



## FIVE WAYS TO COMMUNICATE WITH THE MONTGOMERY YMCA BARRACUDAS

WEBSITE: We strive to keep our website up-to-date each week regarding the season.

- Sign up for meets on the website/review swimmers' meet entries/check meet results
- Sign up/Descriptions of volunteer positions
- Check practice/meet schedules
- Review and see Time Standards

EMAIL: Through our TEAM UNIFY WEBSITE, we send updates, meet registration info, practice cancellations/changes, party invitations, etc. through the website.

TEXT MESSAGES: WE utilize text messages for instances of pool closures due to weather or maintenance. It is the best way to stay information in case of last-minute changes. Once your profile has been created by Coach Ryan on the website, please go into your account and set up text messages to be received by your phone. Directions on set up are found under the HOME tab on the website.

APPS: The OnDeck App is a fee app that I connected directly to our Team Unify website as well as to your account. Here you can get most if not all the information that you see on the website. You can review meet results, swimmers' events for the next meet and much more.

FACEBOOK: Our Facebook Group is parent driven page that is closed only to those who are a part of MYB. Here, we share articles, pictures, additional team information.

## OTHER:

Meet Mobile: An App you can download through the app store for a small fee. This is a great source for when we are away at meets to see your swimmers' events, times and live results. DeckPass: This is an app that is the official USA Swimming app. Here you can track times for your swimmers' events, and see progression, you can see their USA Swimming ID etc.

## Contact Us:

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