



LIFE TIME ARDEN 2024 SNS 14&U CHAMPS RECAP

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Day 1 Prelims Highlights

- Julia was first up today in the 400 IM where she dropped 3 seconds to place 3rd for Finals.
- Jayden took off 2 seconds in his 400 IM to place 9th for Finals.
- Emilia swam a best time in her 100 Free.
- Clara dropped over half a second in her 100 Free to qualify 8th - her first Finals in USA!
- Sam took off over half a second in her 100 Free.



- Lily dropped 2 seconds in her 100 to go under 1:00 for the first time!
- Jordana swam a best time in her 100.
- Lilla qualified 4th in her 100 Free.
- Joey dropped a second in his 100 Free to qualify 3rd.



- Jordana took off over half a second in her 100 Back to move up into the 2nd alternate position.
- Lilla qualified 2nd for Finals in the 100 Back.



- Joey shaved off a tenth in his 100 Back to qualify 3rd.
- Katarina dropped a second in her 50 Back.
- Lil took off 2.5 second in her 200 Breast to qualify 3rd.
- Sam dropped over 4 seconds in her 200 Breast to move up 8 spots into an alternate position.
- Jordana cut 2 seconds to qualify 4th in the 200 Breast.
- Our 13/14 Girls 400 Medley Relay of Jordana, Mackenzie, Lily and Lily H placed 5th overall.
- Lil swam a great 1000 Free to finish 2nd 🏆. Her time was a new AAA time and the 79th fastest time in the nation this year!



- Julia won the 1000 🏆 by dropping over 6 seconds!

- Jayden finished 2nd 🥈 in his 1000 Free completing a tough double with the 400 IM.

Tonight's finals crew is Julia, Jayden, Clara, Lilla, Joey, Lil and Jordana.

Day 1 Finals Recap

Julia opened up finals with a fantastic 400 IM. After dropping 3 second in the morning she dropped a further 8 seconds tonight! She earned a new Far Westerns and Senior Zones cut with a 4:49 to finish 2nd 🥈.

Jayden also had a great 400 IM. He dropped 4 more seconds tonight to make it 6 for the day as he moved up to finish 8th.



Clara added a second in her 100 Free in her first ever final to finish 9th overall.

Lilla blasted a best time in her 100 Free to win 🏆 her Final!

Joey added a tenth from his morning swim to finish 5th in the 100 Free.

Lilla came back to the blocks quickly to also win the 100 Back 🏆

! She went a :59, her first time breaking a minute.

Joey added a second in his 100 Back final to finish 4th overall.

Lil added a little less than a second from her best time in the morning in the 200 Breast. She maintained her position to finish 3rd 🥉.

Jordana finished off the session with a fantastic 200 Breast. She took off a further 1.5 seconds from the 2 she dropped this morning. She finished 4th overall and also earned her first ever Sectionals Bonus cut with a 2:30!

We are back in 12 hours for Day 2 tomorrow! Go Pirates! Go LIFE!



Day 2 Prelims Highlights

A colder Day 2 started with 400 Freestyle relays.

- Our 11/12 Girls team of Chloe, Lil, Clara and Emilia finished 6th overall.

- The 13/14 Girls team of Jordana, Mackenzie, Lily and Jamie finished 5th.

- Joey dropped a massive 32 seconds in his 500 to shoot from the 16th seed all the way up to 2nd for Finals.

- Jayden will join Joey in Finals as he dropped 3.47 seconds to qualify 4th.

- Joey raced shortly after in the 200 Back where he is the 3rd seed for Finals.

- Katarina dropped over a second in her 100 Backstroke.



- Lil dropped a second in her 100 Breast to qualify 2nd.

- Sam swam a best time in her 100 Breast.

- Lilla is qualified 5th for Finals in the 100 Breast.

- Jordana will join her in Finals as the 7th seed after dropping a second in her 100 Breast.

- Jayden made some adjustments to drop 3 seconds in his 100 Breast.

- Julia dropped 6 seconds in her 200 Fly to qualify 3rd.

- Lilla will race as the 5th seed in Finals for the 200 Fly

- Izzy earned a best time in her 50 Free.



