

AMERICAN RED CROSS LIFEGUARDING COURSE

WHEN:	CLASS 1 – February 15 – February 24 – 26 & March 3 - 4 CLASS 2 – March 8 – March 17 - 19 & 24, 25 CLASS 3 – March 22 – April 14 - 16 & 21, 23
WHERE:	The McCallie School Sports and Activities Center
COST:	\$270 per person, (\$170 non-refundable deposit required)
CERTIFICATION:	Lifeguarding, Professional Rescuers CPR, AED and First Aid
CLASS SIZE:	9 people per class
AGE REQUIREMENT:	15 years of age by the end of class
ID:	Please bring proof of age ID

WATER TEST: You must be able to swim 300 yards without stopping using freestyle with rotary breathing and good head position and breaststroke with a proper kick; swim 20 yards, pick up a 10 lb. brick from 7 ft. depth and bring the brick back to start in 1:40; tread water for 2 minutes without using your hands. These will be done at the first class. Be ready! IF YOU FAIL THE SWIM TEST WE WILL KEEP YOUR DEPOSIT. If you are not sure you can pass the swim test you are welcome to come by and do a swim test before signing up for the class.

The first class is a Wednesday from 6 to 7:30 p.m. This is for the swim test and other class info
The course will meet on a Fridays, Saturdays and Sundays.
Participants are required to attend ALL CLASS MEETINGS (NO EXCEPTIONS).
Friday sessions are at 5 to 9 p.m. / Saturday sessions are 1:30 p.m. to 6 p.m.
Sunday sessions are 10 a.m. – 4 p.m.

You will have to do 7 hours of online course work BEFORE the class starts. The class is at the Red Cross Learning Center. You use your email address to access and launch the class. If you have never done a Red Cross Class you will have to create a password. It is at redcrosslearningcenter.org.

A \$170 non-refundable deposit is required to reserve a spot in the class. If you fail the swim test or miss any classes you will lose your deposit. If you fail the swim test you may move to the next class if there is room. Please mail me a check to McCallie School made out to McCallie School, 500 Dodds Ave., Chattanooga, TN 37404. Put it to attention Stan Corcoran. You will be enrolled as soon as we receive the check. McCallie students can be billed for the class through the school.

FOR QUESTIONS AND TO PRE-REGISTER
EMAIL STAN CORCORAN AT CORCORAN@MCCALLIE.ORG

Program info can also be found at mccgpsaquatics.com