

COAST AQUATICS FALL TRAINING SCHEDULE 2025

DESTIN

Senior	Mon 330-600 pm & Wed 430-630 pm	Sat 7-9 am
Junior	Mon-Wed-Fri 400-600 pm	Sat 7-9 am
Age Group	Tue – Thu 4-530 pm	Sat 9-1030 am
Novice	Tue – Thu 4-5 pm	Sat 9-10 am

BERNIE

Senior	Tue & Thu 4-6 pm
Age Group	Mon – Wed – Fri 430-6 pm
Novice	Mon – Wed – Fri 5-6 pm

WOODLANDS

Junior	Mon – Fri 430 – 630 pm
Age Group	Mon – Wed – Fri 530-700 pm
Novice	Mon & Wed 5-6 pm & Fri 600-700 pm

HURLBURT

Junior	Tue & Thu 500 – 630 pm
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