



## Christmas Week Practice Schedule December 22nd-27th

### **Monday, December 22nd**

Senior & Senior Development - 7:00-9:00 am ECVHS  
Gold - 8:00-10:00 am ECVHS  
Silver - 8:00-9:30 am ECVHS  
Junior Gold & Junior Silver - 8:45-10:00 am ECVHS  
Masters - 5:15-6:30 am Grossmont

### **Tuesday, December 23rd**

Senior & Senior Development - 7:00-9:00 am ECVHS  
Gold - 8:00-10:00 am ECVHS  
Silver & Junior Gold - 8:30-10:00 am ECVHS  
Junior Silver - 8:30-9:45 am ECVHS  
Masters - 5:15-6:30 am Grossmont

### **Wednesday, December 24th**

No Practice

### **Thursday, December 25th**

No Practice

### **Friday, December 26th**

No Practice

### **Saturday, December 27th**

Senior, Senior Development, & Gold - 8:00-10:00 am ECVHS  
Junior Gold - 8:00-9:30 am  
Masters - 7:45-9:00 am ECVHS

\*Please note practice times are subject to change and are dependent on any pool technical difficulties or other extenuating circumstances.



## New Years Week Practice Schedule December 29th-January 3rd

### **Monday, December 29th**

Senior & Senior Development - 4:45-7:00 pm ECVHS  
Gold - 4:45-7:00 pm ECVHS  
Silver & Junior Gold - 4:00-5:30 pm ECVHS  
Junior Silver - 4:00-5:15 pm ECVHS  
Masters - 5:15-6:30 am Grossmont

### **Tuesday, December 30th**

Senior & Senior Development - 4:45-7:00 pm ECVHS  
Gold - 4:45-7:00 pm ECVHS  
Silver & Junior Gold - 4:00-5:30 pm ECVHS  
Junior Silver - 4:00-5:15 pm ECVHS  
Masters - 5:15-6:30 am Grossmont

### **Wednesday, December 31st**

No Practice

### **Thursday, January 1st**

No Practice

### **Friday, January 2nd**

Senior & Senior Development - 4:45-7:00 pm ECVHS  
Gold - 4:45-7:00 pm ECVHS  
Silver & Junior Gold - 4:00-5:30 pm ECVHS  
Junior Silver - 4:00-5:15 pm ECVHS  
Masters - 5:15-6:30 am Grossmont

### **Saturday, January 3rd**

Senior, Senior Development, & Gold - 8:00-10:00 am ECVHS  
Junior Gold - 8:00-9:30 am  
Masters - 7:45-9:00 am ECVHS