- Chloe went awf in her 100 IM, dropping over 2.5 seconds.
- Lil is qualified 4th in the 100 IM.
- Clara swam a best time in her 50 Back.
- Next were the 200 Medley Relays:
- Our 14&U Girls team of Jamie, Jordana, Lily and Mackenzie finished 5th again and crushed their seed time.



- The 12&U Girls team of Clara, Lil, Gwen and Chloe finished 6th.
- Our 10&U Girls team of Katarina, Natalie, Adelaide and Izzy finished 8th.
- Our 10&U Boys team of Declan, Ethan, Eddie and Timothy finished 7th.
- The last event of the morning was the 1650 Free.
- Lil fought all race and dropped 4 seconds to finish 2nd 🏆.
- Julia dropped 30 seconds to also finish 2nd 🏆 as she earned a new Far Western cut!

Tonight's finals crew is Joey, Jayden, Lilla, Julia, Lil and Jordana.



Day 2 Finals Recap

Finals started with both Joey and Jayden in the 500 Free. They raced

next to each other and both had great races. Joey dropped a second to go a 5:09 and finish 4th. Jayden took off 4 seconds and finished 5th with a 5:11.

Joey had a quick turn around as he was up within 20 minutes in the 200 Back. He dropped .4 from his morning swim as he emptied his tank to finish 5th. He has the potential for 8 races tomorrow to close out this busy meet!

Lil was next in the 100 Breast. She dropped more time to go her first 1:14 as she finished 2nd 🏆.

Jordana and Lilla were next to each other in the 100 Breast. They both got off to fast starts and held strong to the finish. Jordana dropped a half second from her best time in the morning to finish 7th. Lilla swam a best time by nearly 2 seconds to go a 1:07 and finish 3rd 🏆.



This time it was Lilla's turn for a quick turn around as she was right next to Julia in the 200 Fly. Julia dropped more time from the morning to make it a total of 6 seconds dropped today as she finished 4th. Lilla swam a best time by over 3 seconds to finish 3rd 🏆.

The last final was Lil in the 100 IM. She finished 3rd in her last 100 IM ever, marking her 5th Podium Finish of the meet so far!

We have 1 more day tomorrow as we lose an hour of sleep tonight. Rest up Pirates for one more fast day!!



Day 3 Prelims Highlights

Day 3 got started with a new addition to the Champs event lineup: the Mixed 200 Free Relay.

- Our 12&U team of Lil, Clara, Ben and Ty moved up 3 spots to finish 4th. Lil led off with her first 26.
- Our 14&U team of Jayden, Joey, Mackenzie and Jordana finished 3rd, led by a 22.4 split by Joey.
- Our 10&U A team of Adelaide, Ethan, Declan and Izzy finished 5th.
- Our 10&U B team of Tim, Eddie, Katarina and Natalie finished 12th.
- Lil swam a best time to place 3rd for Finals in the 500 Free.
- Clara will join her in Finals as she also swam a best time to qualify 8th.

- Sam dropped a huge 10 seconds in her 500.



- Julia is qualified 4th for the 500 tonight.
- Jamie, Lily and Mackenzie all swam best times in the 200 IM.
- Jordana qualified 10th in the 200 IM.
- Lilla dropped 3 seconds and moved up 5 spots into the 2nd spot for the 200 IM.
- Jayden dropped over 3.5 seconds to move up into the 10th spot for Finals.
- Julia (8th) and Lilla (5th) both qualified for Finals in the 100 Fly.
- Joey dropped nearly a second to place 4th in the 100 Fly.
- Izzy dropped a second in the 50 Fly.



- Chloe moved up 9 spots in the 50 Breast as she dropped 1.5 seconds.
- Lil swam on her time to qualify 3rd in the 50 Breast.
- Jamie dropped in her 200 Free.

- Sam raced home to win her heat and drop 4 seconds in the 200 Free.
- Mackenzie took off 2 seconds in her 200 Free.
- Julia is placed 7th in Finals in the 200 Free.
- Joey (5th) and Jayden (8th) both dropped in the 200 Free to earn a spot in Finals.
- Chloe dropped 7 seconds in the 200 Free.
- Emilia took off 4 in the 200 Free.
- Izzy dropped 1.5 seconds in the 100 Free.



