

GIRLS 13-14		DEVELOPMENT STANDARDS		
EVENT		LCM	SCM	SCY
50 Free		00:31.49	00:30.67	00:27.64
100 Free		01:09.33	01:07.73	01:01.01
200 Free		02:31.78	02:28.58	02:13.85
400 Free		05:26.27	05:19.76	06:05.57
800/1000		11:00.74	10:47.86	12:20.32
1500/1650		20:49.53	20:25.17	23:20.03
50 Back		N/A	N/A	N/A
100 Back		01:19.64	01:18.43	01:10.66
200 Back		02:54.82	02:52.37	02:35.28
50 Brst		N/A	N/A	N/A
100 Brst		01:27.97	01:25.96	01:17.45
200 Brst		03:13.96	03:09.96	02:51.13
50 Fly		N/A	N/A	N/A
100 Fly		01:15.04	01:13.64	01:06.34
200 Fly		02:58.29	02:55.36	02:37.98
200 IM		02:56.85	02:53.63	02:36.42
400 IM		06:14.51	06:08.02	05:31.55

GIRLS 15-17		DEVELOPMENT STANDARDS		
EVENT		LCM	SCM	SCY
50 Free		00:30.49	00:29.67	00:26.73
100 Free		01:08.30	01:06.71	01:00.10
200 Free		02:28.72	02:25.50	02:11.08
400 Free		05:15.48	05:09.02	05:53.47
800/1000		10:45.34	10:32.43	12:03.06
1500/1650		20:17.79	19:53.43	22:44.46
50 Back		N/A	N/A	N/A
100 Back		01:17.64	01:16.43	01:08.86
200 Back		02:49.01	02:46.59	02:30.08
50 Brst		N/A	N/A	N/A
100 Brst		01:28.81	01:26.79	01:18.19
200 Brst		03:09.93	03:05.93	02:47.51
50 Fly		N/A	N/A	N/A
100 Fly		01:15.40	01:14.00	01:06.66
200 Fly		02:52.24	02:49.33	02:32.55
200 IM		02:48.87	02:45.65	02:29.23
400 IM		06:00.12	05:53.71	05:18.66

GIRLS 9-10		DEVELOPMENT STANDARDS		
EVENT		LCM	SCM	SCY
50 Free		00:36.42	00:35.19	00:31.95
100 Free		01:21.34	01:17.92	01:10.74
200 Free		02:56.63	02:52.13	02:34.92
400 Free		06:04.56	05:59.83	05:28.26
800/1000		N/A	N/A	N/A
50 Back		00:43.32	00:41.71	00:37.23
100 Back		01:33.84	01:29.90	01:21.62
200 Back		N/A	N/A	N/A
50 Brst		00:48.81	00:46.23	00:41.27
100 Brst		01:45.41	01:41.84	01:32.01
200 Brst		N/A	N/A	N/A
50 Fly		00:41.73	00:40.72	00:36.05
100 Fly		01:36.49	01:34.23	01:25.19
200 Fly		N/A	N/A	N/A
200 IM		03:12.72	03:08.49	02:51.59
400 IM		N/A	N/A	N/A

GIRLS 11-12		DEVELOPMENT STANDARDS		
EVENT		LCM	SCM	SCY
50 Free		00:33.64	00:33.18	00:29.58
100 Free		01:10.40	01:09.63	01:02.72
200 Free		02:35.37	02:32.78	02:17.64
400 Free		05:28.26	05:22.53	06:08.57
800/1000		N/A	N/A	N/A
50 Back		00:39.01	00:38.41	00:34.60
100 Back		01:25.95	01:24.77	01:16.36
200 Back		03:06.60	03:04.23	02:45.96
50 Brst		00:43.25	00:42.27	00:38.07
100 Brst		01:37.37	01:35.39	01:25.93
200 Brst		03:30.87	03:26.86	03:06.36
50 Fly		00:36.39	00:35.67	00:32.15
100 Fly		01:22.17	01:20.76	01:12.76
200 Fly		03:15.03	03:12.15	02:53.11
200 IM		03:04.27	03:01.07	02:43.12
400 IM		06:39.86	06:33.46	05:54.47

