



Swim Neptune presents
Holiday Swim Festival
November 30-December 3, 2023 Sanction: AZ24-39
Held under sanction of USA Swimming, Inc.



Liability: It is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Swim Neptune LLC, and all agents and meet officials shall be held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

Hosted By: Swim Neptune, LLC
Location: Arizona State University, Mona Plummer Aquatics Center 601 S College Ave, Tempe, AZ 85287
Meet Referee: Jody Betts jlpbetts@gmail.com
Meet Director: Joe Zemaitis/Samantha Kramer holidayswimfestival@gmail.com
Course: Outdoor, 3-25 yard, 8 lane heated pools, 2 for competition and one for continuous warm up/warm down. Daktronics and Colorado Starting system, electronic timing. Arizona Swimming warm-up/warm down procedures will be posted and enforced.

Eligibility: 1. Open to any USA Swimming registered swimmer holding a current USA Swimming registration card as of the entry deadline
2. Open to foreign athletes formally invited by USA Swimming.
3.. This is a time-standard meet. **Swimmers must have equaled or bettered the qualifying time in order to swim that event.** Proof of time may be required on deck. Failure to provide proof will result in a \$25.00 fine per event.
4. Swimmers may enter either an age classified event or senior events, but not both. This excludes relay events.

AZ Rules

Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules.
3. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participating in the conduct of this competition.
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement
5. The competition course has not been certified in accordance with 104.2.2C(4) as to pool length.
6. The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet, 0 inches at the start end and 7 feet, 0 inches at the turn end.
7. Deck changes are prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
11. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition.
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition.
14. Meet Marshals shall wear their identifying attire, as provided by the club.
15. Swimmers with disabilities are welcome. The swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and the requested accommodation. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
17. The following medical supervision will be available to athletes participating in the meet: FirstAid

Rules: 1. Swimmers are limited to 3 individual events per day, inclusive of time trials.
2. The meet will be capped at 1200 swimmers. The latest team to enter and bring the entry over 1200 will be the last team accepted and the entries will close.
3. Swimmers must enter with a valid qualifying time. Entry times which are not achieved in short course yards shall be noted by the appropriate course. No converted times may be used. Seeding order for this meet will be: 1. Short course yards; 2. Long course meters (L); 3. Short course meters (S). NT is not accepted.

4. Time trials will be offered subject to time availability and a three event per day limitation. Only swimmers who are pre-entered in the meet may enter time trials. The order of events for time trials will be posted at the meet

5. The Senior and Arizona Age-Group Scratch Rules as stated in the Arizona Swimming Guide rules and regulations will be enforced for all swimmers. Swimmers must indicate their intention to scratch finals within 30 minutes after results have been announced. Any age group swimmer qualifying for a Championship final race who fails to compete (no show) shall be barred and disqualified from the rest of that evening's events, not allowed in that evening's relays, and disqualified from their next individual event in the preliminaries. Any senior swimmer qualifying for a Championship final race who fails to compete (no show) shall be barred from further competition for the remainder of the meet. A swimmer who checks in for and is seeded into a timed final event who fails to compete (no show) shall be barred from their next event. In addition to the penalties listed above, a failure to compete (no show) will be assessed a \$20 fine on Fri/Sat and a \$50 fine on Sunday assessed to the club.

6. **All age group and senior relays must be submitted with the team individual entries by the entry deadline.** No Deck entries will be allowed. Coaches will be able to pick up relay cards from the clerk of course the day that the event is to be swum. Relays will be swum as timed finals events during the Finals sessions. There is no limit to the number of relays a team may enter but only 2 relays per team will score in each relay event. Relay only swimmers must be pre-entered with the entry submission and are subject to the meet surcharge.

7. **No propane heaters or space heaters allowed on pool deck or on pool premises.**

8. Tents must be spaced 3 feet apart and may not be tied together. Tents may only be placed on the south side of the pool and in the top row of the grandstands. All tents/ canopies set up and left overnight are at the team's/ owner's risk.

