

Southeastern Swimming Championships

2013 Long Course Meter Qualification Standards

BOYS					GIRLS			
10 & U	11-12	13-14	Senior	Event	Senior	13-14	11-12	10 & U
FREESTYLE								
:38.99	:33.29	:28.49	:26.79	50	:29.99	:29.99	:33.19	:38.09
1:27.39	1:13.89	1:02.89	:58.69	100	1:05.09	1:05.79	1:12.09	1:25.89
3:08.29	2:41.29	2:18.89	2:06.09	200	2:20.59	2:23.59	2:38.09	3:08.79
6:52.69	5:27.49	4:46.99	4:27.89	400	4:53.39	5:03.89	5:30.59	6:08.59
	5:27.49	9:59.59	9:31.19	800	9:57.49	10:07.79	5:30.59	
		18:51.19	18:17.39	1500	18:53.29	19:53.19		
BACKSTROKE								
:46.99	:40.59			50			:39.49	:45.49
1:40.99	1:26.89	1:14.29	1:08.19	100	1:16.39	1:16.49	1:25.69	1:40.39
		2:40.09	2:30.19	200	2:42.59	2:42.89		
BREASTSTROKE								
:54.89	:46.59			50			:44.99	:51.69
1:57.99	1:40.89	1:26.09	1:18.99	100	1:28.69	1:28.79	1:38.29	1:52.09
		3:07.29	2:55.19	200	3:11.59	3:11.59		
BUTTERFLY								
:46.19	:37.99			50			:36.79	:44.29
1:50.79	1:28.09	1:11.99	1:04.69	100	1:12.89	1:15.49	1:25.89	1:46.49
		2:44.99	2:35.99	200	2:50.19	2:50.89		
INDIVIDUAL MEDLEY								
3:39.39	3:02.19	2:34.99	2:25.49	200	2:40.49	2:43.49	2:57.79	3:17.69
		5:28.09	5:16.99	400	5:43.79	5:46.49		