BOYS 13-14		DEVELOPMENT STANDARDS		
EVENT		LCM	SCM	SCY
50 Free		00:29.40	00:28.58	00:25.75
100 Free		01:04.59	01:02.99	00:56.74
200 Free		02:21.85	02:18.65	02:04.91
400 Free		05:04.57	04:58.15	05:41.24
800/1000		10:33.80	10:21.17	10:21.37
1500/1650		20:05.47	19:41.46	19:41.84
50 Back		N/A	N/A	N/A
100 Back		01:14.51	01:13.30	01:06.04
200 Back		02:42.54	02:40.13	02:24.26
50 Brst		N/A	N/A	N/A
100 Brst		01:22.73	01:20.73	01:12.72
200 Brst		02:59.72	02:55.72	02:38.31
50 Fly		N/A	N/A	N/A
100 Fly		01:10.02	01:08.61	01:01.82
200 Fly		02:40.66	02:37.85	02:22.21
200 IM		02:42.65	02:39.45	02:23.65
400 IM		05:48.69	05:42.29	05:08.36

BOYS 15-17		DEVELOPMENT STANDARDS		
EVENT		LCM	SCM	SCY
50 Free		00:27.19	00:26.40	00:23.77
100 Free		01:00.32	00:58.70	00:52.89
200 Free		02:12.92	02:09.71	01:56.86
400 Free		04:46.76	04:40.35	05:21.29
800/1000		10:13.97	10:01.25	10:01.93
1500/1650		19:19.16	18:55.14	18:56.43
50 Back		N/A	N/A	N/A
100 Back		01:09.08	01:07.87	01:01.15
200 Back		02:31.99	02:29.58	02:14.75
50 Brst		N/A	N/A	N/A
100 Brst		01:16.79	01:14.78	01:07.38
200 Brst		02:46.12	02:42.11	02:26.04
50 Fly		N/A	N/A	N/A
100 Fly		01:04.56	01:03.17	00:56.90
200 Fly		02:30.10	02:27.29	02:12.70
200 IM		02:26.88	02:23.74	02:09.50
400 IM		05:21.89	05:15.47	04:44.21

BOYS		DEVELOPMENT STANDARDS		
9-10		LCM	SCM	SCY
EVENT				
50 Free		00:35.70	00:35.70	00:31.48
100 Free		01:18.36	01:18.36	01:10.52
200 Free		02:53.36	02:53.36	02:32.87
400 Free		06:01.41	05:54.71	05:29.62
1500/1650		N/A	N/A	N/A
50 Back		00:43.89	00:41.98	00:37.40
100 Back		01:32.65	01:29.63	01:21.87
200 Back		N/A	N/A	N/A
50 Brst		00:49.21	00:46.27	00:41.22
100 Brst		01:45.60	01:39.06	01:30.65
200 Brst		N/A	N/A	N/A
50 Fly		00:41.25	00:40.54	00:34.55
100 Fly		01:36.15	01:34.18	01:16.45
200 Fly		N/A	N/A	N/A
200 IM		03:19.46	03:14.92	02:55.88
400 IM		N/A	N/A	N/A

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BOYS		DEVELOPMENT STANDARDS		
11-12		LCM	SCM	SCY
EVENT				
50 Free		00:32.15	00:31.34	00:28.24
100 Free		01:10.58	01:08.99	01:02.14
200 Free		02:36.16	02:32.97	02:17.81
400 Free		05:31.59	05:25.20	06:11.52
1500/1650		N/A	N/A	N/A
50 Back		00:37.82	00:37.11	00:33.52
100 Back		01:25.39	01:24.17	01:15.82
200 Back		03:03.08	03:00.68	02:42.77
50 Brst		00:41.68	00:40.68	00:36.64
100 Brst		01:32.61	01:30.54	01:21.58
200 Brst		03:13.31	03:09.27	02:50.52
50 Fly		00:34.93	00:34.21	00:30.83
100 Fly		01:18.09	01:16.68	01:09.09
200 Fly		02:59.67	02:56.79	02:39.27
200 IM		02:59.68	02:56.48	02:38.99
400 IM		06:25.33	06:18.90	05:41.35