Apr	6:00 am to 7:00 am Swim	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Tuesday	30-Apr	6:00 am to 7:00 am Lift	4:15 pm to 6:15 pm	4:15 pm to 5:45 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Wednesday	1-May	6:00 am to 7:00 am Swim	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Thursday	2-May	6:00 am to 7:00 am Lift	4:15 pm to 6:15 pm	4:15 pm to 5:45 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Friday	3-May		4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	
Saturday	4-May		8:00 am to 10:00 am	8:00 am to 10:00 am	8:00 am to 10:00 am		
Monday	6-May	6:00 am to 7:00 am Swim	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Tuesday	7-May	6:00 am to 7:00 am Lift	4:15 pm to 6:15 pm	4:15 pm to 5:45 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Wednesday	8-May	6:00 am to 7:00 am Swim	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Thursday	9-May	6:00 am to 7:00 am Lift	4:15 pm to 6:15 pm	4:15 pm to 5:45 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Friday	10-May		4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	
Saturday	11-May		8:00 am to 10:00 am	8:00 am to 10:00 am	8:00 am to 10:00 am		
Monday	13-May	6:00 am to 7:00 am Swim	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Tuesday	14-May	6:00 am to 7:00 am Lift	4:15 pm to 6:15 pm	4:15 pm to 5:45 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Wednesday	15-May	6:00 am to 7:00 am Swim	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Thursday	16-May	6:00 am to 7:00 am Lift	4:15 pm to 6:15 pm	4:15 pm to 5:45 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Friday	17-May		4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	
Saturday	18-May		8:00 am to 10:00 am	8:00 am to 10:00 am	8:00 am to 10:00 am		
Monday	20-May	6:00 am to 7:00 am Swim	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Tuesday	21-May	6:00 am to 7:00 am Lift	4:15 pm to 6:15 pm	4:15 pm to 5:45 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Wednesday	22-May	6:00 am to 7:00 am Swim	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Thursday	23-May	6:00 am to 7:00 am Lift	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Friday	24-May		4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	
Saturday	25-May		8:00 am to 10:00 am	8:00 am to 10:00 am	8:00 am to 10:00 am		
Monday	27-May		TBD	TBD	TBD	TBD	TBD
Tuesday	28-May	6:00 am to 7:00 am Lift	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Wednesday	29-May	6:00 am to 7:00 am Swim	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Thursday	30-May	6:00 am to 7:00 am Lift	4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Friday	31-May		4:00 pm to 6:00 pm	4:00 pm to 5:30 pm	5:30 pm to 7:00 pm	6:00 pm to 7:00 pm	6:00 pm to 7:00 pm
Saturday	1-Jun		8:00 am to 10:00 am	8:00 am to 10:00 am	8:00 am to 10:00 am		