



Beginning May 28th, 2024

Group	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior 3	3-4:30p	7-9a & 3-4:30p	7-9a & 3-4:30p	7-9a & 3-4:30p	3-5p	7-9a & 3-4:30p	OFF
Senior 2	3-4:30p LC	7-9a LC & 3-4:30p SC	7-9a SC	7-9a LC & 3-4:30p LC	3-5p SC	7-9a LC	OFF
Senior 1	OFF	4:30-6p SC	4:30-6:30p LC	9-10:30a LC AND 4:30-6p SC	5-7p SC	4:30-6p LC	7-9a LC
RACE	OFF	7-8:15p	6:30-8p	7-8:15p	7-8:15p	OFF	9-10:30a