



Men's 100 FL

Top 8 Race Data // 2023-24 NCAA Season

| | <u>25</u> | <u>50</u> | <u>75</u> | <u>100</u> | <u>Total/Avg</u> |
|---------------|-----------|-----------|-----------|------------|------------------|
| Splits | 9.26 | 11.16 | 11.48 | 12.07 | 44.00 |
| Kicks | 8 | 10 | 9 | 9 | 35 |
| Cycles | 4 | 5 | 5 | 6 | 20 |
| Tempo | 1.03 | 1.05 | 1.05 | 1.02 | 1.04 |

| | | |
|-------|---------|----------|
| 43.07 | Liendo | Florida |
| 43.85 | Frankel | Indiana |
| 43.90 | Miller | NC State |
| 43.95 | Ramadan | VT |
| 44.16 | Minakov | Stanford |
| 44.26 | Kharun | ASU |
| 44.38 | Buff | Florida |
| 44.39 | Hayes | NC State |

| Dolphin Kicks | | | | | |
|---------------|-----------|-----------|------------|-------|--|
| <u>25</u> | <u>50</u> | <u>75</u> | <u>100</u> | Total | |
| 6 | 9 | 9 | 8 | 32 | |
| 8 | 10 | 8 | 7 | 33 | |
| 6 | 9 | 8 | 8 | 31 | |
| 9 | 10 | 10 | 11 | 40 | |
| -- | -- | -- | -- | -- | |
| 8 | 10 | 8 | 7 | 33 | |
| 9 | 12 | 13 | 13 | 47 | |
| 7 | 8 | 8 | 7 | 30 | |

| Cycles | | | | | |
|-----------|-----------|-----------|------------|-------|--|
| <u>25</u> | <u>50</u> | <u>75</u> | <u>100</u> | Total | |
| 4 | 4 | 5 | 5 | 18 | |
| 5 | 5 | 5 | 6 | 21 | |
| 4 | 4 | 5 | 6 | 19 | |
| 4 | 5 | 5 | 5 | 19 | |
| 5 | 5 | 6 | 6 | 22 | |
| 4 | 5 | 6 | 7 | 22 | |
| 4 | 4 | 4 | 5 | 17 | |
| 4 | 5 | 5 | 6 | 20 | |

| Tempo | | | | | |
|-----------|-----------|-----------|------------|---------|--|
| <u>25</u> | <u>50</u> | <u>75</u> | <u>100</u> | Average | |
| 1.07 | 1.10 | 1.04 | 1.03 | 1.06 | |
| 0.90 | 0.94 | 1.01 | 1.03 | 0.97 | |
| 1.13 | 1.15 | 1.13 | 1.01 | 1.09 | |
| 1.07 | 1.09 | 1.06 | 1.03 | 1.06 | |
| 0.98 | 1.02 | 1.05 | 1.04 | 1.02 | |
| 0.96 | 0.98 | 1.02 | 1.00 | 1.00 | |
| 1.03 | 1.07 | 1.02 | 0.98 | 1.02 | |
| 1.06 | 1.08 | 1.07 | 1.06 | 1.07 | |



Men's 200 FL

Top 8 Race Data // 2023-24 NCAA Season

| | <u>25</u> | <u>50</u> | <u>75</u> | <u>100</u> | <u>125</u> | <u>150</u> | <u>175</u> | <u>200</u> | <u>Total/Avg</u> |
|---------------|-----------|-----------|-----------|------------|------------|------------|------------|------------|------------------|
| Splits | 22.09 | | 25.27 | | 25.62 | | 26.09 | | 1:39.07 |
| Kicks | 7 | 7 | 7 | 6 | 6 | 6 | 6 | 6 | 52 |
| Cycles | 4 | 5 | 5 | 6 | 6 | 6 | 6 | 7 | 44 |
| Tempo | 1.13 | 1.17 | 1.19 | 1.20 | 1.19 | 1.19 | 1.15 | 1.13 | 1.17 |

| | | |
|---------|----------|----------|
| 1:37.93 | Kharun | ASU |
| 1:38.61 | Minakov | Stanford |
| 1:38.61 | Rose | Cal |
| 1:39.16 | Hayes | NC State |
| 1:39.35 | Frankel | Indiana |
| 1:39.60 | Groumi | Michigan |
| 1:39.62 | Marchand | ASU |
| 1:39.65 | Bowers | NC State |

| Dolphin Kicks | | | | | | | | | |
|---------------|----|----|-----|-----|-----|-----|-----|-------|--|
| 25 | 50 | 75 | 100 | 125 | 150 | 175 | 200 | Total | |
| 7 | 7 | 6 | 5 | 5 | 6 | 7 | 6 | 49 | |
| 6 | 6 | 6 | 6 | 6 | 4 | 6 | 5 | 45 | |
| 6 | 6 | 5 | 5 | 5 | 5 | 5 | 5 | 42 | |
| 7 | 7 | 7 | 7 | 6 | 6 | 6 | 6 | 52 | |
| 6 | 7 | 7 | 6 | 6 | 6 | 5 | 5 | 48 | |
| -- | -- | -- | -- | -- | -- | -- | -- | -- | |
| 8 | 11 | 9 | 9 | 9 | 10 | 9 | 9 | 74 | |
| -- | -- | -- | -- | -- | -- | -- | -- | -- | |

| Cycles | | | | | | | | | |
|--------|----|----|-----|-----|-----|-----|-----|-------|--|
| 25 | 50 | 75 | 100 | 125 | 150 | 175 | 200 | Total | |
| 4 | 5 | 6 | 7 | 7 | 7 | 6 | 7 | 49 | |
| 4 | 5 | 5 | 5 | 5 | 7 | 5 | 7 | 43 | |
| 4 | 5 | 6 | 6 | 6 | 6 | 7 | 7 | 47 | |
| 4 | 5 | 5 | 5 | 6 | 6 | 6 | 7 | 44 | |
| 4 | 5 | 4 | 5 | 5 | 6 | 6 | 6 | 41 | |
| 4 | 5 | 5 | 5 | 5 | 5 | 6 | 6 | 41 | |
| 4 | 5 | 5 | 5 | 5 | 5 | 6 | 6 | 41 | |
| 4 | 5 | 6 | 6 | 6 | 6 | 6 | 6 | 45 | |

| Tempo | | | | | | | | | |
|-------|------|------|------|------|------|------|------|---------|--|
| 25 | 50 | 75 | 100 | 125 | 150 | 175 | 200 | Average | |
| 1.07 | 1.10 | 1.09 | 1.13 | 1.13 | 1.13 | 1.10 | 1.08 | 1.11 | |
| 1.15 | 1.20 | 1.21 | 1.23 | 1.21 | 1.21 | 1.17 | 1.16 | 1.19 | |
| 1.15 | 1.23 | 1.19 | 1.20 | 1.21 | 1.24 | 1.17 | 1.10 | 1.18 | |
| 1.18 | 1.21 | 1.25 | 1.21 | 1.16 | 1.17 | 1.15 | 1.14 | 1.18 | |
| 1.07 | 1.10 | 1.20 | 1.18 | 1.15 | 1.18 | 1.14 | 1.14 | 1.14 | |
| 1.14 | 1.20 | 1.21 | 1.20 | 1.22 | 1.18 | 1.14 | 1.05 | 1.16 | |
| 1.10 | 1.12 | 1.15 | 1.18 | 1.18 | 1.16 | 1.19 | 1.18 | 1.16 | |
| 1.16 | 1.22 | 1.24 | 1.25 | 1.23 | 1.22 | 1.17 | 1.16 | 1.21 | |