



**Pinnacle Fitness
Spring Session 2026
Tue/Thu 6:00-6:50 pm
Starting Feb 3**

National

Already Included in monthly dues

Juliana Bondoc
Raffy Cueva
Rafeal Estimo
Brandon Ha
Greyson Royer

Senior

\$75 per month

Amelia Arana
Jadeane Ha
Carter Hoffman
Sammy Osman
Ayzik Preston
Axel Preston
Eydrian Sanchez
Samantha Sanchez
Charlie Posadas

1 day week Feb/2 days March

Junior

\$75 per month

Kareesha Singh
Quinn Hoffman

Pinnacle Fitness will be available for swimmers in the following groups:

Workouts

Tuesdays/Thursdays 6:00-6:50 pm

Swimmers should arrive on time and be picked up promptly following workouts.

Swimmers who participate in Pinnacle are expected to attend ALL offered Pinnacle workouts.
Any swimmers who miss more than one will be required to meet with Coach Ricky.

Swim Practices

Swimmers who are attending Pinnacle practices should not do so in lieu of swim practices. Swimmers are expected to attend at least 4 swim practices a week to attend Pinnacle (requirement is different for Junior as some play 2 sports.)

Swimmers should attend their high school practices on Tuesdays, followed by Pinnacle. Junior swimmers should swim 4:30-5:30-followed by Pinnacle.)

Swimmers should attend morning practices on Thursdays, followed by Pinnacle. If swimmers cannot attend mornings, they should swim from 4:30-5:30 pm at the College (Thursdays.)

Cost

The cost of the program will be \$300 for four months. This is already included in National Development dues. Senior/Junior swimmers who participate will be invoiced \$75 per month for 4 months for those who wish to participate. This will include Feb-May. A new session will begin in June.

Waiver

Any swimmers attending Pinnacle workouts MUST have a waiver on file. The waiver can be found at. Please bring a signed copy to your first Pinnacle workout (including trial)

[Pinnacle Waiver 2025-26 Season](#)