



Upcoming Events

- 5/4-14&U NTS Meet @ Fallbrook
5/7-Deadline to register for 11&Over NTS Meet @ SBA
5/12-Deadline to register for Canyons Red, White & Blue Memorial Day Classic Travel Meet @ Santa Clarita
5/17-11&Over NTS Meet @ SBA (*if not attending Santa Clarita Meet*)
5/23-Canyons Red, White & Blue Memorial Day Classic Travel Meet @ Santa Clarita
5/31- 14&U HSA Rising Stars #1 Meet-HSA HOSTED @ West Hills HS



Baysil B.
Patrick G.
Penelope M.
Gordon N.
Aydin N.
Faith P.
David P.



Greetings HSA Families!

HAPPY MOTHER'S DAY

"ONE TEAM, ONE HEART..." Be sure and promote it, use it, say it and be proud of it! Use it on social media with the #oneteamoneheart!

Wishing our TEAM moms of ALL kinds, a VERY Happy Mother's Day! Thank you for ALL that you do!

Our TEAM will be hosting a 14 & Under Rising Stars meet on May 31st at West Hills HS. Be on the lookout for VOLUNTEER JOB SIGNUP coming soon! We need ALL hands on deck to make this a successful meet!

TRAVEL MEET to Santa Clarita during Memorial Day weekend! Be sure and sign up because it looks to be a fun adventure for our TEAM!

HSA SUMMER LEAGUE 2025 Registration is **NOW OPEN!** Be sure and spread the word to your friends and family!

If you have information that you'd like to contribute to the newsletter, please email hsainfo@heartlandswim.org.

Swim Article of the Month

Swim Mom Musings



Quote of the Month:

"Whether you think you can or you can't, you're right."
—Henry Ford