

# Life Time Arden 2024 Bill Rose Classic Championship Recap

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# Cooper

Cooper has a busy meet as he raced in 6 individual events, and 4 relays. He picked up 5 best times, made 2 Finals and earned 1 new Sectionals cut!

#### Teagan

Teagan had a great meet racing in 7 individual events and all 5 relays. She made Finals in the 50/100 Free, placing 4<sup>th</sup> in both events. She also beat her own Team Record in the 400 Free!





#### Kate

Kate raced in 6 individuals and 4 relays, bettering her seed in 2 races: 50 Free and 200 Free. Her top contribution was her leg in the 800 Free Relay where LIFE finished 4th, scoring 10 points.

#### Sana

Sana raced in 1 individual and 2 relays this year. Her individual race was the 200 Free where she demolished her best time by 8 seconds!

#### Blake

Blake had a fantastic meet scoring 100% best times in his 7

individual races. He made 3 Finals with his top placing being 4<sup>th</sup> in the 800 Free!



#### Sam

Sam went best times in 4 of her 5 individual races and also participated in 4 relays. Her largest drop was a 7 second drop in the 200 Breast where she moved up 8 seeds to finish 17<sup>th</sup>!



#### Leah

Leah's first Championship meet was a success. She qualified in 2 races and led off the 200 Medley Relay team that finished in 6<sup>th</sup>



#### Sabrina

Sabrina set 3/3 best times this weekend and also raced in 4 relays. Her top finish was as 1<sup>st</sup> alternate in the 50 Free!

# Katarina

Katarina is still just 9 but raced a full schedule of 7 events. She also raced in 2 relays with her top individual finish being 13<sup>th</sup> in the 100 Back!



#### **Ethan**

Ethan just turned 10 before the meet and left with 3 best times. Both of his relays scored and his

top finish was 7<sup>th</sup> in the 50 Breast – his first Finals appearance in USA!



#### Kyle

Kyle brought the boom all weekend for Life Time! He raced 16 times total, racing in 4 finals. His top finishes were 5<sup>th</sup> in the 400 IM and 5<sup>th</sup> in the 50 Free where he earned his first-ever Sectionals cut!!

#### Lilla

Lilla had a terrific meet, racing 18 times total, winning 3 events (100 Fly, 100 Free, 50 Free), earning 1 new Sectional Cut (100 Fly) and her first-ever Futures cut in the 50 Free! She finished 2<sup>nd</sup> Place High Point and broke Team Records in the 100 and 800 Free.



# Lily H.

Lily H. raced in 4 individual and 3 relays. Her top contribution was

her freestyle leg in the 400 Medley Relay where her team finished 10<sup>th</sup> overall.

# **Kenny**

Kenny raced in 2 individual and 2 relay races at his first Championship meet. He swam a best time in his 100 Free and both of his relays finished 7<sup>th</sup>, scoring 8 points combined for the team!

#### Lexie

Lexie made Finals in 5 events, the most in a single LSC championship for her. Her top finish was 5<sup>th</sup> in the 200 Back and she also broke Team Records in both the 100 and 200 Breast!



# Lilv

Lily raced in 2 individual and 1 relay race. She went a best time in her 100 Fly and her butterfly leg in the 400 Medley Relay helped the team move up into a 4<sup>th</sup> place finish!

# Sasha

Sasha qualified in 1 race and also raced in the 400 Free Relay. She led off the relay and helped the team to a 14<sup>th</sup> place finish.



#### Graeme

Graeme qualified for his first Championship meet at Last Last Chance and was able to participate in 1 individual and 2 relays. His breaststroke leg in the 200 Medley Relay helped propel the team up 3 spots into a scoring position in 7th place!

#### Julia

Julia was our IronPirate with 5,100 meters raced. She made 5 Finals and finished highest in the 1500 Free with a 2<sup>nd</sup> place finish!



#### Cameron

Cameron participated in his 1<sup>st</sup> Championship meet and a relay only athlete in 3 relays. His top swim was an 8 second drop in the 800 Free Relay where his team finished 6<sup>th</sup>.



#### Elli

Elli swam in her first Championship in 1 event and 1 relay. She swam a great 50 Free in her relay leg and followed that up with a second drop in her 50 Free individually!