9. Host club may enter swimmers in events 100 yards and shorter regardless of entry time.

RULES – 14 & Under Swimmers:

1. **Events 200 yards may be designated as positive check in. If used, check in for 200 yard events will close at 8AM each day.**
2. **The 10&Under 500 free, 11-12 & 13-14 1650 free are deck seeded timed final events.** These events will be swum fastest to slowest, alternating girls and boys. Swimmers, or their coaches, must check in with the clerk of course no later than 30 minutes prior to the scheduled start of competition to be seeded. Swimmers must provide their own timers (2) and personnel to count laps.
3. **The 11-12 & 13-14 400 IM and 11-12 & 13-14 500 Free are deck seeded timed final events.** These events will be swum Fastest to Slowest at the end of finals. The top 16 11-12 and top 16 13-14 swimmers will swim in finals in event order. Swimmers or their coaches must check in with the clerk of course by 9:00 AM on the date of the event to be seeded in the events. Swimmers must provide their own timers (2) during prelims and personnel to count laps during both prelims and finals.
4. **All other age group individual events** are pre-seeded, preliminary-final events with Championship finals with the top 16 returning for finals. A heat followed by B heat.
5. **13-14 Girls will swim in the Senior Pool for all sessions**
6. Swimmers may not enter more than Ten (10) individual events for the meet, and no more than three (3) individual events per day, inclusive of time trials.
7. **Bonus events** Swimmers may enter up to a max of two bonus events for each qualified event plus one additional bonus event for up to 7 events total, not to exceed the total events per day limit. Swimmers with 6 or more qualified events may not enter bonus events. Events 200 and longer MAY NOT be used as a bonus event except the 13-14 200 Free and 13-14 200 IM for those who meet the bonus standard. **Please indicate your bonus event entries within the entry file. Bonus swims should be entered using the swimmer's best-achieved time that is not an event qualifying time. NT is not acceptable.**

RULES – Senior Swimmers:

1. **Events 200 yards may be designated as positive check in. If used, check in for 200 yard events will close at 8AM each day**
2. **The Senior 1650 Free is a deck seeded timed final event.** This event will be swum fastest to slowest alternating men and women. Swimmers must check in with the clerk of course no later than 30 minutes prior to the scheduled start of competition. Swimmers must provide their own timers (2) and personnel to count laps.
2. **The Senior 400 IM and 500 Free are deck seeded timed final events.** These events are scheduled to be swum Fastest to Slowest at the end of prelims. The top 16 swimmers will swim in finals in event order. Pending timeline, all heats of 400 IM and/or 500 Free **may** be swum in finals. Full schedule will be posted once timelines are finalized. Swimmers, or their coaches, must check in with the clerk of course by 9:00 AM on the date of the event to be seeded in the events. Swimmers must provide their own timers (2) during prelims and personnel to count laps during both prelims and finals.
3. **All other Senior individual events** are pre-seeded, preliminary-final events with events 100 and shorter plus 200 Free and 200 IM as A-B-C finals in that order and all other events A-B in that order.
4. **Bonus events.** Swimmers may enter up to a max of two bonus events for each qualified event plus one additional bonus event for up to 7 events total, not to exceed the total events per day limit. Swimmers with 6 or more qualified events may not enter bonus events. Events 400 and longer and the 200 Backstroke MAY NOT be used for bonus events. To use 200 yard events as bonus events a swimmer must have met the bonus standard. **Please indicate your bonus event entries within the entry file. Bonus swims should be entered using the swimmer's best-achieved time that is not an event qualifying time. NT is not acceptable.**

SCORING:

Age Group Events: Individual points: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1. Relay points: double the individual points. Only two (2) relays per team per event will be scored.

Senior Events: Individual Points: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1. Relay points: double the individual points. Only two (2) relays per team per event will be scored.

ENTRIES: Individual entries MUST be submitted electronically. A PDF entry report must be submitted with the electronic entry file and should include proof of time.

All entries must be RECEIVED by Thursday, November 16, 2023, regardless of postmark date.
NEW qualifying swims (no update of times) will be submitted via google form by November 21, 12:00 PM

Entry fees must be received by no later than Noon Friday December 1st.
 Teams must pay with one team check. Late entries will NOT be accepted.

Deliver entries to: holidayswimfestival@gmail.com

Fees: Individual Entries (AZ Teams): \$8.50 Relays: \$15.00 Time Trials \$15.00

Individual Entries (non-AZ Teams): \$17.00 Relays: \$25.00 Time Trials \$15.00

Surcharge: \$8.00 (including relay only swimmers)

Make checks payable to: **Swim Neptune**. Entry fees are not refundable.

Swim Neptune 12621 N Tatum Blvd #208 Phoenix, AZ 85032

AWARDS:

Age Group Events: Medals for 1st-8th places, Ribbons for 1st-3rd places in relay events. High point awards for the top 3 point scorers in each age group, girls and boys (10 &U, 11-12, 13-14).

