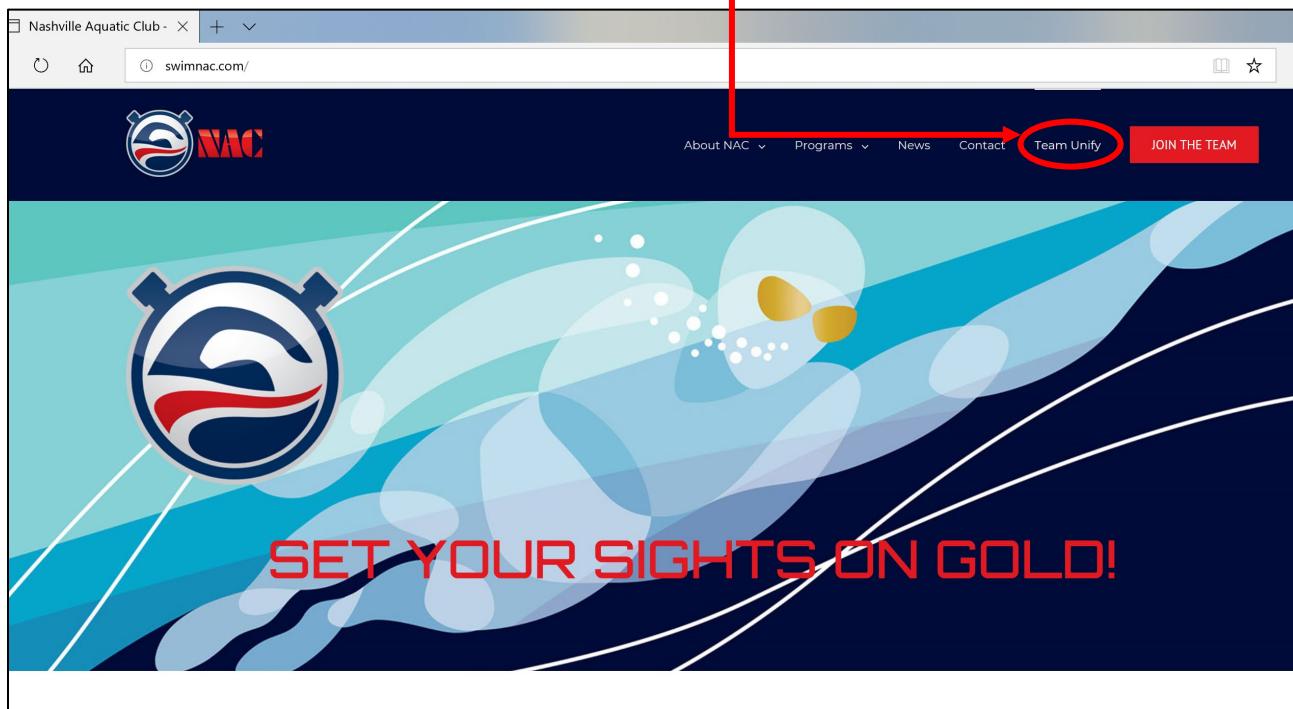


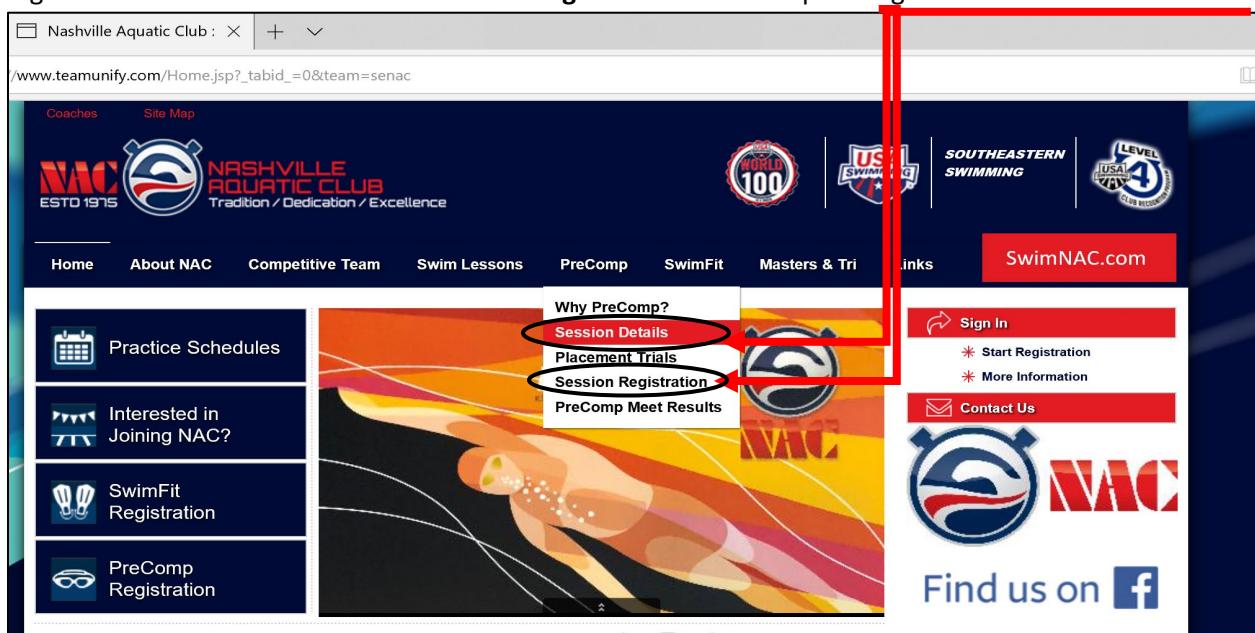


How to register for PreComp:

- 1) Go to www.SwimNAC.com > click "Team Unify" button on the top of the page



- 2) Once on the Team Unify homepage, you will run your mouse over the "PreComp" tab at the top of the page. On the drop down menu, you will hit "Session Details" to view current and past session registration information & links OR "Session registration" for the upcoming session information.