#### Lil

Lil finaled in all 7 of her events and never finished lower than 3<sup>rd</sup>. She won 3 events (50 Back, 200 IM, 100 Breast) and finished 3<sup>rd</sup> Place High Point. Lil also broke Team Records in the 100 Back, 400 IM and 800 Free.

#### Chloe

Chlobob swam 100% best times in her 7 individual events and also swam in 4 relays. Her top swim was a 5 second drop in the 100 Breast where she finished as first alternate!



# **Jordana**

Jordana swam best times in 5 of her 6 events. She made Finals in both 100 Breast and 200 Breast. She earned her first Zones cuts in both races. Her top finish was 3<sup>rd</sup> in the 100 Breast.

#### Declan

Declan made his first Finals of his USA career, qualifying 8<sup>th</sup> in both the 50 Back and 50 Free. In both Finals he moved up a spot to finish 7<sup>th</sup>!

# **Jamie**

Jamie swam in 7 events and 3 relays. She earned 5 best times with her best finish being moving up 4 spots to finish 26th in the 200 Breast.



# Christopher

Christopher received an invite as a relay-only swimmer. He swam in the 200 Medley Relay (Breaststroke) and the 200 Free Relay. Both relays finished in a scoring position.

# Joaquin

Joaquin, like Christopher above, also received an invite to participate as a relay-only athlete. Joaquin swam freestyle in both relays, helping each achieve a Top 8 finish.

#### Kolbv

Kolby swam 6 individual events and in both Medley Relays. She earned best times in her 50 Free, 100 Free and 200 Back. She made Finals in the 200 Back, finishing 6<sup>th</sup>!

# Akim

Akim swam on Sunday only but reinforced the team with 3 best times! He made Finals in every race with his top finish being a close 2<sup>nd</sup> place finish in the 50 Free where he earned a new Sectional cut!



#### **Emilia**

Emilia earned best times in 4 of her 5 events. Her biggest drop was 5.58 seconds in her 200 Free and her top race was her leg of the 200 Free relay which finished in a podium-placing 3<sup>rd</sup>.



#### Nikolina

Nikolina swam in her first ever Championship meet. She raced in the 50 Free and in 2 relays. Her top race was a best-time lead off in the 50 Back of the 200 Medley Relay.



# Sophia

Sophia raced in 2 individual events and earned best times in both. Her top swim was in the 50 Free where she dropped a half a second to move up 2 spots.

#### Clara

Clara swam in 7 individual events and 4 A Relays. She made Finals in both the 50 Back and 200 Back. In the 200 Back she dropped over 5 seconds on the day to finish 7<sup>th</sup>!



#### **Iack**

Jack was brought in as a late relay-only add and stepped up huge for the team. He slotted into both A Relays and helped the squad with 4<sup>th</sup> and 5<sup>th</sup> place finishes!

#### Iordan

Jordan won 4 events (200 Breast, 400 IM, 100 Free and 200 IM) on his way to winning 1st Place High Point. He also set a new Team Record and Winter Juniors cut in the 200 Breast. He also swam best times in the 200 Back and 200 Fly.

#### Inev

Joey earned his first Sectional cuts in the 100 Fly and 50 Free! He

won the 200 Back and broke 5 Team Records (100 Fly, 50 Free, 200 Free, 100 Back and 200 Back). He finished 2<sup>nd</sup> Place High Point!

#### Kenzie

Kenzie swam 4 best times and finaled in the 100 Breast where she finished 5th. O' Tiny Horse also swam in 5 A Relays, helping the team finish 5th, 4th, 4th, 3rd and 3rd!



#### **TEAM RECAP**

Life Time absolutely brought the support and noise on the last day of Finals.

The team spent 15 minutes warming up in the fountains getting our bodies and minds ready for one final session of racing.

Julia was our IronPirate, racing 5,150 meters.

Lil was our Top Scorer, bringing home 53 points.

In the end, Life Time scored 606 points to bring home 1st Place in the Medium Team Division! 17 athletes made finals including 3 first-time finalists in Declan, Ethan and Kolby! LIFE earned 69% best times with 8 swimmers going perfect 100% best times: Joey, Sana, Blake, Sophia, Chloe, Sabrina, Akim and Lil.



