Senior Events: Medals for 1st - 3rd places in individual events. High point awards for the top 3 point scorers, women and men.

Team Awards: Team awards for the top 3 teams (Age Group and Senior scores combined)

PROOF OF TIME: It will be the swimmer's responsibility to provide proof of adequate prior performance. 13-14s and Seniors entering the 50 Back, 50 Breast, and 50 Fly may prove their entry time in those events by having either a valid 50 **OR** 100 times in that stroke. Failure to provide such verification will result in a \$25 fine per event.

TIMING: Timing assignments will be made based on the number of participants from each team in each session.

OFFICIALS: Out-of-State officials are welcome to work Arizona meets. Please contact the Meet Referee prior to the meet. It is being requested that this be a National Certification/ Recertification (N2 and N3 Stroke and Turn, N2 Starter and N2 Deck Referee) meet, Officials interested in National Certification/ Recertification should submit an application to the Meet Referee at or before session I.

PARKING/HOST HOTEL/ADDITIONAL INFORMATION: www.holidayswimfestival.com

2023 Schedule of Events

* Swum in Finals Only

** Swum in Prelims Only

Session 1 Thursday, November 30, 2023				
Timed Finals - Warm-Up 4:30 pm, Start 5:15 PM				
W	Time	Event	Time	M
1	19:15.19	Senior 1650 Free	17:30.99	2
101	19:29.59	13-14 1650 Free		

Session 2 Thursday, November 30, 2023				
Timed Finals - Warm-Up 4:30 pm, Start 5:15 PM				
W	Time	Event	Time	M
201	6:52.19	10 & U 500 Free	6:59.29	202
203	21:59.69	11-12 1650 Free	22:05.49	204
		13-14 1650 Free	18:55.49	206

Session 3 Friday, December 1, 2023				
Prelims - Warm-Up 7:45 am, Start 8:45 am				
W	Time	Event	Time	M
3	NTS	Senior 200 Free Relay	NTS	4
*103	NTS	13-14 200 Free Relay	NTS	
5	2:01.99 2:04.09B	Senior 200 Free	1:51.89 1:53.99B	6
105	2:02.09 2:04.09B	13-14 200 Free		
7	1:16.19	Senior 100 Breast	1:09.19	8
107	1:16.79	13-14 100 Breast		
9	2:20.99 2:23.99B	Senior 200 Back	2:10.29 2:13.29B	10
109	2:21.99	13-14 200 Back		
11	27.69	Senior 50 Free	24.79	12
111	27.89	13-14 50 Free		
13	4:48.99	Senior 400 IM	4:26.99	14
*113	5:05.59	13-14 400 IM		
15	NTS	Senior 400 Medley Relay	NTS	16
*115	NTS	13-14 400 Medley Relay		

Session 4 Friday, December 1, 2023				
Prelims - Warm-Up 7:45 am, Start 8:45 am				
W	Time	Event	Time	M
	NTS	13-14 200 Free Relay	NTS	208*
209	NTS	11-12 200 Free Relay	NTS	210
211	NTS	10 & U 200 Free Relay	NTS	212
		13-14 200 Free	1:59.19 2:01.19B	214
215	2:14.19	11-12 200 Free	2:17.39	216
217	2:38.39	10 & U 200 Free	2:45.09	218
		13-14 100 Breast	1:15.19	220
221	1:17.99	11-12 100 Breast	1:21.69	222
223	1:32.80	10 & U 100 Breast	1:44.89	224
		13-14 200 Back	2:20.99	226
227	2:37.69	11-12 200 Back	2:45.59	228
		13-14 50 Free	25.99	230
231	31.69	11-12 50 Free	31.99	232
233	35.69	10 & U 50 Free	35.99	234
		13-14 400 IM	5:02.99	236*
237	5:40.69	11-12 400 IM	5:55.09	238
	NTS	13-14 400 Medley Relay	NTS	240*
241	NTS	12 & U 400 Medley Relay	NTS	242

Friday Finals	4:30 Warm Up	5:15 Start
Saturday Finals	4:30 Warm Up	5:15 Start
Sunday Finals	3:00 Warm Up	3:45 Start

