

# Ensworth Aquatics – Travel Policy

The purpose of this Travel Policy is to positively promote the mission and image of Ensworth Aquatics and to promote responsibility and ensure accountability for all team members during practice, competition, travel, and all team related functions.

## Team Travel Policy

For Athletes:

1. Team members will always seek to behave in a way that reflects positively on them as an individual and the team as a whole.
2. Possession or use of alcohol, tobacco, or controlled substances by any athlete is prohibited.
  - a. Parents shall inform coaches of any and all prescribed medications their child is taking prior to departure for any Team Travel event. **It is the parent and athlete's responsibility to ensure that any medication is not prohibited for use during a USA Swimming competition.**
3. Team members will wear designated team gear (t-shirts, suits, caps, sweats, parkas, etc.) to all team events and functions.
4. Team members will attend all team functions including: Meetings, warm-ups, practices, competitions, meals, etc. unless otherwise excused or directed by the coaching staff.
5. Team members will sit with the TEAM during all competitions unless warming up, warming down, cheering, or engaging in any activity directly related to preparing for or recovering from competition.
6. Team members will treat hotel staff, meet staff (officials, timers, volunteers), competitors, and other coaches with respect. Disrespectful, destructive, or otherwise inappropriate behavior that detracts from the image and/or mission of Ensworth Aquatics will not be tolerated and may result in:
  - a. A team member being scratched from events
  - b. A team member being sent home from the competition at their parents' expense
  - c. Suspension from the team
  - d. Dismissal from the team
7. Male athletes are prohibited from ever entering a female athlete's room. Female athletes are prohibited from ever entering a male athlete's room.
8. Swimmers will abide by the nightly curfews (both "in room" and "lights out") as established by the coaching staff.
9. Team members will seek, at all times, to leave every place visited "Better than we found it." Team members will commit themselves to:
  - a. Keeping their section of the competition pool clean
  - b. Keeping hotel rooms clean
  - c. Cleaning up following meals
  - d. Keeping each other accountable in upholding the image and mission of Ensworth Aquatics

USA Swimming REQUIRED Team Travel Policies:

1. Club travel policies must be signed and agreed to by all athletes, parents, coaches, and other adults traveling with the club. (305.5.D)

2. Team managers and chaperones must be members of USA Swimming and have successfully passed a USA Swimming-administered criminal background check. (305.5B)
3. Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete). (305.5A)
4. When only one athlete and one coach travel to a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach. (305.5C)

I, \_\_\_\_\_, have fully read and understand the terms, conditions, and

(Athlete's Name)

expectations as set forth in the above Team Travel Policy. I unconditionally agree to comply with the aforementioned policy with the understanding that any infraction of said policy may result in a sanction from the team, up to and including permanent dismissal from the team.

The undersigned has read and understands the terms of this agreement.

\_\_\_\_\_  
(Athlete's Signature)

\_\_\_\_\_  
(Date)

I, \_\_\_\_\_, have fully read and understand the terms, conditions, and

(Parent or Guardian's Name)

expectations as set forth in the above Team Travel Policy. I understand that it is my child's responsibility to unconditionally agree to and comply with the aforementioned policy with the understanding that any infraction of said policy may result in a sanction from the team, up to and including permanent dismissal from the team.

The undersigned has read and understands the terms of this agreement.

\_\_\_\_\_  
(Parent's Signature)

\_\_\_\_\_  
(Date)