



SMAC TALK

JANUARY 2024

NEW YEAR, MORE SMAC!

We had a lot happen in 2023, but we are beyond excited to see what 2024 has in store for all of your swimmers!

NEWS AND REMINDERS

Snowky Mountain Invite: SMAC hosted our second meet of the season and had 4 other teams attend. It went amazingly well and we had a lot of first time swim meet swimmers including: Whitney Schreiber (9), Savannah Schreiber (15), Ben Mills (5), Josie Mills (7), and Not Coach Dan McGuire (32). In November, we also had a lot of first timers including: Clay Garrett (6), Tucker Garrett (8), Emma Jimenez (9), Shane Lewis (6), Millie Nicholson (7), and Ashtyn Plummer (11). We look forward to seeing what these swimmers are capable of in 2024!

Renewing USA Swimming

Membership: If you have not done so already, please ensure that you have renewed your USA membership for 2024. We sent those that had expired an email, so please renew ASAP so that SMAC is covered in the water!

Swim Meet Attendance: Please take a look at the swim meet schedule online and mark off the swim meet dates pertaining to the group your swimmer is in. We have had a lot more swimmers attending meets, but would love for the number to keep increasing, especially

with our travel meets. We do try to keep them within a 1.5-2 hour drive, but it is a great experience for all swimmers to make the trip whenever possible! A lot of friendships are formed and the team camaraderie grows at meets!

Intrasquad Meets: In 2024, we will be introducing some “intrasquad meets” on Saturday mornings at the rec center that will not be sanctioned, but will allow for our younger swimmers to get a feel for the swim meet structure in a fun and stress free environment with only their teammates around. Stay tuned for more info on these!

“It’s SMAC Time” T-shirt Pick Up:

If you ordered the “It’s SMAC Time” shirt and have not picked up and paid for your order, please see a coach or board member on deck to pick up. We still have a few left!

JANUARY KEY DATES:

Thursday, 1/11: HS Swim meet.

Bronze/Silver CANCELED. Gold/Gold Elite- 3:30-4:30pm

Monday, 1/15: MLK Jr Day. Rec Center Closed. ALL PRACTICES CANCELED

Saturday, 1/20: HS Conference Meet. OPTIONAL CLINIC CANCELED. Gold Elite practice as normally scheduled.

Saturday, 1-27-Sunday, 1/28: TEAM TYR Western Open in Charlotte, NC



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ATHLETE SPOTLIGHT



Stone Doppke

This month, our athlete in the spotlight is Stone Doppke. Stone is a Senior and swims with Gold Elite. He also swims for Smoky Mountain High School and has had an insane amount of best times so far this season!

Favorite Food: Grapes

Favorite Color: Red

Favorite Activity Out of the Pool:

Hanging out with friends

Favorite Swim Event: 200 Free

Favorite SMAC Memory: Letting PRs rain from the sky at the Greensboro meet

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