Session 7 Saturday, December 2, 2023				
Prelims - Warm-Up 7:45 am, Start 8:45 am				
W	Time	Event	Time	M
17	NTS	200 Medley Relay	NTS	18
*117	NTS	13-14 200 Medley Relay		
19	1:06.19	Senior 100 Back	1:01.19	20
119	1:06.59	13-14 100 Back		
21	2:39.19 2:41.49B	Senior 200 Breast	2:22.99 2:25.49B	22
121	2:40.99	13-14 200 Breast		
23	1:05.29	Senior 100 Fly	59.49	24
123	1:05.59	13-14 100 Fly		
25	35.99	Senior 50 Breast	32.99	26
125	37.19	13-14 50 Breast		
27	5:15.99	Senior 500 Free	4:52.09	28
*127	5:29.99	13-14 500 Free		
29	NTS	Senior 400 Free Relay	NTS	30
*129	NTS	13-14 400 Free Relay		

Friday Finals	4:30 Warm Up	5:15 Start
Saturday Finals	4:30 Warm Up	5:15 Start
Sunday Finals	3:00 Warm Up	3:45 Start

Session 8 Saturday, December 2, 2023				
Prelims - Warm-Up 7:45 am, Start 8:45 am				
W	Time	Event	Time	M
		13-14 200 Medley Relay	NTS	244*
245	NTS	11-12 200 Medley Relay	NTS	246
247	NTS	10 & U 200 Medley Relay	NTS	248
		13-14 100 Back	1:04.99	250
251	1:16.09	11-12 100 Back	1:17.99	252
253	1:29.89	10 & U 100 Back	1:32.39	254
		13-14 200 Breast	2:39.69	256
257	2:57.99	11-12 200 Breast	3:01.39	258
		13-14 100 Fly	1:04.99	260
261	1:16.99	11-12 100 Fly	1:21.69	262
263	1:32.19	10 & U 100 Fly	1:44.39	264
		13-14 50 Breast	37.99	266
267	40.59	11-12 50 Breast	43.79	268
269	47.79	10 & U 50 Breast	49.19	270
271	1:15.29	11-12 100 IM	1:18.39	272
273	1:24.99	10 & U 100 IM	1:29.19	274
		13-14 500 Free	5:18.99	276*
277	5:59.99	11-12 500 Free	6:05.99	278
	NTS	13-14 400 Free Relay	NTS	280*
281	NTS	12 & U 400 Free Relay	NTS	282

Session 11 Sunday, December 3, 2023				
Prelims - Warm-Up 7:15 am, Start 8:45 am				
W	Time	Event	Time	M
31	30.99	Senior 50 Fly	27.99	32
131	31.09	13-14 50 Fly		
33	2:19.59 2:22.59B	Senior 200 IM	2:08.69 2:11.69B	34
133	2:20.39 2:22.39B	13-14 200 IM		
35	59.69	Senior 100 Free	54.19	36
135	59.89	13-14 100 Free		
37	2:20.99 2:23.99B	Senior 200 Fly	2:07.59 2:11.29B	38
137	2:27.99	13-14 200 Fly		
39	31.99	Senior 50 Back	28.99	40
139	32.99	13-14 50 Back		

Friday Finals	4:30 Warm Up	5:15 Start
Saturday Finals	4:30 Warm Up	5:15 Start
Sunday Finals	3:00 Warm Up	3:45 Start

Session 12 Sunday, December 3, 2023				
Prelims - Warm-Up 7:15 am, Start 8:45 am				
W	Time	Event	Time	M
		13-14 50 Fly	31.19	284
285	35.39	11-12 50 Fly	37.39	286
287	42.39	10 & U 50 Fly	44.59	288
		13-14 200 IM	2:17.39 2:19.39B	290
291	2:35.29	11-12 200 IM	2:39.59	292
293	2:58.69	10 & U 200 IM	3:07.59	294
		13-14 100 Free	56.89	296
297	1:05.69	11-12 100 Free	1:06.99	298
299	1:16.39	10 & U 100 Free	1:17.49	300
		13-14 200 Fly	2:27.29	302
303	2:49.39	11-12 200 Fly	2:58.99	304
		13-14 50 Back	32.99	306
307	36.29	11-12 50 Back	37.99	308
309	41.89	10 & U 50 Back	43.89	310

