

MTHSSA Time Standards: 2024-2025

Boys				Event	Girls			
Region SCY	Region SCM	State SCY	State SCM		Region Q	Region SCM	State Q	State SCM
N/A	N/A	N/A	N/A	200 Med Relay	N/A	N/A	N/A	N/A
2:19.99	2:35.19	1:54.49	2:06.89	200 Free	2:34.99	2:51.79	2:08.09	2:21.99
2:44.99	3:03.39	2:10.39	2:24.89	200 IM	2:54.99	3:14.29	2:28.19	2:44.49
26.49	29.59	23.39	26.19	50 Free	29.99	33.59	26.39	29.49
1:16.99	1:25.79	56.99	1:03.49	100 Fly	1:24.99	1:34.49	1:05.39	1:12.89
1:01.99	1:08.89	51.29	56.99	100 Free	1:07.99	1:15.69	57.69	1:04.19
6:19.99	5:33.69 (400)	5:19.29	4:40.39 (400)	500 Free	6:39.99	5:50.89 (400)	5:55.59	5:11.99
N/A	N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A	N/A
1:14.99	1:23.39	59.49	1:06.09	100 Back	1:18.99	1:27.79	1:04.69	1:11.89
1:20.49	1:29.39	1:05.39	1:12.59	100 Breast	1:29.99	1:40.09	1:15.69	1:24.19
N/A	N/A	N/A	N/A	400 Free Relay	N/A	N/A	N/A	N/A

SCY = short course yards (25-yard pools) SCM = short course meters (25-meter pool)