

Southeastern Swimming Championships

2014 Long Course Meter Qualification Standards

BOYS					GIRLS			
10 & U	11-12	13-14	Senior	Event	Senior	13-14	11-12	10 & U
FREESTYLE								
:37.89	:33.29	:28.49	:26.69	50	:29.89	:29.89	:31.89	:37.49
1:25.29	1:13.89	1:02.09	:57.69	100	1:04.29	1:04.99	1:11.49	1:23.19
3:01.69	2:41.29	2:16.09	2:04.49	200	2:18.79	2:20.59	2:32.49	2:58.69
6:35.49	5:27.49	4:46.99	4:27.89	400	4:51.89	4:54.79	5:29.89	6:08.59
	5:27.49	9:59.59	9:10.99	800	9:57.49	10:07.79	5:29.89	
		18:51.19	18:17.39	1500	18:53.29	19:53.19		
BACKSTROKE								
:46.69	:40.59			50			:38.09	:44.79
1:40.99	1:26.89	1:13.39	1:07.79	100	1:14.19	1:15.89	1:21.59	1:35.69
		2:37.89	2:26.69	200	2:40.39	2:42.79		
BREASTSTROKE								
:54.29	:46.59			50			:43.89	:51.69
1:57.99	1:40.89	1:26.09	1:18.09	100	1:28.69	1:28.69	1:37.19	1:52.09
		3:07.29	2:50.79	200	3:11.59	3:11.59		
BUTTERFLY								
:46.19	:37.99			50			:35.39	:44.29
1:50.79	1:28.09	1:11.99	1:03.79	100	1:12.89	1:14.19	1:23.39	1:46.49
		2:44.99	2:29.99	200	2:50.19	2:50.89		
INDIVIDUAL MEDLEY								
3:33.79	3:02.19	2:34.99	2:23.99	200	2:38.69	2:40.89	2:55.59	3:17.69
		5:28.09	5:16.99	400	5:43.79	5:46.49		

