



# Women's 100 BR

## Top 8 Race Data // 2023-24 NCAA Season

|               | <u>25</u> | <u>50</u> | <u>75</u> | <u>100</u> | <u>Total/AVG</u> |
|---------------|-----------|-----------|-----------|------------|------------------|
| <b>Splits</b> | 12.13     | 14.56     | 14.92     | 15.38      | 57.11            |
| <b>Cycles</b> | 5         | 8         | 8         | 8          | 29               |
| <b>Tempo</b>  | 1.18      | 1.20      | 1.20      | 1.17       | 1.19             |

|       |           |            | <b>Cycles</b> |           |           |            |              | <b>Tempo</b> |           |           |            |                |
|-------|-----------|------------|---------------|-----------|-----------|------------|--------------|--------------|-----------|-----------|------------|----------------|
|       |           |            | <u>25</u>     | <u>50</u> | <u>75</u> | <u>100</u> | <u>Total</u> | <u>25</u>    | <u>50</u> | <u>75</u> | <u>100</u> | <u>Average</u> |
| 56.09 | Nocentini | Virginia   | 5             | 7         | 7         | 9          | 28           | 1.22         | 1.25      | 1.28      | 1.11       | 1.21           |
| 56.64 | McSharry  | Tennessee  | 6             | 8         | 9         | 10         | 33           | 0.99         | 1.05      | 1.05      | 1.05       | 1.04           |
| 56.67 | Dobler    | USC        | 5             | 8         | 8         | 9          | 30           | 1.11         | 1.08      | 1.08      | 1.07       | 1.08           |
| 57.01 | Elendt    | Texas      | 7             | 8         | 8         | 8          | 31           | 1.26         | 1.25      | 1.24      | 1.19       | 1.23           |
| 57.13 | Jacoby    | Texas      | 5             | 8         | 8         | 8          | 29           | 1.18         | 1.18      | 1.19      | 1.14       | 1.17           |
| 57.40 | Bach      | Ohio State | 5             | 7         | 8         | 9          | 29           | 1.12         | 1.20      | 1.17      | 1.13       | 1.16           |
| 57.89 | Walsh     | Virginia   | 4             | 6         | 6         | 6          | 22           | 1.52         | 1.51      | 1.48      | 1.49       | 1.50           |
| 58.06 | Panitz    | Ohio State | 6             | 8         | 8         | 8          | 30           | 1.07         | 1.12      | 1.13      | 1.20       | 1.13           |

Women's 200 BR

Top 8 Race Data // 2023-24 NCAA Season

|        | <u>25</u> | <u>50</u> | <u>75</u> | <u>100</u> | <u>125</u> | <u>150</u> | <u>175</u> | <u>200</u> | <u>Total/AVG</u> |
|--------|-----------|-----------|-----------|------------|------------|------------|------------|------------|------------------|
| Splits | 28.45     |           | 31.45     |            | 32.11      |            | 32.79      |            | 2:04.80          |
| Cycles | 4         | 6         | 6         | 6          | 6          | 7          | 7          | 8          | 49               |
| Tempo  | 1.61      | 1.69      | 1.67      | 1.71       | 1.65       | 1.63       | 1.54       | 1.48       | 1.61             |

|         |          |           | Cycles    |           |           |            |            |            |            |            | Tempo |           |           |           |            |            |            |            |            |         |
|---------|----------|-----------|-----------|-----------|-----------|------------|------------|------------|------------|------------|-------|-----------|-----------|-----------|------------|------------|------------|------------|------------|---------|
|         |          |           | <u>25</u> | <u>50</u> | <u>75</u> | <u>100</u> | <u>125</u> | <u>150</u> | <u>175</u> | <u>200</u> | Total | <u>25</u> | <u>50</u> | <u>75</u> | <u>100</u> | <u>125</u> | <u>150</u> | <u>175</u> | <u>200</u> | Average |
| 2:02.07 | Walsh    | Virginia  | 4         | 5         | 5         | 5          | 6          | 6          | 6          | 7          | 44    | 1.73      | 1.76      | 1.75      | 1.79       | 1.70       | 1.69       | 1.67       | 1.52       | 1.69    |
| 2:03.84 | McSharry | Tennessee | 4         | 5         | 6         | 6          | 6          | 7          | 7          | 8          | 49    | 1.54      | 1.80      | 1.72      | 1.71       | 1.61       | 1.52       | 1.47       | 1.35       | 1.57    |
| 2:04.29 | Nelson   | Virginia  | 4         | 6         | 6         | 6          | 6          | 7          | 7          | 7          | 49    | 1.76      | 1.65      | 1.63      | 1.70       | 1.71       | 1.63       | 1.55       | 1.59       | 1.64    |
| 2:04.94 | Gridley  | Duke      | 4         | 6         | 6         | 6          | 6          | 6          | 7          | 8          | 49    | 1.52      | 1.63      | 1.68      | 1.73       | 1.71       | 1.72       | 1.58       | 1.50       | 1.63    |
| 2:05.16 | Elendt   | Texas     | 4         | 6         | 6         | 6          | 6          | 6          | 7          | 7          | 48    | 1.81      | 1.79      | 1.75      | 1.76       | 1.67       | 1.74       | 1.62       | 1.53       | 1.70    |
| 2:05.58 | Jacoby   | Texas     | 5         | 7         | 7         | 7          | 7          | 7          | 8          | 9          | 57    | 1.26      | 1.41      | 1.39      | 1.47       | 1.39       | 1.43       | 1.39       | 1.31       | 1.38    |
| 2:05.77 | Dobler   | USC       | 3         | 5         | 6         | 6          | 6          | 6          | 7          | 7          | 46    | 1.86      | 1.84      | 1.72      | 1.74       | 1.66       | 1.66       | 1.49       | 1.53       | 1.67    |
| 2:06.74 | Keating  | Virginia  | 5         | 6         | 6         | 6          | 6          | 7          | 7          | 8          | 51    | 1.42      | 1.66      | 1.73      | 1.76       | 1.78       | 1.61       | 1.51       | 1.50       | 1.62    |