

Dart Natomas Fall Practice Schedule

Starting Monday, Aug. 18th

AG1 + DD2	
MTuThF 4:30-5:30 pm	
W 6-7:15 pm	
Sa 8:30-9:30 am	
AG2	
MTuThF 4:30-5:45 pm	
W 6-7:30 pm	
Sa 8:00-9:30 am	
AG3	
MTuWThF 6:00-7:45 pm	
Sa 7:30-9:30 am	
Senior Speed	
AM	PM
W+F 5:00-7:00 am	MTuThF 6:00-8:00 pm
Sa 6:30-8:30 am	<i>Note: No Wed. PM</i>
National Development	
AM	PM
MWF 5:00-7:00 am	MTuThF 6:00-8:00 pm
Sa 6:30-9:00 am	<i>Note: No Wed. PM</i>