LCM & SCM Time Standards

Long Course Meters/LCM Bonus Short Course Meters/SCM Bonus								
Senior	13-14	11-12	10&U GIRLS		10&UBOYS	11-12	13-14	Senior
33.69 30.29	33.19 30.49	36.39 34.59	41.09 38.99	50 Free	40.89 38.69	36.29 33.99	31.09 28.39	29.09 27.09
1:09.89 1:05.29	1:09.89 1:05.49	1:17.19 1:11.79	1:27.49 1:23.49	100 Free	1:30.89 1:26.89	1:18.69 1:13.69	1:08.29 1:02.19	1:06.19 59.29
2:20.89/2:23.89 2:13.39/2:15.69	2:20.89/2:22.89 2:13.49/2:15.69	2:33.39 2:26.69	3:00.69 2:53.19	200 Free	3:08.99 2:59.99	2:39.69 2:31.09	2:17.99/2:19.99 2:10.29/2:12.49	2:10.79/2:12.79 2:02.29/2:04.59
4:54.99 4:36.49	4:58.99 4:48.79	5:22.99 5:14.99	6:10.69 6:00.59	400 Free	6:19.99 6:06.89	5:28.99 5:20.19	4:49.99 4:39.19	4:30.99 4:15.59
19:57.99 19:22.19	20:45.89 19:36.59	22:29.79 22:07.59	XXXXXXXX	1500 Free	XXXXXXXX	22:45.89 22:13.39	20:35.29 19:02.29	18:42.79 17:37.29
37.09 34.99	38.09 36.09	42.69 39.59	50.19 45.79	50 Back	51.09 46.79	43.19 40.09	39.39 36.09	35.09 31.69
1:18.89 1:12.39	1:18.09 1:12.79	1:28.09 1:23.19	1:42.09 1:38.29	100 Back	1:46.99 1:43.19	1:31.39 1:26.49	1:20.59 1:11.09	1:13.99 1:06.89
2:42.29/2:44.29 2:34.19/2:36.19	2:43.29 2:35.29	3:01.99 2:52.39	XXXXXXXX	200 Back	XXXXXXXX	3:09.09 3:00.39	2:43.89 2:34.19	2:29.89/2:31.89 2:22.49/2:24.49
42.09 39.39	43.99 40.69	46.59 44.39	53.59 52.19	50 Breast	57.89 56.39	47.89 45.59	44.39 41.49	38.29 36.09
1:28.89 1:23.29	1:28.69 1:23.99	1:33.09 1:25.29	1:54.09 1:41.49	100 Breast	1:59.99 1:49.49	1:35.79 1:29.79	1:28.09 1:22.19	1:19.99 1:15.59
3:03.69/3:05.69 2:54.09/2:56.59	3:05.79 2:56.09	3:22.09 3:14.59	XXXXXXXX	200 Breast	XXXXXXXX	3:33.49 3:25.99	3:09.49 2:54.59	2:45.99/2:47.99 2:36.39/2:39.09
35.19 33.89	35.19 33.99	39.79 38.69	47.39 46.29	50 Fly	47.89 46.69	42.69 41.59	35.89 34.09	32.19 30.59
1:17.99 1:11.39	1:16.99 1:11.69	1:27.79 1:24.19	1:45.00 1:40.79	100 Fly	1:54.79 1:49.99	1:29.99 1:26.29	1:16.89 1:11.09	1:08.99 1:05.09
2:41.29/2:43.29 2:34.19/2:36.49	2:45.69 2:41.79	3:10.89 3:02.99	XXXXXXXX	200 Fly	XXXXXXXX	3:16.89 3:08.99	2:46.99 2:41.09	2:25.99/2:27.99 2:19.49/2:21.59
XXXXXXXXXX	XXXXXXXXXX	XXXXXXXXXX 1:22.79	XXXXXXXXXX 1:30.99	100 IM	XXXXXXXXXX 1:35.19	XXXXXXXXXX 1:26.19	XXXXXXXXXX	XXXXXXXXXX
2:37.49/2:39.49 2:32.59/2:35.89	2:41.89/2:43.89 2:33.49/2:35.69	2:56.59 2:49.79	3:21.59 3:14.29	200 IM	3:33.99 3:23.99	3:02.89 2:54.49	2:37.89/2:39.89 2:30.29/2:32.39	2:29.89/2:30.89 2:20.69/2:23.49
5:39.99 5:16.09	5:49.89 5:34.19	6:25.89 6:12.59	XXXXXXXXXX	400 IM	XXXXXXXXXX	6:45.99 6:28.29	5:45.39 5:31.29	5:21.99 4:51.99