



2023 SOUTHEASTERN SWIMMING SHORT COURSE CHAMPIONSHIP QUALIFYING TIMES

Qualifying times must have been achieved since September 1, 2021

GIRLS				EVENT	BOYS			
10&U	11-12	13-14	OPEN		OPEN	13-14	11-12	10&U
31.79	27.79	26.19	25.29	50 FREE	22.49	24.29	27.59	32.39
1:10.79	1:00.29	56.99	55.29	100 FREE	49.59	53.39	1:00.89	1:12.09
2:36.89	2:11.49	2:03.49	1:58.59	200 FREE	1:48.19	1:58.49	2:15.09	2:38.29
6:49.19	5:49.19	5:32.69	5:17.19	500 FREE	4:52.49	5:18.39	5:58.99	6:54.69
X	X	11:29.99	11:10.79	1000 FREE	10:37.29	11:29.79	X	X
X	X	20:01.49	19:00.79	1650 FREE	17:37.39	19:29.49	X	X
37.49	32.09	(100QT)	(100QT)	50 BACK	(100QT)	(100QT)	33.09	38.39
1:20.99	1:09.69	1:04.39	1:00.99	100 BACK	55.49	1:02.09	1:11.89	1:22.79
X	X	2:19.99	2:12.49	200 BACK	2:02.29	2:16.69	X	X
42.99	35.99	(100QT)	(100QT)	50 BREAST	(100QT)	(100QT)	37.79	44.39
1:34.19	1:19.29	1:14.29	1:10.39	100 BREAST	1:02.79	1:09.49	1:22.69	1:38.29
X	X	2:40.79	2:31.79	200 BREAST	2:17.39	2:33.99	X	X
36.59	30.49	(100QT)	(100QT)	50 FLY	(100QT)	(100QT)	31.29	37.59
1:27.09	1:09.29	1:03.29	1:00.49	100 FLY	54.39	1:00.49	1:11.39	1:31.09
X	X	2:29.99	2:15.29	200 FLY	2:02.59	2:22.49	X	X
1:21.29	1:09.19	X	X	100 IM	X	X	1:11.39	1:22.19
2:58.39	2:28.99	2:20.29	2:14.39	200 IM	2:01.79	2:15.89	2:33.99	3:00.89
X	X	5:02.99	4:46.69	400 IM	4:22.09	4:48.59	X	X

GIRLS				EVENT	BOYS			
10&U	11-12	13-14	OPEN	BONUS	OPEN	13-14	11-12	10&U
32.49	28.39	26.79	25.89	50 FREE	22.99	24.79	28.19	33.09
1:12.29	1:01.59	58.19	56.49	100 FREE	50.59	54.49	1:02.19	1:13.59
2:40.09	2:14.19	2:05.99	2:00.99	200 FREE	1:50.39	2:00.89	2:17.79	2:41.49
no bonus	no bonus	no bonus	no bonus	500 FREE	no bonus	no bonus	no bonus	no bonus
X	X	no bonus	no bonus	1000 FREE	no bonus	no bonus	X	X
X	X	no bonus	no bonus	1650 FREE	no bonus	no bonus	X	X
38.29	32.79	(100 BQT)	(100 BQT)	50 BACK	(100 BQT)	(100 BQT)	33.79	39.19
1:22.69	1:11.09	1:05.69	1:02.29	100 BACK	56.69	1:03.39	1:13.39	1:24.49
X	X	2:22.79	2:15.19	200 BACK	2:04.79	2:19.49	X	X
43.89	36.79	(100 BQT)	(100 BQT)	50 BREAST	(100 BQT)	(100 BQT)	38.59	45.29
1:36.09	1:20.89	1:15.79	1:11.69	100 BREAST	1:04.09	1:10.89	1:24.39	1:40.29
X	X	2:44.09	2:34.89	200 BREAST	2:20.19	2:37.09	X	X
37.39	31.19	(100 BQT)	(100 BQT)	50 FLY	(100 BQT)	(100 BQT)	31.99	38.39
1:28.89	1:10.69	1:04.59	1:01.79	100 FLY	55.49	1:01.79	1:12.89	1:32.99
X	X	2:32.99	2:18.09	200 FLY	2:05.09	2:25.39	X	X
1:22.99	1:10.59	X	X	100 IM	X	X	1:12.89	1:23.89
3:01.99	2:31.99	2:23.19	2:17.09	200 IM	2:04.29	2:18.69	2:37.09	3:04.59
X	X	no bonus	no bonus	400 IM	no bonus	no bonus	X	X

Approved 8/27/2022

Events 400 yards and longer are not allowed for bonus swims

13-14 and Senior 50 Back, 50 Breast, and 50 Fly shall use the corresponding 100 yard event time standards (qualifying and bonus)