



Men's 100 BK

Top 8 Race Data // 2023-24 NCAA Season

	<u>25</u>	<u>50</u>	<u>75</u>	<u>100</u>	<u>Total/AVG</u>
Splits	10.30	10.96	11.36	11.40	43.96
Kicks	9	9	10	10	38
Cycles*	4.0	3.5	4.0	4.5	16.0
Tempo	1.13	1.21	1.21	1.21	1.19

* Note on Cycles:
The first hand-hit is counted as 1 cycle (because it consists of 2 arm strokes underwater). Typically, most would count that as 1 stroke, so this translates into 1 stroke more if you count it differently.
Ex. 3.5 cycles = 6 strokes,
4.0 cycles = 7 strokes

43.57	Stokowski	NC State
43.75	Kos	ASU
43.86	Burns	Indiana
43.99	Chaney	Florida
44.00	Lasco	California
44.12	Marshall	Florida
44.20	Modglin	Texas
44.21	Van Renen	Georgia

Dolphin Kicks				
<u>25</u>	<u>50</u>	<u>75</u>	<u>100</u>	<u>Total</u>
9	9	10	10	38
10	13	13	11	47
9	9	10	10	39
9	9	9	8	35
8	8	8	9	33
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8	9	9	9	35
9	9	10	10	38

Cycles*				
<u>25</u>	<u>50</u>	<u>75</u>	<u>100</u>	<u>Total</u>
3.5	3.5	3.5	4.5	15.0
4.5	4.0	4.0	5.0	17.5
3.5	4.0	4.0	4.5	16.0
3.5	3.5	3.5	5.0	15.5
3.5	3.5	4.0	4.0	15.0
4.0	4.0	4.5	4.5	17.0
4.0	3.5	4.0	4.5	16.0
3.5	3.5	3.5	4.5	15.0

Tempo				
<u>25</u>	<u>50</u>	<u>75</u>	<u>100</u>	<u>Average</u>
1.13	1.26	1.25	1.20	1.21
1.05	1.10	1.10	1.13	1.10
1.15	1.17	1.17	1.21	1.18
1.13	1.26	1.23	1.24	1.22
1.16	1.21	1.17	1.16	1.17
1.12	1.17	1.21	1.26	1.19
1.14	1.16	1.23	1.19	1.18
1.18	1.31	1.28	1.26	1.26



Men's 200 BK

Top 9 Race Data // 2023-24 NCAA Season

	<u>25</u>	<u>50</u>	<u>75</u>	<u>100</u>	<u>125</u>	<u>150</u>	<u>175</u>	<u>200</u>	<u>Total/AVG</u>
Splits	22.79		24.54		24.74		25.13		1:37.19
Kicks	8	8	7	7	7	7	7	7	57
Cycles*	3.5	4.0	4.0	4.5	4.5	4.5	5.0	5.5	36.0
Tempo	1.31	1.41	1.45	1.43	1.39	1.40	1.36	1.35	1.38

			Dolphin Kicks									Cycles*									Tempo								
			<u>25</u>	<u>50</u>	<u>75</u>	<u>100</u>	<u>125</u>	<u>150</u>	<u>175</u>	<u>200</u>	Total	<u>25</u>	<u>50</u>	<u>75</u>	<u>100</u>	<u>125</u>	<u>150</u>	<u>175</u>	<u>200</u>	Total	<u>25</u>	<u>50</u>	<u>75</u>	<u>100</u>	<u>125</u>	<u>150</u>	<u>175</u>	<u>200</u>	Average
1:35.37	Lasco	California	7	7	7	7	7	7	8	7	57	3.5	3.5	3.5	3.5	3.5	4.0	4.0	5.0	30.5	1.32	1.53	1.59	1.49	1.39	1.37	1.30	1.32	1.41
1:35.69	Kos	ASU	10	10	9	9	10	9	10	9	76	4.0	3.5	4.0	4.0	4.0	4.5	4.5	5.5	34.0	1.27	1.48	1.51	1.48	1.43	1.36	1.23	1.21	1.36
1:36.63	McDonald	ASU	--	--	--	--	--	--	--	--	--	4.0	4.5	4.5	4.5	4.5	4.5	5.0	5.0	36.5	1.25	1.27	1.34	1.39	1.37	1.34	1.29	1.29	1.32
1:36.68	Marshall	Florida	7	7	8	7	6	7	6	5	53	4.0	4.0	3.5	4.0	5.0	4.5	5.0	6.0	36.0	1.27	1.37	1.41	1.45	1.40	1.40	1.44	1.47	1.40
1:37.58	Dunham	Georgia	9	7	6	6	6	5	5	6	50	4.0	4.5	5.0	5.5	5.5	5.5	6.0	6.0	42.0	1.23	1.34	1.37	1.39	1.38	1.40	1.45	1.41	1.38
1:37.90	Stokowski	NC State	7	6	6	6	5	5	6	6	47	3.5	4.5	4.5	4.5	5.0	5.0	5.0	5.5	37.5	1.29	1.44	1.44	1.47	1.43	1.50	1.44	1.42	1.43
1:38.18	Burns	Indiana	9	8	8	9	9	9	9	9	70	3.5	4.0	4.0	4.0	3.5	4.0	4.0	4.5	31.5	1.33	1.42	1.38	1.35	1.34	1.37	1.39	1.42	1.38
1:38.36	Stoffle	Auburn	8	7	7	7	7	7	6	5	54	3.0	4.0	4.0	4.5	4.0	4.5	5.5	6.5	36.0	1.37	1.42	1.51	1.42	1.43	1.41	1.33	1.26	1.38
1:38.36	Janton	Notre Dame	8	8	7	6	5	4	4	5	47	3.5	4.0	4.5	5.0	5.5	6.0	6.5	6.5	41.5	1.43	1.39	1.47	1.42	1.38	1.42	1.38	1.34	1.40

* Note on Cycles:
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Typically, most would count that as 1 stroke, so this translates into 1 stroke more if you count it differently.
Ex. 3.5 cycles = 6 strokes, 4.0 cycles = 7 strokes