

Swimming in college IS possible for **everyone!** There are literally thousands of collegiate swimmers with varying levels of competition and commitment. No matter what level of swimmer you are, there is a potential collegiate program that can be an excellent fit for you. The key is finding a program that meets YOUR academic, athletic, and personal objectives.

Swimming in college requires a serious commitment of time. However most collegiate swimmers perform better academically than their peers because of their personal discipline and time management skills. You have already demonstrated a commitment and dedication beyond the classroom by being a part of Northern Sierra Swimming. One of our goals is that when you graduate you not only continue to be an athlete at the collegiate level, but that you love the sport of swimming, continue to improve, and take a leadership role on your collegiate team. Part of our Northern Sierra philosophy is investment in your long-term process. We want you to enjoy your Northern Sierra Swimming experience so much that you want to continue to enjoy the competition, discipline, and the camaraderie at the college level.

Most of you will be unsure where to begin. The key is to define for yourself an academic, athletic, and personal profile: Who are you and what are you looking for?? Throughout the process, year by year, as a student athlete, we want to help you! It may seem overwhelming at first, but if you break it down into steps, parents and swimmers might actually enjoy the process. Tools that can help define your individual search with key links, lists of things to consider in your search, sample resumes, questions to ask coaches and other resources, are available to you on the website or directly with Coach Daryn. Just ASK! The information and experience we have can assist you in your search and provide answers to many of the questions you may have along the way.

Finding YOUR right college and swim program go hand in hand with the time you have committed as a Northern Sierra swimmer. This is a journey. It will take some time and there will be detours along the way. Know that we will be with you every step of the way.