



Southeastern Swimming Championships

2016 Short Course Yard Qualification Standards

Girls		10 & Under	Boys	
Bonus	Automatic		Automatic	Bonus
:32.49	:31.79	50 Freestyle	:32.39	:33.09
1:12.29	1:10.79	100 Freestyle	1:12.09	1:13.59
2:40.09	2:36.89	200 Freestyle	2:38.29	2:41.49
6:57.39	6:49.19	500 Freestyle	6:54.69	7:02.99
:38.29	:37.49	50 Backstroke	:38.39	:39.19
1:22.69	1:20.99	100 Backstroke	1:22.79	1:24.49
:43.89	:42.99	50 Breaststroke	:44.39	:45.29
1:36.09	1:34.19	100 Breaststroke	1:38.29	1:40.29
:37.39	:36.59	50 Butterfly	:37.59	:38.39
1:28.89	1:27.09	100 Butterfly	1:31.09	1:32.99
1:22.99	1:21.29	100 Individual Medley	1:22.19	1:23.89
3:01.99	2:58.39	200 Individual Medley	3:00.89	3:04.59

Girls		11 & 12	Boys	
Bonus	Automatic		Automatic	Bonus
:28.49	:27.89	50 Freestyle	:28.09	:28.69
1:01.59	1:00.29	100 Freestyle	1:02.29	1:03.59
2:14.19	2:11.49	200 Freestyle	2:16.89	2:19.69
5:56.19	5:49.19	500 Freestyle	5:58.99	6:06.19
:33.19	:32.49	50 Backstroke	:33.09	:33.79
1:11.09	1:09.69	100 Backstroke	1:11.99	1:13.49
:36.79	:35.99	50 Breaststroke	:37.79	:38.59
1:20.89	1:19.29	100 Breaststroke	1:23.59	1:25.29
:31.19	:30.49	50 Butterfly	:31.29	:31.99
1:10.69	1:09.29	100 Butterfly	1:11.39	1:12.89
1:10.59	1:09.19	100 Individual Medley	1:11.59	1:13.09
2:31.99	2:28.99	200 Individual Medley	2:33.99	2:37.09

Girls		13 & 14	Boys	
Bonus	Automatic		Automatic	Bonus
:27.09	:26.49	50 Freestyle	:24.79	:25.29
:58.39	:57.19	100 Freestyle	:54.39	:55.49
2:06.39	2:03.89	200 Freestyle	1:59.29	2:01.69
5:40.99	5:34.29	500 Freestyle	5:18.39	5:24.79
11:43.79	11:29.99	1000 Freestyle	11:29.79	11:43.59
20:25.59	20:01.49	1650 Freestyle	19:29.49	19:52.89
1:06.49	1:05.19	100 Backstroke	1:03.59	1:04.89
2:23.69	2:20.79	200 Backstroke	2:16.69	2:19.49
1:17.29	1:15.69	100 Breaststroke	1:11.49	1:12.99
2:46.79	2:43.49	200 Breaststroke	2:37.59	2:40.79
1:05.89	1:04.59	100 Butterfly	1:02.99	1:04.29
2:32.99	2:29.99	200 Butterfly	2:27.49	2:30.49
2:23.99	2:21.09	200 Individual Medley	2:15.89	2:18.69
5:09.09	5:02.99	400 Individual Medley	4:48.59	4:54.39

Girls		15 & Over	Boys	
Bonus	Automatic		Automatic	Bonus
:26.39	:25.79	50 Freestyle	:22.79	:23.29
:57.09	:55.89	100 Freestyle	:49.89	:50.89
2:01.49	1:59.09	200 Freestyle	1:48.49	1:50.69
5:30.49	5:23.99	500 Freestyle	4:53.09	4:58.99
11:24.29	11:10.79	1000 Freestyle	10:37.29	10:50.09
20:11.99	19:48.19	1650 Freestyle	17:37.39	17:58.59
1:03.69	1:02.39	100 Backstroke	:56.49	:57.69
2:19.19	2:16.39	200 Backstroke	2:02.29	2:04.79
1:13.39	1:11.89	100 Breaststroke	1:04.19	1:05.49
2:39.49	2:36.29	200 Breaststroke	2:21.89	2:24.79
1:02.79	1:01.49	100 Butterfly	:54.89	:55.99
2:19.69	2:16.89	200 Butterfly	2:03.49	2:05.99
2:19.69	2:16.89	200 Individual Medley	2:03.09	2:05.59
4:53.49	4:47.69	400 Individual Medley	4:23.49	4:28.79

13 & Over 1650 Freestyle may qualify using the 1000 or 1650 Standard