

# ***STREAMLINE AQUATIC CLUB***

## NEW MEMBER TRYOUT FORM

Parents' Names:

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Email and Phone Number:

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Swimmer's Name and Age:

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Previous Swim Team Experience: (if none leave blank)

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Do you want your swimmer to compete? (coaches' discretion)

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What team is your swimmer trying out for? (Coaches will place swimmers after try-outs)

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Techniques (10&under)	Developing correct technique for all 4 strokes, first time swimmers learn to love the sport
Challengers (all ages)	Improving technique and build endurance, speed, and racing skills
Competition I	Integrating dryland and body strengthening, improving meet performances, setting time goals
Competition II	Dedicating to a training regimen for experienced swimmers who aim to make SEC
Middle/Highschool Training	Correcting technique, improving racing skills, dryland training, for swimmers who would like to make regionals and state time standards

***\*PLEASE bring swimsuit, towel, goggles (no scuba masks), sports beverage or water, and swim cap (optional) to tryout!***

