



McCallie / GPS Aquatics offers a stroke clinic each spring for any swimmers age 7-12, who wish to fine-tune their strokes to get ready for a summer swim season, league or just for fun. Swimmers should have swum on a summer league team or a year-round team to join this stroke technique refresher.

Swimmers should be able to swim 25 Free with side breathing & 25 Back, know the concept of breast stroke and Butterfly, get feedback, and repeat for the length of practice

Please register for the clinic by:

Going to www.mccgpsaquatics.com

clicking start registration or JOIN (Opens April 1st)

Select 2024 Spring Clinic as the registration group.

The \$125 charge will be paid online (\$115 for 2nd or more swimmer).

The 2024 clinic will be **Monday** and **Thursday for 3 weeks starting April 29**

WHEN: April 29 - May 16, 2024 – 5:00 – 6:00 pm (6 classes)

WHERE: McCallie School

Cost: \$125 for 1st swimmer /\$115 each after the 1st swimmer

Coaches: Caroline Bentley, Stan Corcoran, Zane Hamilton, Kyle Berry, Kendall Southerland – Additional McCallie GPS Aquatics Staff will be substitute coaches.

The staff all work with McCallie GPS Aquatics. Coach Corcoran and Coach Hamilton are the coaches of the State Championship McCallie High School Swim Team.

Limited Space: Only around 40 spots available for the clinic.

If you have any questions or wish to register your athlete/swimmer for the clinic, please contact **Roger Dahlke** at rdahlke1@bellsouth.net

Sponsored by Front Runner Athletics – Hixson Pike