



## SMS text message alerts

In the (unlikely) event that there are last minute practice changes, urgent communication, weather impacting the safety of our staff and swimmers, or other miscellaneous facility changes impacting practice- we will notify via email ASAP, but are also able to text you if your number is verified in your account.

**Please use the steps below to add your number and verify it to receive notifications via text:**

- Log in to Team unify: Click [HERE](#) to access the website
- Click on "My Account" on the right side of the screen, then "My account" again underneath the drop down
- Your information will pop up on the main page. Under the "Account" tab, add your phone number to the "SMS" box, along with your carrier/provider.
- Remember to hit save.
- Once saved, you will receive a text message from the service to verify your number. **You must verify for the process to be completed.**

**Please note: Text message notification will ONLY be used in last minute practice changes and urgent messages. These are not in place of weekly updates and emails sent to keep you informed on your athlete or the programming for the session.**