## **Renegade Aquatics**

Renegade Aquatics (the 'Club') recognizes the prevalence of electronic communication and social media in today's world. Many of our swimmers use these means as their primary methods of communication. While the Club acknowledges the value of these methods of communication, the Club also realizes that there are associated risks that must be considered when adults use these methods to communicate with minors.

All communication between a coach (or other adult) and an athlete must be professional in nature and for the purpose of communicating information about team activities. The content and intent of all electronic communication must adhere to the USA Swimming Code of Conduct.

With respect to electronic communication, coaches should implement the following principles:

- Likewise, a coach should reject any friend request from their athletes.
- Coaches are not permitted to private message or instant message (IM, Skype) with any of their athletes.
- If the club has social media pages created, athletes and their parents can 'friend' the club for information and updates on team-related activities.
- Texting and email between coach and athletes should occur only between 7:00am and 9:00pm, and shall only be for the purpose of communicating information directly related to team activities.

The parents or guardians of an athlete may request in writing that their child not be contacted by coaches through any form of electronic communication.