

Chattanooga Invitational Long Course Meet

USA Swimming Swim Meet

June 3, 4 and 5, 2011

Sanction: Southeastern Swimming, Inc. of USA Swimming. Sanction Number: 11SCAC6-3TT

Course: 50 meters Long Course

Hosted by: Scenic City Aquatic Club, 423-634-7606, 205 Island Ave., Chattanooga, TN 37405

Location: Warner Park Pool, 1101 McCallie Avenue, Chattanooga, TN

Pool: Outdoor, 8-lane, 50 meter, 4-12' deep Non-turbulent lane ropes. Plenty of room for spectators and places to erect small tarpaulins for shade exist. We encourage you to provide ample shade for your swimmers, as it can be very hot in June. Pool house and restroom facilities are available. Ample parking exists at the west end of the pool. Overflow parking available. Bring chairs for seating

Timing: Fully automatic Daktronics timing system. Manual backup. Hytek Meet Management software. Immediate results upon request.

Officials: Meet Director: Cathy Forsthoffer

email - Forsthof@yahoo.com.

Meet Referee: Mark Arnold

Eligibility: All participants must be currently registered USA Swimming athletes. Any swimmer entered in the meet, unaccompanied by a USA member coach, must be certified by a USA member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Rules. The 2010 USA rules will govern the conduct of the meet unless noted otherwise herein. All events will be timed finals.

Age: The swimmer's age on the first day of the meet will determine his/her age for the entire meet.

Scoring & Awards: No team or individual scores will be kept.
Ribbons 1-8 for 12 and under events only.

Warm-up: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up procedure prior to the start of the meet warm-up. All swimmers and coaches attending this meet will follow this procedure.

Schedule: Session 1, Friday afternoon, warm-up 3:30 PM; Start 5:00 PM

Session 2, Saturday morning, warm-up 7:30 AM; events 9:00 AM

Session 3, Saturday afternoon, warm-up at the completion of Session 2
Start one hour after the completion of Session 2

Session 4, Sunday morning, warm-up 7:30 AM; Start 9:00 AM

Fees: Individual Events - \$4.00/event Late entry fee - \$5.00/event
Surcharge - \$3.00/swimmer - Southeastern LSC members
\$5.00/swimmer - out of LSC teams

Make checks payable to "Scenic City Aquatic Club". No refunds will be made.

Entry limits: Meet will be limited to 250 swimmers. Swimmers may enter a maximum of 4 events per day.

Entry: Computer Entry: Teams with Hytek Software may enter by email. Email entries
rdahlke1@bellsouth.net

Mail to: John Woods
205 Island Ave.
Chattanooga, TN 37405
Phone (423) 634-7606

Please complete Team Liability Waiver and Entry Recap.

Entry Deadline: Email entries or entry forms, summary sheets, entry fees and surcharges must be received on or before Friday **May 27, 2011**.

Enter Long Course Times.

Please make one check payable to the "Scenic City Aquatic Club." Late entries may be accepted at the discretion of the Meet Director. However, they will be accepted on a "lane available" basis and may not appear on the heat sheet.

Seeding: All events will be pre-seeded with the exception of all events 400 meters or longer.

Check in: Check in for 400 IM by 4:30 PM Friday June 3. For other deck seeded events, check in before the start of that session.

Special Notes: In accordance with Southeastern Swimming Guidelines, overhead starts, whistle starts, and the "no recall rule" will apply.

Current USA swimming officials please contact meet referee if you would like to help with this meet.

The Meet Referee reserves the right to combine heats and/or events in order to facilitate the conduct of the meet.

In the interest of safety, all coaches and swimmers are asked to observe all posted pool and facility rules, and conduct themselves in a safe and prudent manner.

All coaches must be currently certified to USA Swimming requirements.

Should there be any questions, meet officials will recognize coaches or their designated representative ONLY.

Schedule of Events

June 3, 4 and 5, 2011

Friday Afternoon, June 3, 2011 Session 1

Warm-up 3:30 PM			Start 5:00 PM
Girls	Age Group	Distance - Stroke	Boys
1	Senior	400 Individual Medley +	2
3	13-14	400 Individual Medley +	4
5	11-12	50 Breaststroke	6
7	10 & under	50 Breaststroke	8
9	Senior	200 Breaststroke	10
11	13-14	200 Breaststroke	12
13	11-12	50 Freestyle	14
15	10 & under	50 Freestyle	16
17	Senior	50 Freestyle	18
19	13-14	50 Freestyle	20
21	11-12	50 Backstroke	22
23	10 & under	50 Backstroke	24
25	Senior	200 Backstroke	26
27	13-14	200 Backstroke	28

