



2026 SOUTHEASTERN SWIMMING WINTER CHAMPIONSHIP QUALIFYING TIMES

Qualifying times must have been achieved since 9/1/24

10&UNDER					11&12				
GIRLS			BOYS		GIRLS			BOYS	
LCM	SCY	CUTS	SCY	LCM	LCM	SCY	CUTS	SCY	LCM
36.79	32.49	50 Free	33.09	37.49	32.29	28.39	50 Free	28.19	32.09
1:23.49	1:13.79	100 Free	1:15.09	1:24.89	1:09.89	1:01.59	100 Free	1:02.19	1:10.59
3:02.89	2:43.29	200 Free	2:44.79	3:06.09	2:35.19	2:16.89	200 Free	2:20.59	2:39.29
6:12.49	6:57.39	500 Free	7:02.99	6:17.49	5:17.89	5:56.19	500 Free	6:06.19	5:26.89
42.19	38.29	50 Back	39.19	44.09	36.99	32.79	50 Back	33.79	38.09
1:34.89	1:24.39	100 Back	1:26.19	1:36.79	1:20.09	1:11.09	100 Back	1:13.39	1:22.59
50.69	44.79	50 Breast	46.29	52.29	42.69	37.59	50 Breast	38.59	43.79
1:50.79	1:38.09	100 Brst	1:42.39	1:55.59	1:31.79	1:20.89	100 Brst	1:24.39	1:35.59
42.19	37.39	50 Fly	39.19	44.19	36.09	31.89	50 Fly	31.99	36.19
1:39.99	1:30.69	100 Fly	1:34.89	1:46.69	1:21.39	1:12.19	100 Fly	1:14.39	1:23.99
N/A	1:24.69	100 IM	1:25.59	N/A	N/A	1:12.09	100 IM	1:12.89	N/A
3:29.29	3:05.69	200 IM	3:08.29	3:32.09	2:55.39	2:35.09	200 IM	2:40.29	3:01.09
2:27.19	2:09.99	200 FR	2:12.39	2:29.99	2:09.19	1:53.59	200 FR	1:52.79	2:08.39
2:51.89	2:32.99	200 MR	2:37.79	2:58.09	2:28.09	2:10.69	200 MR	2:12.59	2:30.19
13&14					OPEN				
GIRLS			BOYS		GIRLS			BOYS	
LCM	SCY	CUTS	SCY	LCM	LCM	SCY	CUTS	SCY	LCM
29.79	26.19	50 Free	24.29	27.69	28.79	25.29	50 Free	22.49	25.69
1:04.79	56.99	100 Free	54.49	1:02.09	1:02.89	55.29	100 Free	49.29	56.29
2:22.99	2:05.99	200 Free	1:58.49	2:14.69	2:17.49	2:00.99	200 Free	1:48.19	2:03.29
5:02.89	5:39.39	500 Free	5:24.79	4:49.79	4:48.79	5:23.49	500 Free	4:52.49	4:20.99
10:28.19	11:43.79	1000 Free	11:43.59	10:27.99	10:10.59	11:24.29	1000 Free	10:37.29	9:28.69
20:50.09	20:25.59	1650 Free	19:52.89	20:16.69	19:46.89	19:23.69	1650 Free	17:37.39	17:58.49
34.29	30.39	50 Back	28.89	32.69	33.29	29.39	50 Back	25.89	29.29
1:12.59	1:04.39	100 Back	1:02.09	1:10.09	1:10.29	1:02.29	100 Back	55.49	1:02.79
2:40.99	2:22.79	200 Back	2:16.69	2:34.09	2:32.39	2:15.19	200 Back	2:02.29	2:18.09
40.29	35.49	50 Breast	31.59	35.99	38.29	33.69	50 Breast	28.29	32.39
1:26.09	1:15.79	100 Brst	1:09.49	1:19.09	1:21.69	1:11.89	100 Brst	1:02.29	1:11.09
3:06.09	2:44.09	200 Brst	2:33.99	2:54.89	2:55.99	2:34.89	200 Brst	2:15.79	2:34.69
32.39	28.59	50 Fly	28.39	32.19	31.69	27.99	50 Fly	24.89	28.19
1:11.59	1:03.29	100 Fly	1:01.79	1:09.89	1:09.89	1:01.79	100 Fly	53.99	1:01.29
2:52.69	2:32.99	200 Fly	2:25.39	2:44.19	2:35.99	2:18.09	200 Fly	2:02.39	2:18.59
2:42.09	2:23.19	200 IM	2:15.89	2:33.99	2:35.39	2:17.09	200 IM	2:01.79	2:18.39
5:49.59	5:09.09	400 IM	4:54.39	5:33.29	5:31.09	4:52.49	400 IM	4:25.69	5:01.69
1:59.19	1:44.79	200 FR	1:37.19	1:50.79	1:55.19	1:41.19	200FR	1:29.99	1:42.79
4:19.19	3:47.99	400FR	3:37.99	4:08.39	4:11.59	3:41.19	400FR	3:17.19	3:45.19
2:16.79	2:00.69	200 MR & Mixed	1:53.19	2:08.59	2:12.09	1:56.39	200 MR & Mixed	1:41.59	1:55.59
4:55.09	4:20.49	400MR	4:07.89	4:41.19	4:44.79	4:11.29	400MR	3:41.09	4:11.49