



AGE GROUP PRACTICE SCHEDULE

Fall Build-Up Schedule

Aug 23, 2023 - September 17, 2023

(Subject to change)

	Mon, 8/22	Tue, 8/23	Wed, 8/24	Thur, 8/25	Fri, 8/26	Sat, 8/27
White	Off	6:15 - 7:15 pm		6:15 - 7:15 pm		Off
Red	Off	5:45 - 7:15 pm	5:45 - 7:15 pm	5:45 - 7:15 pm		Off
Blue	Off	4:15 - 5:45 pm	6:00 - 8:00 pm	4:15 - 5:45 pm	Off	Off

	Mon, 8/29	Tue, 8/30	Wed, 8/31	Thur, 9/1	Fri, 9/2	Sat, 9/3
White	5:15 - 6:15 pm	6:15 - 7:15 pm		6:15 - 7:15 pm		Off
Red	5:45 - 7:15pm	5:45 - 7:15 pm	5:45 - 7:15 pm	5:45 - 7:15 pm		Off
Blue	6:15 - 8:00 pm	4:15 - 5:45 pm	6:00 - 8:00 pm	4:15 - 5:45 pm	Off	Off

	Mon, 9/5	Tue, 9/6	Wed, 9/7	Thur, 9/8	Fri, 9/9	Sat, 9/10
Green		5:15-6:15 pm		5:15-6:15 pm		8:00 - 9:00 am
White	Off	6:15 - 7:15 pm		6:15 - 7:15 pm		8:00 - 9:00 am
Red	Off	5:45 - 7:15 pm	5:45 - 7:15 pm	5:45 - 7:15 pm		Off
Blue	Off	4:15 - 5:45 pm	6:00 - 8:00 pm	4:15 - 5:45 pm	5:45 - 7:15 pm	Off

	Mon, 9/12	Tue, 9/13	Wed, 9/14	Thur, 9/15	Fri, 9/16	Sat, 9/17
Green		5:15-6:15 pm		5:15-6:15 pm		Intrasquad Meet
White	5:15 - 6:15 pm	6:15 - 7:15 pm		6:15 - 7:15pm		Intrasquad Meet
Red	5:45 - 7:15pm	5:45 - 7:15 pm	5:45 - 7:15 pm	5:45 - 7:15pm		Intrasquad Meet
Blue	6:15 - 8:00 pm	4:15 - 5:45 pm	6:00 - 8:00 pm	4:15 - 5:45pm	5:45 - 7:15 pm	Intrasquad Meet