3) Once on the correct session page, you will hit the (very small grey button) “Register Online”. Please note- if you hit the red “Start Registration” button it will bring you to the competitive team registration. Hit the back button if you find yourself in the wrong place!

Nashville Aquati | Nashville Aquatic Club : X +

https://www.teamunify.com/EventShow.jsp?id=992972&team=senac

Coaches Site Map

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Home About NAC Competitive Team Swim Lessons PreComp **SwimF** Masters & Tri Links **SwimNAC.com**

Event

2019 Winter PreComp
Jan 6, 2019 - Mar 8, 2019
Registration Deadline March, 8 2019
Only For Billing Group(s) PreComp

Description

PreComp Description

PreComp a technique-based learn-to-swim program that utilizes the combined core principals of the SwimAmerica Program and the NAC Competitive Team. It is the ideal continuation of skill development for children who are currently enrolled in the SwimAmerica Program.

Instruction is geared toward the introduction of breaststroke and butterfly, alongside the further development of skills and strength in freestyle and backstroke. The goal is for swimmers to gain confidence, strength, and endurance through drills and kicking. PreComp will lay the foundation for

Register Online 

 **NAC**

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4) The next page should look like this: Please be sure that the correct session title is at the top of the page. Please also note the recommendation to use an updated version of Internet Explorer, Firefox or Safari. Phones and tablets may not allow you to “check out” at the end of registration.

Nashville Aquati | Nashville Aquatic Club : X + ↻

https://www.teamunify.com/MemRegStart.jsp?team=senac&event_id=992972

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WORLD 100 USA SWIMMING SOUTHEASTERN SWIMMING LEVEL 4

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2019 Winter PreComp

Open for Returning Members

11/24/18 - 3/8/19

Open for New Members

11/24/18 - 3/8/19

Date used to calculate Athlete's Age:

Today

Remaining Available Registrants:

Unlimited.

[View Groups](#)

*** We recommend using an updated version of Internet Explorer, Firefox, or Safari to register ***

Sign In

Start Registration

More Information

Contact Us

NAC

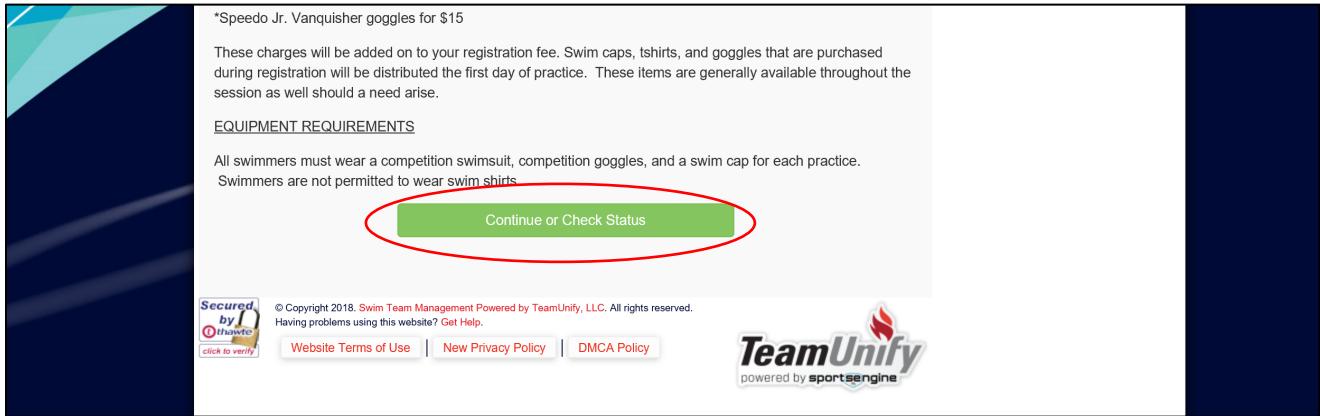
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NAC Team Sponsors

5) Scroll to the bottom of the page and hit “Continue or Check Status” to either create and account OR log in to your current account and complete the registration



Important

Please note: You will receive a receipt once your registration is complete. If you DO NOT receive a receipt via email, your registration is not complete.

-Registering for PreComp or SwimFit does **NOT** automatically cancel your child's payment with SwimAmerica. Please be sure to email Gwelyn Thomas at Gwelyn@SwimAmericaMidTN.org to cancel your lessons

-If this is your first athlete in PreComp, SwimFit or the Competitive team, your account will not be approved until the week leading up to the session when you will receive a Welcome email for your athlete's registered group. Until approved in Team Unify, you will not be able to log in to your account.

Questions? If you have any questions regarding the registration process, or the upcoming PreComp session, please contact Sarah Wharam at Speterson@SwimNAC.com