- Ethan dropped over a second in the 100 Free to finish as the 2nd alternate.
- Sam dropped .35 in her 50 Free.
- Lily took off .55 in her 50 Free to agonizingly miss the SWAGR cut by .01.
- Mackenzie dropped a tenth in the 50 Free.
- Lilla qualified 3rd in the 50 Free.
- Joey qualified 4th in the 50 Free.



- Next were the 200 Free Relays:

- The 12&U Girls team of Chloe, Lil, Clara and Emilia placed 5th.
- Lily led off the 14&U Girls by dropping a quarter second from her 50 earlier to earn her first ever SWAGR hard cut!!!
- Our 14&U boys team of Jayden, Joey, Ben and Ty launched up 3 spots to finish 6th.



- Our 10&U Girls team of Adelaide, Izzy, Katarina and Natalie finished 7th.
- The last race of the morning was Jayden in the 1650 Free. Jayden swam an amazing race by splitting a best time in the 1000 as he dropped 27 seconds in his mile to finish 1st 🏆!

Tonight's finals crew is Lil, Clara, Julia, Jayden, Jordana, Joey and Lilla!

Day 3 Finals Recap

It was another LAST DAY FAST DAY for the Pirates!

Clara and Lil started off the last Finals session in the 500 Free. Clara took off 8.08 seconds to finish 8th. Lil dropped a second to pick up another Zones cut as she finished 3rd.

Julia went out fast in the 500 with an aggressive race strategy. The move paid off as she leapt from 4th seed to finish 2nd 🥈 while dropping a second.



Jordana came into the 200 IM seeded 10th after adding 1.5 seconds in prelims. Tonight brought the outside smoke from Lane 1 as she swam a best time by 1.5 seconds highlighted by the 2nd fastest breaststroke split in the field. She moved up 5 spots to finish 5th!

Lilla swam the most impressive race of the weekend in the same race. After dropping 3 in the morning, Lilla took command of the 200 IM Final with the top breaststroke split and pulled further away in free as she took off a huge 6.62 seconds in Finals to win the race 🥇 and earn a new Sectionals cut!



Jayden added a half second from his best time from the morning in his 200 IM final. Despite the small add Jayden was able to move up a spot as he finished 9th.

Julia dropped from the morning but added a little from her best time to finish 10th in the 100 Fly.

Lilla took off over a second from her lifetime best to go her first 59 in the 100 Fly to finish 3rd 🥉.

Joey bettered his time again in the 100 Fly to finish 6th.

Lil swam a best time in her 50 Breast to finish 2nd 🥈. This completes an impressive meet for Lil where she placed in a podium position in all 7 of her races.

Julia swam a best time in her 200 Free to move up a spot to finish 6th. Julia raced an incredible 5,450 yards at this meet!



Joey gave everything he had but added 3 seconds in the 200 Free. He was able to maintain his position of 5th.

Like his IM, Jayden added some time in his 200 Free final but was able to move up one spot to finish 7th. Jayden tied Julia with 5,450 yards raced!

Lilla didn't execute her best race in the 50 Free to close out her meet but still swam a great time to finish 2nd 🥈.

Joey closed out the meet with a best time in his 50 Free as he finished 5th, capping 8 races for Joey today alone!!

Summary

LIFE finished 3rd in the Medium Team Division with 386 points scored.

Our top point scorer was Lilla with 66 points!

Sam was the only Pirate with 100% best times!!

As a team we had 65% best times.

The IronPirate of the meet was a tie with both Jayden and Julia, who raced 5,450 yards!!

Julia won the 2nd place High Point for 13/14 Girls!

Lilla won the 1st place High Point for 13/14 Girls! 🏆



2024 SNS 14&U Championship Arden Roster 🏆

Julia Bacchi
Lillian Cunningham
Lily Damrell
Chloe DeAngelis
Izzy Fuentes
Jordana Gayoba
Declan Greer
Lily Hodges
Jamie Jack
Lilla Kapinya
Ethan Kirilyuk
Emilia Laptalo
Katarina Laptalo
Jayden Lee
Clara Muilenburg
Samantha Offerman
Sana Petrie
Joey Salvetti
Mackenzie Terry