



Summer Practice Schedule

Starts June 2nd

Group	Days	Time	Location
Junior Silver	Mon-Thur	4:00-5:15	El Cajon Valley High
Junior Gold	Mon-Thur	4:00-5:30 pm	El Cajon Valley High
	Sat	8:00-9:30 am	El Cajon Valley High
Silver	Mon-Thur	4:00-5:30 pm	El Cajon Valley High
	Fri	5:15-6:45 pm	El Cajon Valley High
Gold	Mon/Wed	5:15-7:00 pm	El Cajon Valley High
	Tues/Thur	7:00-8:30 pm	Granite Hills High
	Fri	4:30-6:30 pm	El Cajon Valley High
	Sat	8:00-10:00 am	El Cajon Valley High
Senior Development	Mon/Wed	5:15-7:15 pm	El Cajon Valley High
	Tue/Thur	7:00-8:30 pm	Granite Hills High
	Fri	4:30-6:30	El Cajon Valley High
	Sat (optional)	8:00-10:00 am	El Cajon Valley High
Senior	Mon/Wed	5:15-7:15 pm	El Cajon Valley High
	Tue/Thur	7:00-8:30 pm	Granite Hills High
	Fri	4:30-6:30	El Cajon Valley High
	Sat	8:00-10:00 am	El Cajon Valley High
Masters	Mon/Wed/Fri	5:00-6:15 am	Grossmont High
	Sat	7:45-9:00 am	El Cajon High

- All times subject to change. Communication will be sent out should any changes be warranted.