Saturday Morning, June 4, 2011 Session 2

Warm-up 7:30 AM			Start 9:00 AM
29	13-14	200 Individual Medley	30
31	Senior	200 Individual Medley	32
33	13-14	100 Breaststroke	34
35	Senior	100 Breaststroke	36
37	13-14	100 Freestyle	38
39	Senior	100 Freestyle	40
41	13-14	200 Butterfly	42
43	Senior	200 Butterfly	44
10 minute break			
45	13-14	400 Freestyle +	46
47	Senior	400 Freestyle +	48

Saturday Afternoon, June 4, 2011 Session 3

Warm-up at the completion of Session 2 Start one hour after end of session 2

49	11-12	200 Individual Medley	50
51	10 & under	200 Individual Medley	52
53	11-12	100 Breaststroke	54
55	10 & under	100 Breaststroke	56
57	11-12	100 Freestyle	58
59	10 & under	100 Freestyle	60
61	11-12	50 Butterfly	62
63	10 & under	50 Butterfly	64

15 minute break

65	12 & under	400 Freestyle	66
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Sunday Morning, June 5, 2011 Session 4

Warm-up 7:30 AM

Start 9:00 AM

67	Senior	200 Freestyle	68
69	13-14	200 Freestyle	70
71	11-12	200 Freestyle	72
73	10 & under	200 Freestyle	74
75	Senior	100 Backstroke	76
77	13-14	100 Backstroke	78
79	11-12	100 Backstroke	80
81	10 & under	100 Backstroke	82
83	Senior	100 Butterfly	84
85	13-14	100 Butterfly	86
87	11-12	100 Butterfly	88
89	10 & under	100 Butterfly	90
91	Senior	800 Freestyle +	92

+ Deck seeded event

Entry limit 4 events per day

« « SAFETY » »

In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool and facility rules referred to in this meet information and to conduct themselves in a safe and prudent manner. The Scenic City Aquatic Club, the City of Chattanooga, and any meet sponsors are not responsible for any injury, damage, or loss of valuables during the meet. Pool depth at the shallow end is 48 inches. Coaches, please caution your swimmers about the water depth. Failure to adhere to posted park speed limits and parking signs may result in ticketing. No smoking or glass containers are allowed inside the pool fence.

Evaluations: Any comments, suggestions, or evaluations should be mailed to:
 John Woods – General Chairman Southeastern Swimming
 205 Island Ave. Chattanooga, TN 37405

**Chattanooga Invitational Long Course Meet
June 3, 4 and 5, 2011**

ENTRY FORM SUMMARY

TEAM
NAME: _____ **ABBRV:** _____

TEAM
ADDRESS: _____

TEAM COACH: _____ **TELEPHONE#:** _____

TEAM REP: _____ **TELEPHONE#:** _____

TOTAL NUMBER SWIMMERS _____ **X \$3.00 SE SURCHARGE = \$** _____
X \$5.00 out of LSC swimmers = \$ _____

TOTAL EVENTS ENTERED _____ **X \$4.00 Entry fee = \$** _____
TOTAL DUE = \$ _____

PLEASE LIST PARENTS ON YOUR TEAM WHO ARE USA OFFICIALS WHO WOULD LIKE TO WORK THIS MEET:

OFFICIALS NAME: _____ **PHONE #:** _____

OFFICIALS NAME: _____ **PHONE #:** _____

OFFICIALS NAME: _____ **PHONE #:** _____

OFFICIALS NAME: _____ **PHONE #:** _____

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Scenic City Aquatic Club, the City of Chattanooga, meet sponsors, Southeastern Swimming, Inc. and USA Swimming, Inc., their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

Any swimmer entered in the meet, unaccompanied by a USA member coach, must be a certified by a USA member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

SIGNATURE

DATE

TITLE

USA Swimming Registered Coaches Attending This Meet:

CONSOLIDATED ENTRY FORM
Times should be in LONG COURSE METERS

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						

SOUTHEASTERN LSC
INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____

Events to be swum: _____/_____/_____/_____/_____/_____/_____/_____
_____/_____/_____/_____/_____/_____/_____/_____

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf,
loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference,
assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during
Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and
tracking Swimmers attendance and performance. The Disability Chair welcomes any
feedback and or comments concerning your Meet experience.

Meet Director Email

Meet Referee Email

Disability Chair Email: walleybob@hotmail.com

Walter Smalley 901-486-1782